

# THE INAUGURAL EVENT

A TRANSFORMATIVE JOURNEY INTO  
SELF-DISCOVERY & SPIRITUAL ALIGNMENT TO BECOME  
BETTER EVERY DAY

# 2024

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*The One Experience™*

IMPACT SNAPSHOT

**3**

Scholarships

**28**

Attendees

**18**

Sponsors & Partners

**100%**

Would recommend a  
friend to attend

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# The Inaugural Experience

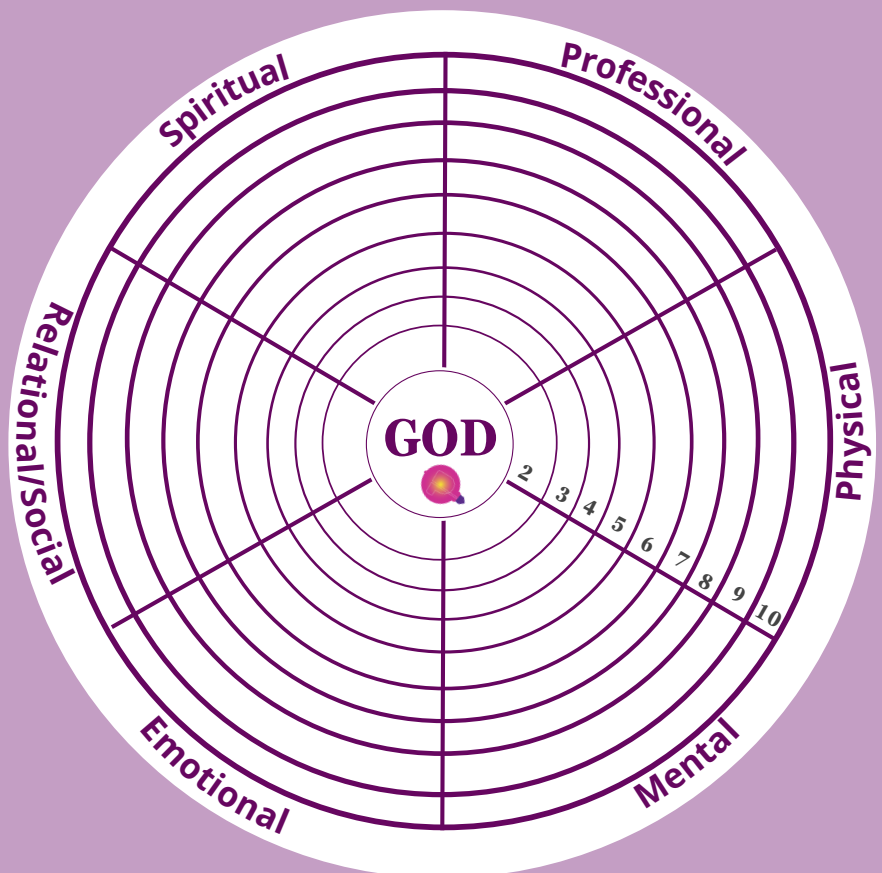
March 21-24, 2024 marked the inaugural gathering of attendees for **The One Experience™**. We asked potential attendees to examine their lives - specifically, ask yourself, “Does your life reveal that your existence is powered by your being **“The One”** across many, if not all, of the Tribal Wheel Pathways. Does being **“The One”** make you feel splintered, out of alignment with your divine purpose, and heavy from the weight of commitments, responsibilities, and expectations. For potential attendees that answered “yes,” we confirmed that **The One Experience™** was exactly where they were supposed to be.

**The One Experience™** is a transformative journey into self-discovery and spiritual alignment. This unique gathering invites guests to explore and understand their true selves, life's purpose, and find their tribe. Dive into discussions on embracing being **The One**, and how this path can lead to both extremes and enlightenment. It's a sanctuary for recalibration, shedding old habits and beliefs, and embracing personal awakening and spiritual growth. We invite attendees to embark with us on this enlightening path to realign with their divinely inspired lives.

