



# Camping checklist

BECAUSE YOU DON'T WANT TO LEAVE ANYTHING IMPORTANT AT HOME!

## *What type of camping are you planning?*

- Is it a site that has all the amenities like BBQ, power, washrooms, showers?
- Are you headed out into the middle of the forest?
- Or perhaps something in between?
- Are planning some glamping?
- Do you have a long hike into your site?

## *What is on the itinerary?*

- Are you planning to sit around the campfire, play games and tell ghost stories or are you planning to be on the go all day hiking, fishing and just crash for the night in your tent?
- It is important to have an idea of what you would like to do as this will have an impact on what you will need to bring.

## *What season will you be camping in?*

- A fall camp will need different gear than a summer camping trip. If you are adventurous enough for some winter camping, well that is a whole other type of planning! So knowing when you are venturing out into the wild is an important thing to consider.



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## CAMPSITE

- |  |  |
|--|--|
| <input type="checkbox"/> TENT WITH STAKES                                      | <input type="checkbox"/> SHADE TARP/POLES/ROPE/STAKES                      |
| <input type="checkbox"/> CAMP CHAIR  | <input type="checkbox"/> AXE OR HAMMER/MALLET                              |
| <input type="checkbox"/> CAMP TABLE (IF YOUR SITE DOESN'T HAVE A PICNIC TABLE) | <input type="checkbox"/> LANTERNS (AND FUEL IF NECESSARY) OR STRING LIGHTS |
| <input type="checkbox"/> GROUND CLOTH/TARP                                     | <input type="checkbox"/> FIREWOOD  |
| <input type="checkbox"/> EXTRA STAKES  | <input type="checkbox"/> WATERPROOF MATCHES AND FIRE STARTERS              |

## CAMPSITE (PRIMITIVE SITE)

- |  |   |
|--|---|
| <input type="checkbox"/> WATER FILTER/PURIFICATION | <input type="checkbox"/> SHOVEL (ASSUMING THERE ARE NO OUTHOUSES) |
| <input type="checkbox"/> POTABLE WATER CONTAINERS  |   |

## CAMPSITE (OPTIONAL)

- |  |   |
|--|---|
| <input type="checkbox"/> TABLECLOTH                              | <input type="checkbox"/> FIRESTARTERS         |
| <input type="checkbox"/> HAMMOCK + TREE STRAPS                   | <input type="checkbox"/> AXE OR HAMMER/MALLET |
| <input type="checkbox"/> CORD TO TIE UP AS A CLOTHESLINE + CLIPS | <input type="checkbox"/> DUCT TAPE            |
| <input type="checkbox"/> CAMPING SHOWER/SHOWER PUMP              | <input type="checkbox"/> EPIC S'MORES RECIPES |
| <input type="checkbox"/> SUN/BUG SHELTER                         |   |



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## SLEEP

- SLEEPING BAG
- SHEETS/BLANKETS
- PILLOW
- SLEEPING PADS OR AIR MATTRESSES (DON'T FORGET THE PUMP)
- GROUND SHEET/SLEEPING PAD

## SLEEP (OPTIONAL)

- CAMPING COTS
- SLEEP MASK
- EARPLUGS
- EXTRA BLANKETS
- REPAIR KIT FOR AIR MATTRESS

## CAMP KITCHEN

- CAMP STOVE AND FUEL
- CAMP SINK OR WASH BINS
- GARBAGE/RECYCLING BAGS
- PLATES & BOWLS/PAPER PLATES & BOWLS
- CUTLERY
- MUGS AND CUPS
- PLASTIC BEER AND WINE GLASSES
- PAPER TOWELS/NAPKINS
- BIODEGRADABLE SOAP
- POTHOLDERS/OVEN MITTS
- POTS, PANS OR DUTCH OVEN + LIDS
- COOKING UTENSILS (SPATULA, KNIFE, SPOON, TONGS)
- CUTTING BOARD AND KNIFE
- DISH RAGS/SCRUB PAD/TOWELS
- COOLERS (1 FOR FOOD & 1 FOR DRINKS)
- ALUMINUM FOIL
- WATER JUG AND FILTER/TREATMENT
- BEAR-RESISTANT FOOD CONTAINERS





