

Final list of native plants used by Tribal members

List of culturally significant plants for Lake County Pomo. The list is derived from Moerman (1998), Chesnut (1902), Goodrich et al. (1980) and interviews with Tribal members. Key to the Exposure, Frequency and Amount Codes at the bottom of the table.

Species	Common Name	Use	Frequency	Amount
Acer macrophyllum	bigleaf maple	2	1	1
Adiantum pedatum	northern maidenhair	2	1	1
Aesculus californica	California buckeye	1	4	3
Agaricus campestris	common field mushroom	1	2	1
Allium unifolium	oneleaf onion	1	1	3
Alnus rhombifolia	white alder	2	1	3
Amelanchier alnifolia	serviceberry	4	1	3
Apium graveolens	wild celery (angelica)	1	1	1
Apocynum cannabinum	dogbane	2	1	1
Aralia californica	California spikenard	4	1	3
Arbutus menziesii	Pacific madrone	1	2	4
Arctostaphylos columbiana	manzanita	1	1	3
Arctostaphylos glandulosa	manzanita	4	4	4
Arctostaphylos manzanita	Konocti manzanita	5	1	1
Arctostaphylos tomentosa	manzanita	1	1	1
Artemisia ludoviciana	white sagebrush	2	1	1
Artemisia vulgaris	common wormwood	4	1	3
Asarum caudatum	wildginger	2	1	3
Asclepis sp.	milkweed	5	1	1
Avena fatua	wild oat	1	2	1
Avena sativa	common oat	4	4	4
Boisduvalia densiflora	denseflower willowherb	1	1	1
Brodiaea coronaria	brodiaea	4	4	4
Calochortus pulchellus	Mount Diablo fairy-lantern	4	4	4
Calochortus vestae	coast range mariposa lily	4	4	4
Calycanthus occidentalis	western sweetshrub	4	1	3
Carex barbarae	Santa Barbara sedge	5	1	1
Carex mendocinensis	Mendocino sedge	4	1	1
Carpobrotus aequilateralis	sea fig	1	2	4
Castanopsis chrysophylla	giant chinquapin	1	4	4
Ceanothus oliganthus	hairy ceanothus	5	1	1
Cercis canadensis	eastern redbud	5	1	1

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Species	Common Name	Use	Frequency	Amount
<i>Cercis occidentalis</i>	California redbud	5	1	1
<i>Chlorogalum pomeridianum</i>	wavyleaf soap plant	2,5	1	1
<i>Clintonia andrewsiana</i>	Andrew's clintonia	4	4	3
<i>Convolvulus arvensis</i>	field bindweed	4	1	3
<i>Corylus californica</i>	California hazelnut	5	1	1
<i>Corylus cornuta</i>	California hazelnut	5	1	1
<i>Croton setigerus</i>	dove weed	1	1	3
<i>Dichelostemma pulchellum</i>	bluedicks	4	4	4
<i>Dichelostemma volubile</i>	twining snakelily	4	4	4
<i>Eriodictyon californicum</i>	California yerba santa	4	1	3
<i>Fragaria vesca</i>	woodland strawberry	1	2	1
<i>Frangula californica</i>	California buckthorn	1	1	3
<i>Gaultheria shallon</i>	Pursh salal	1	2	4
<i>Gnaphalium</i> sp.	American everlasting	2	1	3
<i>Gnaphalium stramineum</i>	cottonbatting plant	2	1	3
<i>Hemizonia clevelandii</i>	Babcock & Hall hayfield tarweed	1	1	1
<i>Hemizonia luzulifolia</i>	hayfield tarweed	1	1	1
<i>Heracleum maximum</i>	common cowparsnip	4	1	3
<i>Heteromeles arbutifolia</i>	toyon	1	2	4
<i>Holodiscus discolor</i>	oceanspray	5	1	1
<i>Iris macrosiphon</i>	bowltube iris	5	1	4
<i>Iris tenuissima</i>	longtube iris	4	1	4
<i>Juncus balticus</i>	Baltic rush	5	1	1
<i>Juniperus occidentalis</i>	western juniper	5	1	1
<i>Ligusticum apiifolium</i>	Gray celeryleaf licorice- root	1	1	3
<i>Lithocarpus densiflorus</i>	tanoak	1	1	1
<i>Lolium temulentum</i>	Darnel ryegrass	1	1	1
<i>Lonicera hispidula</i>	pink honeysuckle	3	1	3
<i>Lupinus arboreus</i>	yellow bush lupine	5	1	1
<i>Madia capitata</i>	coast tarweed	1	1	1
<i>Madia elegans</i>	common madia (showy tarweed)	1	1	1
<i>Madia gracilis</i>	grassy tarweed	1	1	1
<i>Madia sativa</i>	coast tarweed	1	1	1
<i>Marah fabaceus</i>	California manroot	5	1	1
<i>Melica bulbosa</i>	oniongrass	1	1	1

List of culturally significant plants for Lake County Pomo (continued).

