

Georgian Bay Family Health Team (GBFHT)

Child, Youth & Young Adult Mental Health Advanced Access System Navigation

The Child, Youth & Young Adult Advanced Access Program will provide you with a timely appointment to assess your mental health needs and to help you access resources at the Family Health Team or within the community. This is **not a counselling appointment**, but it could result in access to our Counselling Program.

Who do we see?	Children and youth 4-18 years, young adults <26 years.
Who should come?	Child/youth and at least one custodial parent. 16-26 year olds can come alone!
When will we see you?	Intake appointments are held Tuesday to Thursday.

Call: 705-444-5885 Ext 100
9am-5pm, Monday to Friday, during the week that you wish to be seen.
Please ask your Doctor or Nurse Practitioner if you need help to make the call.

How long will you wait?	We hope to book you within the week. If the next available appointment is more than 2 weeks out, you will be asked to call back. This limits any missed appointments and the need for us to reschedule.
What do you need to provide?	When you call to book, please provide your email address as pre-assessment and consent forms will be sent to you ahead of time. If you don't have email, you'll be asked to come 20 minutes early to fill out paperwork.
What consent is required?	All patients under the age of 16 require consent from one of their parents. If your child is under the age of 16 and there is a joint custody agreement, consent from both parents is required. Forms will be provided via email and an appointment cannot be booked until they are returned by both parents. If you have legal documentation to show sole custody, you must bring this with you.
What if you have benefits?	If you have Extended Health Care Benefits, we ask that you use those first. We respectfully ask for your support in helping us to protect Family Health Team resources for individuals and families who have no extended benefits at all.
What do we not do?	We do not testify on behalf of someone, complete court ordered counselling, provide custody/parenting assessments, or formally diagnose behaviour or Mental Health issues.

Thank you.