We welcomed all to **The One Experience™**! We intentionally created an environment to welcome every person as they are and encouraged them to explore what was needed to let their light shine as bright as possible. We ushered attendees from a flicker with faint illumination, to an ember with some illumination, to a flame with clear and visible illumination.

Doing more, giving more, and being more, at the sacrifice of your sense of self and your divine purpose is costing you more than you realize.

Syrena N. Williams,  
Founder – The One Experience™



# *The One Experience™*

**The Receiving**  
**The Gathering**  
**The Aligning**  
**The Awakening**  
**The Seeking**  
**The Restoring**  
**The Motioning**  
**The Pursuing**  
**The Releasing**  
**The Ascending**

## **The Receiving**

Intentionality is the foundation of how we operate. Our desire was for every person to feel warmly welcomed to **The One Experience™** and completely taken care of. We planned to lavish each individual with everything they needed to concentrate on taking care of self. We personally received each guest and made sure that we met all of their needs while they were in our entrusted care.

## **The Gathering**

We began **The One Experience™** with a toast and opening remarks. It was an opportunity to breathe, celebrate self, and set expectations of the journey while settling in for the learning and exploration. As adults we are often off to the next thing. Stopping to celebrate and reset is one of the ways we ground ourselves and prepare to receive.

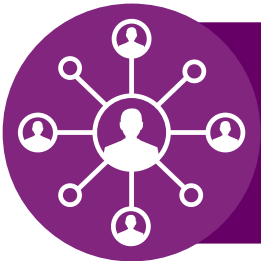
# Pathways

The Tribal Wheel Pathways consider six ways you may experience misalignment. Each pathway allows you to explore where you are currently and where you would like to be. Pathway Guides provided information, reflection, visioning, and resources for attendees to move from flickers to embers then flames as they embraced the journey of being “**The One**”.



## THE ALIGNING

The Spiritual Pathway provided guidance in creating awareness of your personal walk with God, the source of your illumination.



## THE AWAKENING

The Relational Pathway provided guidance in intentionally sharing your journey with others through the exchange of light.



## THE SEEKING

The Emotional Pathway provided guidance in exploring and embracing your unique array of being, feeling, and expressing.



## THE RESTORING

The Mental Pathway provided guidance in better understanding your consciousness and creating intentional awareness of self.



# Pathways



## THE MOTIONING

The Physical Pathway provided guidance on ways to practice your covenant with God to protect His temple of light.



## THE PURSUING

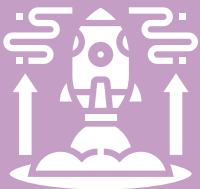
The Professional Pathway provided guidance in discerning your gifts as the relationship between light and currency.

## The Releasing



Guidance to combine ways to align the pathways: Spiritual, Relational, Emotional, Mental, Physical & Professional to be in full alignment of God. Exploration of understanding the process of shedding and letting go as you move forward on the journey.

## The Ascending



A masterclass to navigate all of the pathways by exploring the four dimensions of ascension in conjunction with the six pathways to create your flight plan to elevate and embrace who God has designed you to be.

# By The Numbers

*The One Experience™*

[www.TheOneExperience.com](http://www.TheOneExperience.com)

A TRANSFORMATIVE  
JOURNEY INTO  
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ALIGNMENT

As part of their engagement with The One Experience™, attendees were asked to complete brief surveys following each session as well as a comprehensive feedback form at the conclusion of the event. The results were very exciting!