Species	Common Name	Use	Frequency	Amount
<i>Oxalis oregana</i>	redwood-sorrel	4	1	3
<i>Perideridia gairdneri</i>	Gardner's yampah	1	2	1
<i>Perideridia kelloggii</i>	(Gray) Mathias/Kellogg's yampah	1	2	1
<i>Phoradendron villosum</i>	mistletoe	4	1	3
<i>Pinus lambertiana</i>	sugar pine	5	1	1
<i>Pinus muricata</i>	Bishop pine	5,3	1	1
<i>Pinus sabiniana</i>	California foothill pine	5	1	1
Polyporaceae Polyporus	bracket fungi (elephant ears?)	1	2	2
<i>Polystichum munitum</i>	narrowleaf swordfern	5	4	4
<i>Pseudotsuga menziesii</i>	Douglas-fir	3	1	1
<i>Pteridium aquilinum</i>	western brackenfern	5	1	1
<i>Quercus agrifolia</i>	California live oak	4	4	4
<i>Quercus chrysolepis</i>	canyon live oak	1	2	1
<i>Quercus garryana</i>	Oregon white oak	1	2	1
<i>Quercus kelloggi</i>	California black oak	1,3	1	1
<i>Quercus lobata</i>	California white oak	1	1	1
<i>Ranunculus occidentalis</i>	western buttercup	1	1	1
<i>Rhododendron macrophyllum</i>	Pacific rhododendron	2	2	4
<i>Rhododendron occidentale</i>	western azalea	2	2	4
<i>Rhus trilobata</i>	sumac	5	1	1
<i>Rorippa nasturtium- aquaticum</i>	watercress	1	2	2
<i>Rubus leucodermis</i>	whitebark raspberry	1	1	1
<i>Rubus parviflorus</i>	thimbleberry	1,5	1	1
<i>Rubus spectabilis</i>	salmonberry	1	2	2
<i>Sagittaria latifolia</i>	broadleaf arrowhead	4	4	4
<i>Salix exigua</i>	narrowleaf willow	5	1	1
<i>Salix sessilifolia</i>	northwest sandbar willow	5	1	1
<i>Salix sitchensis</i>	Sitka willow	2	1	1
<i>Salvia columbariae</i>	chia	1	1	1
<i>Sambucus racemosa</i>	elderberry	2	2	3
<i>Sanicula tuberosa</i>	turkey pea	4	4	4
<i>Satureja douglasii</i>	Kuntze yerba buena	1	1	3
<i>Scirpus acutus</i>	hardstem bulrush (tule)	1,2	1	1

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Species	Common Name	Use	Frequency	Amount
Scirpus maritimus	cosmopolitan bulrush	2	1	1
Scirpus robustus	sturdy bulrush	1,2	1	1
Scrophularia californica	figwort	2	1	1
Sequoia sempervirens	Redwood	1	4	4
Taxus brevifolia	Pacific yew	5	1	1
Thermopsis macrophylla	goldenbanner	4	4	3
Torreya californica	California nutmeg	1,5	1	3
Toxicodendron diversilobum	Pacific poison oak	2	1	1
Trifolium sp.	clover	1	2	3
Triteleia grandiflora	largeflower triteleia	1	2	1
Triteleia hyacinthina	white brodiaea	4	4	4
Triteleia laxa	Ithuriel's spear	4	4	4
Triteleia penduncularis	long-ray brodiaea	4	4	4
Typha latifolia	broadleaf cattail	1,2	1	1
Umbellularia californica	California laurel (bay)	1	1	3
Urtica dioica	stinging nettle	1	1	3
Vaccinium ovatum	California huckleberry	1	1	2
Vitis californica	California wild grape	1,5	2	2
Woodwardia radicans	rooting chainfern	5	1	1
Wyethia angustifolia	California compassplant	1	1	1
Wyethia longicaulis	California compassplant	1	1	1

Key

Exposure	Frequency	Amount
1-consumed	1-year round	1-staple and/or year round exposure
2-dermal	2-seasonal	2-delicacy
3-inhalation (smoke)		3-trace (seasoning, drug, poison)
4-unknown	4-unknown	4-unknown
5- food contact and dermal		

Exposure codes examples:

Consumed includes principle plants used for food or medicine. Dermal can include medicine as well as clothing or tools. Inhalation includes a number of items that are burned for food or ceremony. Food contact and dermal typically are basket supplies.