

December 2025

MHSDC Newsletter

651 Old State Route 74, Cincinnati, OH 45245

www.MHSDayCenter.com



513.528.0014

5 Star Reviews

Have you seen our reviews?
Rated 5 stars on Google!
100% recommended on
Facebook!

We are grateful to have the opportunity to work with some amazing seniors. The best compliment you can give us is to write a review.

Here is the link to leave a review:

<https://g.page/r/CfzD23lvIHKREAI/review>



**Margaret's Heart
Senior Day Center
will be closed on
Christmas Day.**

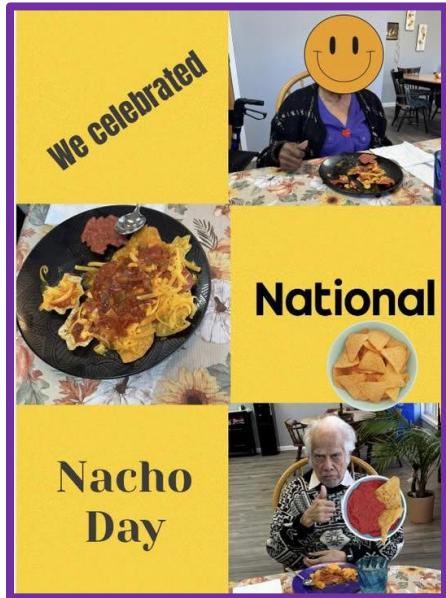
Winter Weather Closings & Delays

Margaret's Heart Senior Day Center will submit information for closing and delays to Channel 12. If you have questions, you can always reach out to Kristin directly.

Giving Thanks

The Friday before Thanksgiving, participants and staff of Margaret's Heart Senior Day Center had the opportunity to volunteer at the IPM Food Pantry. We checked expiration dates and sorted the donations. Thank you to IPM Food Pantry for allowing us to help others in our community.





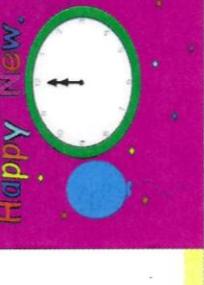
Thank you to:

Cedric Pashi and MyRyde NEMT,
Betsy Guy
The Eck family

For your generous donations to the
Adopt-A-Senior Program! Your
kindness will help make the holidays a
little brighter for one male and one
female senior in need in Clermont
County.



December 2025 Seniors' CHOICE menu

Monday	Tuesday	Wednesday	Thursday	Friday
Sloppy Joe - 9060 (ch b) chicken bolognese Peas Chuckwagon Corn Bun Pears Diet: same	Popcorn Chicken Bowl - 9006 (ch b) meatloaf w/ gravy ch7016 Mashed Potatoes w/ Cheese & Corn Green Beans Baked Cinnamon Apples Biscuit & Margarine Diet: same	Lemon Pepper Fish - 9033 w/ Tartar Sauce (ch b) chicken tenders ch7009 Brown Rice Scandinavian Veggie (2 servings) Fruit Cocktail Wheat Bread / Margarine Margarine	turkey Ham & Beans - 9062 (ch b) chicken stew ch7022 Mixed Vegetables (2 servings) Cornbread Peaches Dinner Roll / Margarine Diet: same	Salisbury Steak w/ Mushroom Gravy - 9029 (ch b) chicken w/ gravy ch7008 Parsled Potatoes Mixed Vegetables Pineapple Tidbits Wheat Bread (2 slices) Margarine Diet: same
Rosemary Chicken - 9039 (ch b) pork loin w/gravy ch7058 Potato Wedges Vegetable Medley Fruit Cocktail Wheat Bread (2 slices) Margarine diet: same	Beef Vegetable Teriyaki - 9037 (ch b) orange chicken ch7071 Brown Rice Oriental Stir Fry Vegetables Broccoli Baked Cinnamon Apples Dinner Roll / Margarine Diet: same	Chicken & Potato Casserole - 9315 (ch b) roast beef & gravy ch7025 California Blend Vegetables (2 servings) Grape Juice 100% Wheat Bread (2 slices) Margarine Diet: same	Hamburger - 9071 (ch b) hot deli ham ch7005 w/ Swiss American Cheese slice Potato Wedges Broccoli Bun Pineapple Tidbits Mustard / Ketchup Diet: same	Orange Chicken - 9105 (ch b) baked fish - ch7048 Brown Rice Green Beans Carrots Mandarin Oranges Wheat Bread / Margarine Margarine Diet: same
Steak Hoagie w/ Gravy - 9302 (ch b) grilled chicken breast ch7026 Potato Wedges Baked Beans Hoagie Bun Fresh Apple Diet: same	Meatloaf w/ Gravy - 9072 (ch b) roast turkey w/ gravy ch7002 Mashed Potatoes Carrots Peaches Wheat Bread (2 slices) Margarine Diet: same	Cherry Glazed Ham - 9094X (ch b) chicken w/ cherry glaze ch7013 Roasted Root Vegetables Succotash Dinner Roll / Margarine Cranberry-Apple Juice (100% Holiday Cookies Diet: Graham Crackers	Chicken Fajita Bowl - 9004 (ch b) Taco Bowl ch7010 Brown Rice Pinto Beans Chuckwagon Corn Hot Apple Crumble Corn Chips Sour Cream Diet: same	Happy December Birthday! Spaghetti & Meatballs - 9035 (ch b) spaghetti & meatballs ch7067 Italian Vegetables Spinach /Vinegar Fruit Punch 100% Sponge Cake Diet: same
BBQ Beef - 9051 (ch b) grilled chicken breast ch7026 Peas & Onions Potato Wedges Bun Mandarin Oranges Diet: same	Roast Pork Loin w/ Gravy - 9115 (ch b) chicken w/gravy ch7008 Brown Rice Vegetable Medley (2 servings) Applesauce Wheat Bread / Margarine Diet: same	Chicken Tenders - 9061 (ch b) baked fish ch7048 Brown Rice Green Beans Carrots Fruit Cocktail Wheat Bread / Margarine Margarine Diet: same	Cheese Manicotti - 9133 w/ Pesto Cream Sauce (ch b) spaghetti & meatballs ch7015 Spinach California Blend Vegetables Peaches Wheat Bread / Margarine (ch a only) Diet: same	 Kwanzaa
Beef Vegetable Stew - 9001 w/ Peas, Carrots, & Red Skin Potatoes Spiced Pears w/ Cranberries Wheat Bread (2 slices) Margarine Diet: same	Fish Sticks w/ Tartar Sauce - 9028 (ch b) macaroni & cheese ch7065 Peas Potato Wedges Pineapple Tidbits Wheat Bread (2 slices) Margarine Diet: same	Cinci-Style Chili - 9112 w/ Spaghetti (ch b) roast beef w/gravy ch7025 Kidney Beans Broccoli Cinnamon Applesauce Cheddar Cheese (ch A only) Oyster Crackers (ch A only) 2 Wheat Bread / Margarine (ch b only) Diet: same	Happy New Year! 	Complete Meal Meets 1/3 DRI for Older Americans and Compiles with the Dietary Guidelines for Americans 2020-2025

