

## Who are we?

Our case management providers empower patients and families to become active participants in their health care journey. We support individuals in finding solutions to psychosocial, financial, and educational challenges, while also serving as dedicated advocates. By communicating with community agencies, schools, and other key entities on the patient's behalf, we ensure every need is met with care and coordination. Case management services can benefit all patients, providing personalized guidance and support every step of the way.

## Comprehensive Case Management Services

**Case management works in partnership with caregivers, individuals, schools, and families to provide essential support and coordination across a range of needs:**

- Connect individuals with referrals to specialists, subspecialists, and preventive care services
- Assist with access to health education, financial support, and services for individuals with special health care needs
- Coordinate interventions for substance use, mental health concerns, and domestic violence—particularly for pregnant women
- Provide referrals and coordination for prenatal medical care
- Support early intervention efforts when developmental or behavioral concerns are identified

### Who Benefits Most from Case Management?

While beneficial to all, case management is especially critical for:

- Children and adolescents with special health care needs
- Youth with chronic conditions or those at risk for such conditions
- Women experiencing high-risk pregnancies
- Families facing financial hardship or limited access to resources



## Our Services

- Mental Health Rehabilitation
- Targeted Case Management
- Psychosocial Rehabilitation & Skills Training
- Long-Term Support Services
- Adult Foster Care

### Specialized Support For:

- Children
  - Pregnant Women
- ### Our Team Includes:
- Licensed Professional Counselors (LPCs)
  - Licensed Master Social Workers (LMSWs)
  - Clinical Social Workers
  - Qualified Mental Health Professionals (QMHPs)
  - School Advocates



## Contact Us



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<http://www.mentalhealthresource.org>



# ANOTHER CHANCE BEHAVIORAL CONSULTANTS LLC

"Together WE Can Make a  
Difference—because Together WE  
are the Difference"





## Children and Pregnant Women (CPW) Program

The Children and Pregnant Women program is a Texas Medicaid benefit designed for eligible individuals with medical-related needs that may impact their health care.

To qualify, patients must be Medicaid-eligible and fall into one of the following categories:

- A child from birth through age 20 with a health condition or at-risk health status
- A woman of any age with a high-risk pregnancy
- Many participants have complex needs, which may include:
  - Referrals to specialists
  - Access to medical equipment and supplies
  - Educational, psychosocial, financial, and transportation support

Case managers—licensed social workers or registered nurses—work closely with patients and families to help identify, coordinate, and access the services they need.



We help find the program just right for you:

- STAR/CHIP 1-800-783-5386
- STAR+PLUS 1-877-277-9772
- STAR Kids 1-844-590-4883
- STAR Health (Foster Care) 1-866-912-6283
- Texas Health Steps 1-800-757-5691
- CSHCN 1-800-568-2413
- Children and Pregnant Women 1-877-THSTEPS LTSS
- (Contact MCO for more information)

## Eligibility for Targeted Case Management (TCM)

To qualify for Targeted Case Management services, individuals must receive Medicaid or be Medicaid-eligible. If you are enrolled in Medicaid or CHIP, you may also qualify for additional support through your health plan or care providers.



### Individuals Who May Automatically Qualify:

- Children enrolled in Early Childhood Intervention (ECI)
- Individuals with Intellectual and Developmental Disabilities (IDD)
- Adults with mental illness enrolled in STAR+PLUS
- Participants in the Children and Pregnant Women Program
- Enrollees in Community Living Assistance and Support Services (CLASS)
- Individuals in the Deaf Blind with Multiple Disabilities (DBMD) program
- Youth participating in the Youth Empowerment Services (YES Waiver)
- Children and youth with both mental and physical disabilities enrolled in STAR Kids

📞 Texas Medicaid Managed Care Programs  
Helping individuals and families access the care they need through trusted Managed Care Organizations (MCOs)

#### ♥ STAR Health

Who it serves:  
Children and youth in foster care

What it provides:  
Medical and dental services through Superior HealthPlan (the sole MCO for STAR Health)

#### ★ STAR Kids

Who it serves:  
Children and young adults (20 years or younger) with disabilities

What it provides:  
Integrated acute care Long-term services and supports (LTSS)

#### ★ STAR Program

Who it serves:  
Children  
Newborns  
Pregnant women  
Some families

What it provides:  
Acute care services through MCOs

#### + STAR+PLUS

Who it serves:  
Adults age 65+  
Adults age 21+ with disabilities  
Individuals who are dually eligible for Medicare and Medicaid

What it provides:  
Integrated acute care Long-term services and supports (LTSS)

#### Questions?

Contact your local health agency or visit [hhs.texas.gov](https://hhs.texas.gov) for more information.

