

In order to show love and support to the victims' families and first responders from the recent tragedy in our province, the Maritime Modern Quilt Guild in Halifax, Nova Scotia is collecting quilts to be distributed. As makers we turn to making not only to provide comfort to others, but also to process our own emotions, to work through grief, to help ourselves to heal. We invite you to join us in this journey.

We are suggesting Nova Scotia blue and white themed quilts - throw to twin sizes. There are no required patterns for making your quilts, however we do have some suggestions:

- Please respect your local physical distancing and other public health policies while collaborating
 on your quilts. A list of suggestions is attached in a separate pdf and is posted on our webpage
 and Facebook page.
- Blue and white themes are preferred, symbolic of our Nova Scotia flag.
- We thankfully request completed quilts only. We encourage you to find a group of quilters you
 can work with at a distance to complete a finished quilt. Suggestions to accomplish this are also
 included in the attached physical distancing practices.
- Due to COVID 19, postal services across some national borders are closed to non-essential
 mail. If you are located outside of Canada, we may not be able to receive your parcel for the
 foreseeable future. If you would like to contribute in other ways, please consider a donation. The
 official fund we recommend you donate to is the Stronger Together Nova Scotia Fund set up by
 the Canadian Red Cross and Nova Scotia Government.
- All quilts should be received by the Maritime Modern Quilt Guild by the end of June 2020.
- Please share your work on social media platforms using #QuiltsforNS and tag the Maritime Modern Quilt Guild (IG: @_maritimemqg).

If you plan to make a quilt please let us know by dropping a message to <u>MaritimeMQG@gmail.com</u> in order for us to have an idea of how many quilts to expect. We can then coordinate together to arrange to receive your quilt.

Please label your quilts with the following information:

Quilts for Nova Scotia
Your City/Province

Your Name/Guild (optional) 2020



Here are some links to recommended quilt patterns and some local quilt shops. We want to contribute to small businesses during these tough times as well.

- 1. Andrea Tsang Jackson of 3rd Story Workshop in Halifax, NS has a blog post with some design ideas.
- 2. The <u>Fabric Addict</u>, Lethbridge, AB Karen is originally from the South Shore of NS and has designed a quilt pattern called a Nova Scotia Hug that she will provide electronically free of charge. <u>Click here for the pattern</u>.
- 3. Quilts by the Bay will be selling kits to make the Nova Scotia Hug pattern. Debra Howard, proprietor, tells me that she does most of her business through her Facebook page, so have a look. As well, Debra has agreed to be a drop off spot for quilts. Her shop is located at Quilts by the Bay, 8779 Hwy. 101, Brighton, Digby NS, BOV 1A0.
- 4. Local icon of quilting and sewing, <u>Patch Halifax</u> are accepting online, telephone, and email orders for curbside pickup.
- 5. More drop off locations will be announced soon. We will also let you all know when we have enough quilts so that we do not waste anyone's time or money.



