AP PSYCH SERVICES

Dr A Dissanayake
MBBS MD(Psych) FRANZCP
Consultant Psychiatrist

Childhood Behaviour Questionnaire

Completed by a family member who knew the patient during childhood

Patient name

Date of birth

Date completed

Observer name

Relationship to patient

How long have you known the patient?

Years you knew the patient best

Think back to when the patient was aged 5-12 years.
Rate each statement according to your recollection of their childhood.
Choose one response per statement. Leave blank if you cannot recall.

1 Not at all 2 Mild 3 Moderately 4 Quite a bit 5 Very much

AS A CHILD, THE PATIENT...		1	2	3	4	5
1.	Was active, restless and always on the go.	○	○	○	○	○
2.	Was afraid of things.	○	○	○	○	○
3.	Had difficulty concentrating and was easily distracted.	○	○	○	○	○
4.	Was anxious and worried.	○	○	○	○	○
5.	Was nervous and fidgety.	○	○	○	○	○
6.	Was inattentive and often daydreamed.	○	○	○	○	○
7.	Had a short temper and became angry easily.	○	○	○	○	○
8.	Was shy and sensitive.	○	○	○	○	○
9.	Had temper outbursts or tantrums.	○	○	○	○	○
10.	Had difficulty persisting with tasks and finishing things started.	○	○	○	○	○
11.	Was stubborn and strong-willed.	○	○	○	○	○
12.	Was sad, depressed or unhappy.	○	○	○	○	○
13.	Was careless.	○	○	○	○	○
14.	Had difficulty enjoying things and felt dissatisfied with life.	○	○	○	○	○
15.	Was disobedient towards parents, rebellious or talked back.	○	○	○	○	○

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Patient name (continued)

Continue rating the patient as they were aged 5-12 years.

1 Not at all 2 Mild 3 Moderately 4 Quite a bit 5 Very much

AS A CHILD, THE PATIENT...		1	2	3	4	5
16.	Had a low opinion of themselves.	○	○	○	○	○
17.	Was irritable.	○	○	○	○	○
18.	Was outgoing and friendly, and enjoyed the company of others.	○	○	○	○	○
19.	Was untidy and disorganised.	○	○	○	○	○
20.	Was moody and had emotional ups and downs.	○	○	○	○	○
21.	Felt angry.	○	○	○	○	○
22.	Had friends and was popular.	○	○	○	○	○
23.	Was well organised, tidy and neat.	○	○	○	○	○
24.	Acted without thinking and was impulsive.	○	○	○	○	○
25.	Tended to be immature.	○	○	○	○	○
26.	Felt guilty or regretful.	○	○	○	○	○
27.	Lost control of their behaviour or emotions.	○	○	○	○	○
28.	Tended to behave irrationally.	○	○	○	○	○
29.	Was unpopular with other children, had difficulty keeping friends and did not get along with other children.	○	○	○	○	○
30.	Was poorly coordinated and did not participate in sports.	○	○	○	○	○

ADDITIONAL COMMENTS / EXAMPLES

Observer signature (type name)

Date

CLINICIAN: score /150; reviewer; date