

# December 2025

| MONDAY                                                                                                                                                             | TUESDAY                                                                                                                                                        | WEDNESDAY                                                                                                                                | THURSDAY                                                                                                                                                                         | FRIDAY                                                                                                                                                          |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Music Time 1</b><br>Today's History<br>History of Candy Canes<br>Stretch & Flex<br>Lunch<br>Cooking Club:<br>Peppermint Bark<br><i>Peppermint Day</i>           | <b>News of the Day 2</b><br>Jeopardy<br>Christmas Tree Trivia<br>Stretch & Flex<br>Lunch<br>Christmas Carols<br>Toys of yesterday<br><i>Christmas Tree Day</i> | <b>Morning Chat 3</b><br>Puzzles<br>Balloon Tennis<br>Lunch<br>Make Bow Wreaths<br>Karaoke Time<br><i>Gift Wrap Day</i>                  | <b>Today's History 4</b><br>Coloring/Puzzles<br>Make & Bake Cookies<br>Stretch & Flex<br>Lunch<br>Bean Back Toss<br>Decorate Cookies<br><i>Cookie Day</i>                        | <b>News of the Day 5</b><br>Santa Claus Around the World<br>Stretch & Flex<br>Lunch<br>Bingo<br>Cookies & Cocoa<br><i>St. Nicholas Eve</i>                      |
| <b>Music Time 8</b><br>Today's History<br>Make Brownies<br>Stretch & Flex<br>Lunch<br>Spa Sessions<br>Christmas Carols<br><i>Brownie Day</i>                       | <b>News of the Day 9</b><br>Kirk Douglas<br>Stretch & Flex<br>Lunch<br>Bean Bag Toss<br>Make Christmas Cards<br><i>Christmas Card Day</i>                      | <b>Morning Chat 10</b><br>Puzzles<br>Balloon Tennis<br>Lunch<br>Snow Globes<br>Karaoke Time<br><i>Winter Wonderland Wednesday</i>        | <b>Today's History 11</b><br>Coloring/Puzzles<br>Learn about Poinsettias<br>Stretch & Flex<br>Lunch<br><b>Field Trip to Songs in Mind Choir Concert</b><br><i>Poinsettia Day</i> | <b>News of the Day 12</b><br>Frank Sinatra Songs<br>Christmas Trivia<br>Stretch & Flex<br>Lunch<br>Gingerbread House Decorating<br><i>Gingerbread House Day</i> |
| <b>Music Time 15</b><br>Today's History<br>Hanukkah History<br>Stretch & Flex<br>Lunch<br>Spin the Dreidel<br><i>Happy Hanukkah</i>                                | <b>News of the Day 16</b><br>Las Posadas<br>Word Games<br>Stretch & Flex<br>Lunch<br>Reindeer Games<br><i>Reindeer Day</i>                                     | <b>Morning Chat 17</b><br>Puzzles<br>Balloon Tennis<br>Lunch<br>Snowman Craft<br>Karaoke Time<br><i>Snowmen Day</i>                      | <b>Today's History 18</b><br>Coloring/Puzzles<br>The Nutcracker<br>Stretch & Flex<br>Lunch<br>Bean Bag Toss<br>Taste Test Nuts<br><i>Nutcracker Day</i>                          | <b>News of the Day 19</b><br>Christmas Traditions from Around the World<br>Stretch & Flex<br>Lunch<br>Bingo<br>Christmas Carols<br><i>Ugly Sweater Day</i>      |
| <b>Music Time 22</b><br>Today's History<br>Christmas Light Fight<br>Stretch & Flex<br>Lunch<br>Christmas Symbols<br>Cookies & Cocoa<br><i>Christmas Lights Day</i> | <b>News of the Day 23</b><br>Christmas Movie Trivia<br>Stretch & Flex<br>Lunch<br>Christmas Carols<br>Eggnog Tasting<br><i>Eggnog Day</i>                      | <b>Morning Chat 24</b><br>Puzzles<br>Balloon Tennis<br>Lunch<br>'Twas the Night Before Christmas<br>Karaoke Time<br><i>Christmas Eve</i> | <b>25</b><br><b>MHSDC</b><br><b>Closed for Christmas Day</b>                                                                                                                     | <b>News of the Day 26</b><br>Boxing Day History<br>Kwanzaa Trivia<br>Stretch & Flex<br>Lunch<br>Pokeno<br><i>Boxing Day</i>                                     |
| <b>Music Time 29</b><br>Today's History<br>Cello History<br>Stretch & Flex<br>Lunch<br>Spa Sessions<br>Fruitcake                                                   | <b>News of the Day 30</b><br>Travel to Mexico<br>Trivia Time<br>Stretch & Flex<br>Lunch<br>Coloring/Puzzles<br>Music & Mocktails                               | <b>Morning Chat 31</b><br>Puzzles<br>Balloon Tennis<br>Lunch<br>New Year's Traditions<br>Karaoke Time<br><i>New Year's Eve</i>           |                                                                                             |                                                                                                                                                                 |

Activities are subject to change based on the number of participants.