



June 2026 Seniors' CHOICE menu



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Chicken & Potato Casserole - 9315 <i>(ch b) roast beef & gravy ch7025</i> California Blend Vegetables (2 servings) Grape Juice 100% Wheat Bread (2 slices) Margarine Diet: same	Meatloaf w/ Gravy - 9072 <i>(ch b) roast turkey w/ gravy ch7002</i> Mashed Potatoes Carrots Pineapple Wheat Bread (2 slices) Margarine Diet: same	Summer Salad - 9070 w/ diced Eggs, Shredded Cheese, Grape Tomatoes, Broccoli Floret, Wheat Roll / Margarine Ranch Dressing <i>(ch b) beef & noodles w/gravy</i> <i>green beans, diced carrots ch7052</i> Pears Wheat Bread / Margarine Diet: same	turkey Ham & Beans - 9062 <i>(ch b) chicken stew ch7022</i> Mixed Vegetables (2 servings) Cornbread Apricots Wheat Roll / Margarine Margarine Diet: same	Baked Chicken w/ Gravy - 9075 <i>(ch b) roast turkey w/gravy ch7003</i> Herb Dressing Broccoli Cauliflower Fruit Cocktail Wheat Bread (2 slices) Margarine Diet: same
8	9	10	11	12
Chicken Alfredo over Spaghetti - 9065 <i>(ch b) mediterranean glazed salmon ch7068</i> Broccoli Carrots Baked Cinnamon Apples 2 Wheat Bread / Margarine <i>(ch b only)</i> Diet: same	Turkey Sandwich on Wheat - 9032 <i>(ch b) ham sandwich on wheat ch7044</i> Potato Salad Coleslaw Peaches Mayo (for turkey only) Mustard (for ham only) Diet: same	Lemon Pepper Fish - 9033 w/ Tartar Sauce <i>(ch b) chicken tenders ch7009</i> Brown Rice Scandinavian Veggies (2 servings) Tropical Fruit Salad Wheat Bread / Margarine Margarine Diet: same	Sloppy Joe - 9060 <i>(ch b) chicken bbq ch7002</i> Peas Chuckwagon Corn Bun Pears Diet: same	Grilled Chicken w/ BBQ Sauce - 9049 <i>(ch b) hamburger ch7006</i> Green Beans Yellow Squash Bun Fruit Punch 100% Diet: same
				Nursing Assistants' Day 
15	16	17	18	19
BBQ Beef - 9051 <i>(ch b) grilled chicken breast ch7026</i> Peas & Onions Peaches w/ Oat Topping Cole Slaw Bun Diet: same	Macaroni & Cheese - 9130 <i>(ch b) fish sticks w/ tartar sauce - ch7024</i> Green Beans Stewed Tomatoes Applesauce Wheat Bread (2 slices) Margarine Diet: same	Chicken Caesar Salad w/ Parmesan & Croutons Marinated Cucumbers & Onions <i>(ch b) spaghetti & meatballs w/ marinara, parmesan, italian vegetables, & spinach</i> Pears Dinner Roll / Margarine Cinnamon Teddy Grahams Diet: same	Hawaiian Pineapple Ham - 9094 <i>(ch b) pineapple topped chicken ch7013</i> Roasted Sweet Potatoes Peas Tropical Fruit Salad Wheat Bread (2 slices) Margarine Diet: same	Father's Day Celebration Spaghetti & Meatballs - 9035 w/ Marinara & Parmesan <i>(ch b) chicken alfredo w/ broccoli ch7067</i> Italian Vegetables Spinach / Vinegar Sliced Strawberries Pound Cake Diet: same
				Happy June Birthday 
22	23	24	25	26
Popcorn Chicken Bowl - 9006 <i>(ch b) meatloaf w/ gravy ch7016</i> Mashed Potatoes w/ Cheese & Corn Green Beans Baked Cinnamon Apples Biscuit & Margarine Diet: same	Roast Pork Loin w/ Gravy - 9115 <i>(ch b) chicken w/gravy ch7008</i> Brown Rice Vegetable Medley (2 servings) Pears Wheat Bread / Margarine Diet: same	Cheese Manicotti - 9133 w/ Pesto Cream Sauce <i>(ch b) spaghetti & meatballs ch7015</i> Spinach California Blend Vegetables Apricots <i>Wheat Bread / Margarine (ch a only)</i> Diet: same	Chicken Salad Sandwich on Wheat - 9047 <i>(ch b) ham salad sandwich on wheat ch7057</i> Potato Salad 3-Bean Salad Fruit Cocktail Diet: same	Swedish Meatballs - 9053 <i>(ch b) chicken & gravy ch7037</i> Egg Noodles Broccoli Carrots Peaches Diet: same
29	30	Happy Father's Day! June 21st 		
Salisbury Steak w/ Mushroom Gravy - 9029 <i>(ch b) chicken w/gravy ch7008</i> Parslied Potatoes Mixed Vegetables Pineapple Tidbits Wheat Bread (2 slices) Margarine Diet: same	Orange Chicken - 9105 <i>(ch b) baked fish - ch7048</i> Brown Rice Green Beans Carrots Mandarin Oranges Wheat Bread / Margarine Diet: same			 First Day of Summer - June 21st