November 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 News of the Day Stretch and Flex Make Deviled Eggs Noodle Ball Lunch Corn Hole Word Games *Deviled Egg Day*	**3** Today's History Stretch and Flex Jeopardy Clown Pants Lunch Coloring/Puzzles Putt Putt Golf *Sandwich Day*	**4** Morning Chat Stretch and Flex Where in the World? Balloon Tennis Lunch Noodle Ball Spa Sessions	**5** News of the Day Stretch and Flex Music with Betsy History of Donuts Lunch Parachute Fun Games & Puzzles *Donut Day*	**6** Today's History Stretch and Flex Where Am I? Chair Volleyball Lunch Bingo Corn Hole *Nacho Day*
9 News of the Day Stretch and Flex Who Are We? Parachute Fun Lunch Bean Bag Toss Scattegories *Inventors' Day*	**10** Today's History Stretch and Flex Make Vanilla Cupcakes Chair Volleyball Lunch Craft Corn Hole *Vanilla Cupcake Day*	**11** Morning Chat Stretch and Flex History of Veteran's Day Patriotic Sing-along Lunch Spa Sessions Sundae Bar *Veterans Day* *Wear Red White & Blue*	**12** News of the Day Stretch and Flex Who Am I? Clown Pants Lunch Chicken Soup for the Soup Stories Music & Mocktails *Mocktail Dav*	**13** Today's History Stretch and Flex Music with Betsy Theme Bingo Lunch Craft Putt Putt Golf *World Kindness Day*
16 News of the Day Stretch and Flex Button Craft Clown Pants Lunch Corn Hole Word Games *Button Day*	**17** Today's History Stretch and Flex **10:30 – Janice Trytten Native Flute music** Lunch Parachute Fun Putt Putt Golf *Homemade Bread Day*	**18** Morning Chat Stretch and Flex Mickey Mouse Games & Puzzles Lunch Spa Sessions Virtual Travels *Mickey Mouse Birthday*	**19** News of the Day Stretch and Flex Music with Betsy Balloon Tennis Lunch Noodle Ball Coloring/Puzzles	**20** Today's History Stretch and Flex Make P. Butter Fudge Chair Volleyball Lunch Bingo Corn Hole *Peanut Butter Fudge Day*
23 News of the Day Stretch and Flex Games & Puzzles Karaoke Time Lunch Bean Bag Toss Thankful Turkeys *Cranberry Day*	**24** Today's History Stretch and Flex Name that Tune Thanksgiving Memories Chair Volleyball Lunch Make Gratitude Cards Corn Hole	**25** Morning Chat Stretch and Flex What Am I? Clown Pants Lunch Spa Sessions Make Your Own Parfaits *Parfait Day*	**26** **MHSDC is closed for Thanksgiving Day**	**27** Today's History Stretch and Flex Music with Betsy Parachute Fun Lunch Bingo Putt Putt Golf *Black Friday*
30 News of the Day Stretch and Flex What Am I? Make Mouse Lunch Noodle Ball Scattegories *Mousse Day*				

Wear Red, White, & Blue
Wednesday November 11th
for Veteran's Day!

Margaret's Heart
SENIOR DAY CENTER

Activities are subject to change based on the number of participants at MHSDC.