When asked how they would rate the experience overall, 91% of respondents indicated “Excellent” (5/5) and the remaining 9% selected “Very Good” (4/5). In alignment with this feedback, guests expressed that they found great usefulness in the event both personally (average response 4.67/5) and professionally (average response 4.35/5). In their own words, two attendees explained:

**“This experience has me confident to know that it's my time to JUMP too...I have everything I need inside of me!”**

**“This was perfect and just what I needed at this time of transition in my life. The presenters were AWESOME!”**

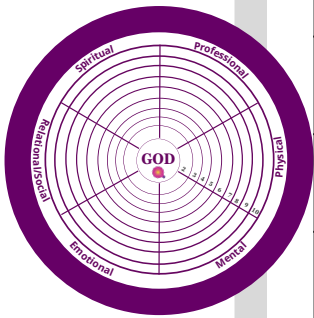
# Data, Data, Data!

The comprehensive survey also asked attendees to rate The One Experience™ elements, including The Venue (Chateau Elan), meals and refreshments, gift bags, a supplementary The One Experience offering (Sensory Mindfulness Circuit), and resort offerings (Yoga and Qi Gong held by Chateau Elan staff). Ratings for these components were overwhelmingly positive, with all of the branded The One Experience™ activities receiving average ratings of 4.7/5 and higher. Chateau Elan staff guided activities averaged 3.75/5.

The core component of the experience was engagement with the six pathways. Guests provided feedback on the pathway sessions both directly after completing them and in the final survey. Attendees were asked to indicate the following about each pathway presentation: their overall satisfaction, the degree to which the session provided them with skills and strategies that would benefit them personally and professionally (separate questions), and how prepared they felt to identify when they are “off track” in each area and realign themselves. They were also provided with a specific learning objective for each session and asked to rate their confidence before and after the session. Survey averages by session are included below (each average is out of a maximum score of 5).



# The Results

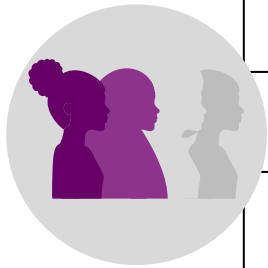


Pathway	Overall Satisfaction	Personal Benefit	Professional Benefit	Identify & Realign
<b>Spiritual</b>	4.8	4.5	4.6	<b>4.8</b>
<b>Relational</b>	4.8	4.6	4.5	<b>4.8</b>
<b>Emotional</b>	4.6	4.7	4.2	<b>4.7</b>
<b>Mental</b>	4.2	4.1	4.2	<b>4.6</b>
<b>Physical</b>	5.0	4.9	4.7	<b>4.9</b>
<b>Professional</b>	4.9	4.9	4.9	<b>4.6</b>

All Pathway Guides received marks above Very Good (4) to Excellent (5) in personal, professional, and realignment for each pathway experience!



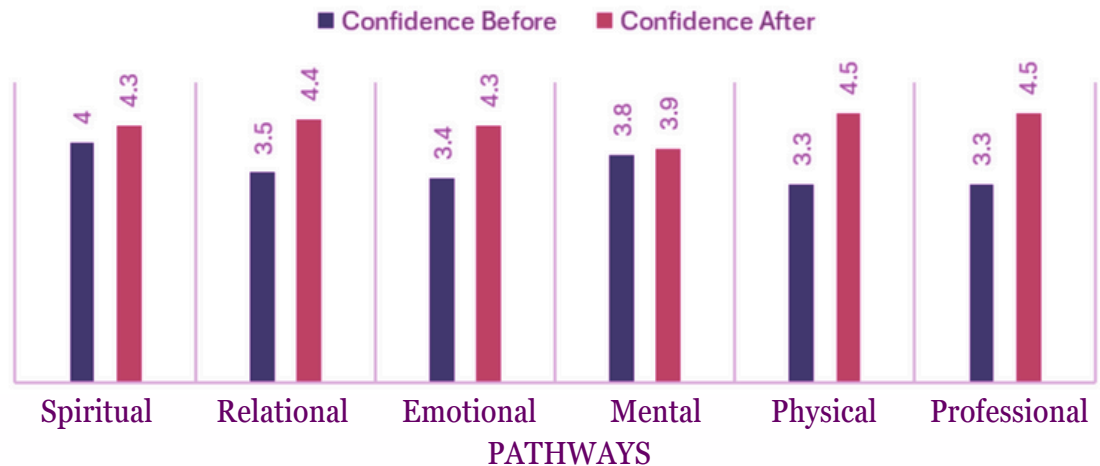
# The Impact!