December 2025

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Music Time 1
Today's History
History of Candy Canes
Stretch & Flex
Lunch
Cooking Club:
Peppermint Bark

Peppermint Day

News of the Day 2
Jeopardy
Christmas Tree Trivia
Stretch & Flex
Lunch
Christmas Carols
Toys of yesterday

Christmas Tree Day

Morning Chat 3
Puzzles
Balloon Tennis
Lunch
Make Bow Wreaths
Karaoke Time

Gift Wrap Day

Today's History 4
Coloring/Puzzles
Make & Bake Cookies
Stretch & Flex
Lunch
Bean Bag Toss
Decorate Cookies

Cookie Day

News of the Day 5
Santa Claus Around the
World
Stretch & Flex
Lunch
Bingo
Cookies & Cocoa

St. Nicholas Eve

Music Time 8
Today's History
Make Brownies
Stretch & Flex
Lunch
Spa Sessions
Christmas Carols

Brownie Day

News of the Day 9
Kirk Douglas
Stretch & Flex
Lunch
Bean Bag Toss
Make Christmas Cards

Christmas Card Day

Morning Chat 10
Puzzles
Balloon Tennis
Lunch
Snow Globes
Karaoke Time
Winter Wonderland
Wednesday

Today's History 11
Coloring/Puzzles
Learn about Poinsettias
Stretch & Flex
Lunch
**Field Trip to Songs in
Mind Choir Concert**
Poinsettia Day

News of the Day 12
Frank Sinatra Songs
Christmas Trivia
Stretch & Flex
Lunch
Gingerbread House
Decorating

Gingerbread House Day

Music Time 15
Today's History
Hanukkah History
Stretch & Flex
Lunch
Spin the Dreidel

Happy Hanukkah

News of the Day 16
Las Posadas
Word Games
Stretch & Flex
Lunch
Reindeer Games

Reindeer Day

Morning Chat 17
Puzzles
Balloon Tennis
Lunch
Snowman Craft
Karaoke Time

Snowmen Day

Today's History 18
Coloring/Puzzles
The Nutcracker
Stretch & Flex
Lunch
Bean Bag Toss
Taste Test Nuts

Nutcracker Day

News of the Day 19
Christmas Traditions
from Around the World
Stretch & Flex
Lunch
Bingo
Christmas Carols

Ugly Sweater Day

Music Time 22
Today's History
Christmas Light Fight
Stretch & Flex
Lunch
Christmas Symbols
Cookies & Cocoa

Christmas Lights Day

News of the Day 23
Christmas Movie Trivia
Stretch & Flex
Lunch
Christmas Carols
Eggnog Tasting

Eggnog Day

Morning Chat 24
Puzzles
Balloon Tennis
Lunch
'Twas the Night Before
Christmas
Karaoke Time

Christmas Eve

**MHSDC
Closed for
Christmas Day**

News of the Day 25
Boxing Day History
Kwanzaa Trivia
Stretch & Flex
Lunch
Pokeno

Boxing Day

Music Time 29
Today's History
Cello History
Stretch & Flex
Lunch
Spa Sessions
Fruitcake

News of the Day 30
Travel to Mexico
Trivia Time
Stretch & Flex
Lunch
Coloring/Puzzles
Music & Mocktails

Morning Chat 31
Puzzles
Balloon Tennis
Lunch
New Year's Traditions
Karaoke Time

New Year's Eve



Activities and times may change based on the number of participants.