

July 2026

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Morning Chat 1
Karaoke
Stretch & Flex
Granny Pants
Lunch
Bingo
Spa Sessions

Canada Day

Today's History 2
Scattagories
Stretch & Flex
Balloon Tennis
Lunch
Patriotic Craft
What Am I?

Morning Games 3
Independence Day
Stretch & Flex
Patriotic Songs
Lunch
Theme Bingo
Corn Hole

Music Time 6
Fun & Games
Stretch & Flex
Granny Pants
Lunch
Spa Sessions
Jeopardy

News of the Day 7
Name 7 Game
Stretch & Flex
Coloring/Puzzles
Lunch
Sylvester Stallone
Sundae Snack

Strawberry Sundae Day

Morning Chat 8
Karaoke
Stretch & Flex
Make Blueberry Muffins
Lunch
Card Bingo
Roller Coaster History

Blueberry Day

Today's History 9
Music with Betsy
Stretch & Flex
Bean Bag Toss
Lunch
Parachute Fun
Decorate Cookies

Sugar Cookie Day

Morning Games 10
Who Am I?
Stretch & Flex
Balloon Tennis
Lunch
Bingo
Putt Putt Golf

Music Time 13
Rocks & Minerals
Stretch & Flex
Bean Bag Toss
Lunch
Parachute Fun
Rock Painting

Beans & Franks Day

News of the Day 14
Travel to France
Stretch & Flex
Coloring/Puzzles
Lunch
Trivia Time
Corn Hole

Mac and Cheese Day

Morning Chat 15
Karaoke
Stretch & Flex
Balloon Tennis
Lunch
Bingo
Spa Sessions

Tapioca Pudding Day

Today's History 16
Hula Hoop History
Stretch & Flex
Noodle Ball
Lunch
What Am I?
Ice Cream Taste Test

Ice Cream Day

Morning Games 17
Learn about Emojis
Stretch & Flex
Granny Pants
Lunch
Theme Bingo
Comedy Hour

World Emoji Day

Music Time 20
Moon Fun Facts
Stretch & Flex
Balloon Tennis
Lunch
Spa Sessions
Puzzles/Games

Moon Day

News of the Day 21
Don Knotts
Stretch & Flex
Granny Pants
Lunch
Williamsburg, VA
Coloring/Puzzles

Junk Food Day

Morning Chat 22
Karaoke
Stretch & Flex
Bean Bag Toss
Lunch
Pokeno
Flying Solo

Today's History 23
Wonder Woman
Stretch & Flex
Fun with Colors
Lunch
Parachute Fun
Game Time

Vanilla Ice Cream Day

Morning Games 24
Singing Cowboys
Stretch & Flex
Puzzle Time
Lunch
Bingo
Corn Hole

Cowboy Day

Music Time 27
Word Games
Stretch & Flex
Bean Bag Toss
Lunch
Parachute Fun
Music with Betsy

News of the Day 28
What Am I?
Stretch & Flex
Coloring/Puzzles
Lunch
History of Chocolate
Noodle Ball

Milk Chocolate Day

Morning Chat 29
Karaoke
Stretch & Flex
Balloon Tennis
Lunch
Bingo
Spa Sessions

Today's History 30
Scattagories
Stretch & Flex
Granny Pants
Lunch
Friendship Bracelets
Paul Anka Music

Friendship Day

Morning Games 31
10:30 Music by Dynamic Duo
Stretch & Flex
Lunch
Number Bingo
Coloring/Puzzles

Activities are subject to change based on the number of participants
Outdoor Activities may be substituted as weather permits