

# GOAL SETTING



DATE: \_\_\_\_\_

## VISION

## MISSION

## STRATEGY

## ACTION PLANS

# WHY DO WE SET GOALS?

TO CHALLENGE...

- OURSELVES...
- OUR PERCEIVED LIMITATIONS...
- OUR MINDS...
- SOCIETY...
- OUR SELF DOUBTS...

WHAT DO YOU FIND THRILLING ABOUT A GOAL?

EVEN IF I DON'T MEET MY GOAL...

MY GOALS MATTER BECAUSE...