Pathway	Learning Objective	Confidence Before	Confidence After	Change in Confidence
<b>Spiritual</b>	Ability to create intimacy with God	4.0	4.3	<b>+6%</b>
<b>Relational</b>	Ability to create intentional relationships	3.5	4.4	<b>+18%</b>
<b>Emotional</b>	Ability to navigate and express emotions skillfully	3.4	4.3	<b>+18%</b>
<b>Mental</b>	Ability to be aware of and regulate your mental state	3.8	3.9	<b>+2%</b>
<b>Physical</b>	Ability to view and attend to your body as a temple	3.3	4.5	<b>+24%</b>
<b>Professional</b>	Ability to position yourself to do purposeful work	3.3	4.5	<b>+24%</b>



## CHANGE IN CONFIDENCE OF LEARNING OBJECTIVES



# Capstones

As a capstone to the pathway sessions, The Releasing and The Ascending sessions were designed to recenter attendees in a way where they could put the pathways back together and develop strategies to embrace being “**The One**”. These sessions were designed for each person to identify what and who they need to release, how to release and lighten the baggage for the journey, and ascend to their highest level.

Participants reported overwhelmingly positive experiences with both The Releasing and The Ascending. Similar to the pathway sessions, each attendee was asked to rate their overall satisfaction, the degree to which the session provided them with skills and strategies that would benefit them personally and professionally, and their confidence in a learning objective before and after the session. Session averages (out of 5) are reported below.

Session	Overall Satisfaction	Personal Benefit	Professional Benefit
Releasing	5.0	4.9	4.8
Ascending	4.9	4.9	4.8

Session	Learning Objective	Confidence Before	Confidence After	Change in Confidence
Releasing	Ability to identify what you want/need to let go of	2.8	4.4	+32%
Ascending	Ability to identify how all pathways are connected and practice alignment	2.8	4.5	+34%

# In Conclusion

In the final section of the comprehensive survey, attendees were asked how likely they would be to attend The One Experience again in the future, how likely they would be to recommend the event to others, and also to share any additional feedback with the event team. All survey respondents indicated that they would be likely (91% extremely likely and 9% somewhat likely) to attend the retreat again in the future. Additionally, 100% of attendees responded that they would be extremely likely to recommend the event to others. These results aligned with sentiments expressed by participants, such as:

IT WAS AWESOME

This was so much more than I could have possibly imagined. I had no idea how much I needed this space, these speakers, these attendees, this time and this experience. It was phenomenal. Thank you to everyone who made it happen.

This was the blessing that I didn't know I needed... yet God did! ... Thank you soooooooooo much for The One Experience. I am better equipped and am walking away with tools in my toolbox that will support me as I jump into everything that God has for me. Love you!!!

FUNDS RAISED  
**\$41,700.00**

## The One Experience™ Foundation, Inc.

Founded: January 2024

### Our Mission:

**The One Experience™ Foundation's mission is to educate, enlighten, and empower individuals to be BETTER EVERY DAY.**



Scan to donate

We unite and serve with the foundational values of spirituality, inclusivity, resilience, empowerment, compassion and integrity. Our cooperative efforts include expanding our programs to further our impact and continued sustainability. We partner with our supporters to receive donations in cash and in kind, while offering programmatic offerings, sponsorships for visibility, group pricing, and scholarships for the economically challenged.

We look forward to partnering with you in the future on the level that feels right for you. Join us today in making the world a better place through daily lifestyle changes. You can donate by [clicking here](#) or scanning the QR code.

## Thank you to all of our donors, partners & volunteers!



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HAVE DONE IT  
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SUPPORT**



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