

October 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Dryland 5-6	4	5	6 Dryland 5-6	7	8
9	10	11	12	13 Dryland 5-6	14	15 RART Hike Wascana Trails CWG Regina Fitness testing
16 CWG Saskatoon Fitness testing	17 Dryland 5-6	18	19	20 Dryland 5-6	21	22 RART Hike Echo Lake
23	24 Indoor Dryland 5-6 Level 10	25	26	27 Indoor Dryland 5-6 Level 10	28 CPS Ski Swap Campbell Collegiate	29 CPS Ski Swap Campbell Collegiate
30	31 Indoor Dryland 5-6 Level 10					

November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3 Indoor Dryland Level 10 5-6	4	5
6 NG parent meeting/tuning session	7 Indoor Dryland Level 10 5-6	8	9	10 Indoor Dryland Level 10 5-6	11	12
13 RART athlete meeting/equipment check- especially athletes attending MTN camp	14 Indoor Dryland Level 10 5-6	15	16	17 Indoor Dryland Level 10 5-6	18	19
20	21	22 Travel Day Mountain Camp	23 All Sask MTN Camp	24 All Sask MTN Camp	25 All Sask MTN Camp	26 All Sask MTN Camp <i>LL Men WC DH</i>
27 Travel Day Mountain Camp <i>LL Men WC DH</i> U14&U16 CWG camp Nakiska	28 U14&U16 CWG camp Nakiska	29 U14&U16 CWG camp Nakiska	30 U14&U16 CWG camp Nakiska			

December 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 <i>U14&U16 CWG camp Nakiska</i>	2 <i>U14&U16 CWG camp Nakiska</i>	3 <i>LL WMN WC DH</i>
4 <i>LL WMN WC DH</i> RART Mission Ridge Train (MR TR) NG Mission Ridge Train (MR TR)	5	6	7	8	9	10 RART MR TR
11 RART MR TR NG MR TR **Afternoon parent session with race coaches**	12	13	14	15	16	17 RART MR TR <i>Tentative EL Course as per Sask Alpine</i>
18 RART MR TR NG MR TR <i>Tentative EL Course as per Sask Alpine</i>	19	20	21	22	23	24
25	26 <i>Optional Bridger Bowl</i>	27 <i>Optional Bridger Bowl</i>	28 <i>Optional Bridger Bowl</i>	29 <i>Optional Bridger Bowl</i> <i>Tentative RART MR Camp</i>	30 <i>Optional Bridger Bowl</i> <i>Tentative RART MR Camp</i>	31 <i>Optional Bridger Bowl</i> <i>Tentative RART MR Camp</i>

January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <i>Optional Bridger Bowl</i>	2 <i>Optional Bridger Bowl</i>	3	4	5 RART MR TR 615-9 <i>U16 Norquay</i>	6 RART MR TR 615-9 <i>U16 Norquay</i>	7 <i>U16 Norquay</i>
8 RART MR TR NG MR TR <i>U16 Norquay</i>	9 <i>U16 Norquay</i>	10	11	12 RART MR TR 615-9 <i>U14 Nakiska</i>	13 RART MR TR 615-9 NG Table Mountain Train <i>U14 Nakiska</i>	14 RART MR TR NG Table Mountain RACE <i>U14 Nakiska</i>
15 RART MR TR NG Table Mountain Train RACE <i>U14 Nakiska</i>	16	17	18	19	20 RART Timber Ridge Train	21 RART Timber Ridge RACE
22 RART Timber Ridge RACE NG MR TR	23	24	25	26 RART MR TR 615-9	27 RART MR TR 615-9 Tentative SASKI Sisters Camp	28 Tentative SASKI Sisters camp
29 RART MR TR NG MR TR Tentative SASKI Sisters camp	30	31				

February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 RART MR TR 615-9	3 RART MR TR 615-9 NG Wapiti Train	4 NG Wapiti RACE
5 RART MR TR NG Wapiti RACE U16 LL **Afternoon parent ski session with race coaches**	6 U16 LL	7 U16 LL	8 U16 LL	9 RART MR TR 615-9 U16 LL U14 Castle Mountain	10 RART MR TR 615-9 U16 LL U14 Castle Mountain	11 U14 Castle Mountain
12 RART MR TR NG MR TR U14 Castle Mountain	13	14	15	16	17	18
19 Sask Winter Games (SWG)	20 SWG	21 SWG	22 SWG	23	24 RART Assesippi TR U12 Norquay Caribou Cup	25 RART Assesippi TR U12 Norquay Caribou Cup
26 RART Assesippi TR NG MR TR U12 Norquay Caribou Cup	27 CWG	28 CWG				

March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 CWG	2 RART MR TR 615-9 CWG	3 RART MR TR 615-9 CWG	4 CWG
5 RART MR TR NG MR TR CWG	6	7	8	9 RART MR TR 615-9 <i>U14 Nakiska</i>	10 RART MR TR 615-9 NG MR TRAIN <i>U14 Nakiska</i>	11 RART MR TR NG MR RACE <i>U14 Nakiska</i>
12 RART MR TR NG MR RACE <i>U14 Nakiska</i>	13	14	15	16 RART Table mountain Train FINALS	17 RART TM RACE FINALS	18 RART TM RACE FINALS
19 RART TM RACE FINALS	20	21	22	23	24	25
26 RART and NG PRESIDENT'S CUP CLUB WINDUP	27	28	29	30 <i>U16/u14 Nakiska</i> <i>U16 Finals</i>	31 <i>U16/U14 Nakiska</i> <i>U16 Finals</i>	