

Awarding Yourself

Sometimes, it can be hard for us to recognize how amazing we are. Take a moment to reflect on what you're proud of, and just remind yourself how awesome you are!

I am amazing when it comes to...

I will always be proud of myself for...

When I look in the mirror, I think my favorite feature is...



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When it comes to my goals, I'm always ready to...

I am creative when it comes to...

One of my favorite parts about me is that...

