

June 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
News of the Day 2 Sit & Be Fit June Happenings Brain Teasers Lunch Cards & Games <i>Rocky Road Day</i>	Today's News 3 Stretch & Flex All about Bicycles Cranium Crunches Lunch Dice Games <i>World Bicycle Day</i>	Morning Chat 4 Balloon Tennis All about Cheese Mind Games Lunch Outdoor Fun <i>National Cheese Day</i>	News of the Day 5 Sit & Stretch Wacky Weather Trivia Time Lunch Yo-Yo Tricks 	Friday Funnies 6 Fun & Fitness Doughnut Girls Brain Fitness Lunch Games & Puzzles <i>Donut Day</i>
News of the Day 9 Sit & Be Fit Donald Duck Word Games Lunch Craft Corner	Today's News 10 Stretch & Flex Garden Gnomes Brain Teasers Lunch Root Beer Floats <i>Black Cow Day</i>	Morning Chat 11 Chair Volleyball Who am I? Cranium Crunches Lunch Fun with Flags <i>Corn on the Cob Day</i>	News of the Day 12 Sit & Stretch All about Roses Mind Games Lunch Cooking Club <i>Peanut Butter Cookie Day</i>	Friday Funnies 13 Fun & Fitness Father's Day Trivia Time Lunch Theme Bingo <i>Wear Blue Day</i>
News of the Day 16 Sit & Be Fit Waterfalls Brain Fitness Lunch Floral Melodies <i>National Fudge Day</i>	Today's News 17 Stretch & Flex Violin History Word Games Lunch Games & Puzzles <i>Eat Your Veggies Day</i>	Morning Chat 18 Balloon Tennis The Great Lakes Brain Teasers Lunch Fun in the Sun <i>Picnic Day</i>	News of the Day 19 Sit & Stretch Juneteenth History Cranium Crunches Lunch Pokeno Juneteenth	Friday Funnies 20 Fun & Fitness Jeopardy Table Games Lunch Summer Fun <i>Ice Cream Soda Day</i>
News of the Day 23 Sit & Be Fit Typewriter History Trivia Time Lunch Craft Corner <i>Pecan Sandies Day</i>	Today's News 24 Stretch & Flex Germany Travelogue Brain Fitness Lunch Card Games	Morning Chat 25 Chair Volleyball What am I? Word Games Lunch Cooking Club	News of the Day 26 Sit & Stretch Surf Music Brain Teasers Lunch Popsicles on the Patio <i>Bomb Pop Day</i>	Friday Funnies 27 Fun & Fitness Let's Learn Cranium Crunches Lunch Bingo <i>Bingo Day</i>
News of the Day 30 Sit & Be Fit Lena Horne Mind Games Lunch Fishing Fun	<div data-bbox="771 1606 1128 1858" data-label="Image"> </div>			

Activities are subject to change.

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