



## Postpartum Exam Log - Traditional Birth Attendant

ID #

Exam #	Client # or code:	Date of Exam:	Comments about Exam:
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ID #

Exam #	Client # or code:	Date of Exam:	Comments about Exam:
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ID #

Exam #	Client # or code:	Date of Exam:	Comments about Exam:
39.			
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41.			
42.			
43.			
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45.			

The last 2 lines are reserved for corrections. Write the exam # and correction you would like to change in any of the 1 - 45 postpartum exams.

### Key:

**ID #** - The # IRM assigns you when you create an account. **Client # or code:** A # or code you assign to each client to ensure their privacy. Please contact us if you need assistance creating them. **Comments about exam:** Was this at 24 hours, 48 hours, 72 hours, 1 weeks, 2 weeks, 3 weeks, 4 weeks, or 6 weeks? How is breastfeeding going? Mothers bleeding?

### Requirements:

- 45 postpartum exams completed as the primary caregiver. These exams will range from 24 hours, 48 hours, 72 hours, 1 week, 2 weeks, 3 weeks, 4 weeks, and 6 weeks.
- These exams must be logged in chronological order.

**Postpartum exam must include:** Monitoring of bleeding/blood clots,( color, amount and odor). Palpate fundus for firmness and position. Urination and bowel movements, maternal intake and output, (proper nutrition and hydration). Vitals. Inquire about soreness, swelling or pain in the perineal area and examine sutures or tears. Inquire about after pains. Baby's length, weight, respiration, and heart rate. Inquire about wet



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*IRM Form 34*

diapers and bowel movements. Remove cord clamp if applicable. Observe at least one nursing session and offer support if needed. Answer questions/concerns and properly chart findings.

**Please direct all questions and submit completed form to [test@internationalmidwife.org](mailto:test@internationalmidwife.org).**