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## CLOTHING & FOOTWEAR

- |  |   |
|--|---|
| <input type="checkbox"/> MOISTURE WICKING UNDERWEAR/COMPRESSION SHORTS | <input type="checkbox"/> CAMP SHOES/SLIP-ONS                                      |
| <input type="checkbox"/> MOISTURE WICKING SHIRT                        | <input type="checkbox"/> LAUNDRY BAG  |
| <input type="checkbox"/> QUICK-DRYING PANTS/SHORTS                     | <input type="checkbox"/> UNDERWEAR  |
| <input type="checkbox"/> LONG-SLEEVE SHIRTS (FOR SUN, BUGS)            | <input type="checkbox"/> SPORTS BRA   |
| <input type="checkbox"/> LIGHTWEIGHT FLEECE OR JACKET                  | <input type="checkbox"/> STURDY HIKING SHOES OR BOOTS (WATERPROOF IS A GOOD IDEA) |
| <input type="checkbox"/> SOCKS (PLUS A FEW EXTRA SOCKS)                | <input type="checkbox"/> FLEECE JACKET OR PUFFY JACKET/VEST                       |
| <input type="checkbox"/> HAT WITH BRIM                                 | <input type="checkbox"/> BANDANA OR BUFF  |
| <input type="checkbox"/> RAIN GEAR                                     | <input type="checkbox"/> RUNNING SHOES  |
| <input type="checkbox"/> SWEATSHIRT/JACKET                             | <input type="checkbox"/> SHORTS   |

## CLOTHING & FOOTWEAR - SUMMER

- |                                   |                                      |
|-----------------------------------|--------------------------------------|
| <input type="checkbox"/> SANDALS  | <input type="checkbox"/> FLIP SLOPS  |
| <input type="checkbox"/> SWIMSUIT | <input type="checkbox"/> WATER SHOES |

## CLOTHING & FOOTWEAR - FALL & WINTER

- |  |  |
|--|--|
| <input type="checkbox"/> LONG UNDERWEAR    | <input type="checkbox"/> WARM INSULATED JACKET (DOWN OR SYNTHETIC) |
| <input type="checkbox"/> FLEECE PANTS      | <input type="checkbox"/> SNOWPANTS                                 |
| <input type="checkbox"/> GLOVES OR MITTENS | <input type="checkbox"/> HAND & FOOT WARMERS                       |
| <input type="checkbox"/> TOQUE             | <input type="checkbox"/> WOOL SOCKS                                |
| <input type="checkbox"/> SCARF             |  |



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## HEALTH & HYGIENE

- |   |  |
|---|--|
| <input type="checkbox"/> TOWELS/WASHCLOTH   | <input type="checkbox"/> QUICK-DRY PACK TOWEL (MORE THAN ONE IS BETTER)              |
| <input type="checkbox"/> TOOTHBRUSH/TOOTH PASTE   | <input type="checkbox"/> IBUPROFEN (HEADACHE RELIEVER)                               |
| <input type="checkbox"/> TOILET PAPER   | <input type="checkbox"/> ANTACIDS (STOMACHACHE)                                      |
| <input type="checkbox"/> BIODEGRADABLE SOAP   | <input type="checkbox"/> ANTIHISTAMINE (ALLERGIC REACTIONS)                          |
| <input type="checkbox"/> PRESCRIPTION MEDICATIONS   | <input type="checkbox"/> COMB, BRUSH, HAIR CLIPS ETC                                 |
| <input type="checkbox"/> HAND SANITIZER   | <input type="checkbox"/> FLEECE JACKET OR PUFFY JACKET/VEST                          |
| <input type="checkbox"/> MENSTRUAL/URINARY PRODUCTS   | <input type="checkbox"/> MOLESKIN OR TAPE (FOR BLISTERS)                             |
| <input type="checkbox"/> FIRST-AID KIT (TWEEZERS, BANDAGES, ANTISEPTIC, ANTIBACTERIAL OINTMENT) | <input type="checkbox"/> TOILETRIES (SOAP, SHAMPOO, DEODORANT, SHAVING SUPPLIES ETC) |

## HEALTH & HYGIENE - SUN & BUG PROTECTION

- |                                     |   |
|-------------------------------------|---|
| <input type="checkbox"/> SUNSCREEN  | <input type="checkbox"/> WIDE BRIMMED SUN HAT                   |
| <input type="checkbox"/> SUNGLASSES | <input type="checkbox"/> AFTER-SUN CREAM AND/OR ALOE            |
| <input type="checkbox"/> LIP BALM   | <input type="checkbox"/> INSECT REPELLENT SPRAYS AND/OR CANDLES |

## HEALTH & HYGIENE - OPTIONAL

- |  |  |
|--|--|
| <input type="checkbox"/> BABY WIPES          | <input type="checkbox"/> SPARE EYEGASSES/CONTACT LENS SUPPLIES |
| <input type="checkbox"/> TISSUES             | <input type="checkbox"/> STERILE COMPRESSES                    |
| <input type="checkbox"/> SPLINTING MATERIALS | <input type="checkbox"/> IPECAC                                |
| <input type="checkbox"/> HYDROGEN PEROXIDE   | <input type="checkbox"/> ACE BANDAGES                          |
| <input type="checkbox"/> BURN OINTMENT       | <input type="checkbox"/> SNAKE BITE KIT                        |



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## HEALTH & HYGIENE - OPTIONAL

- |   |  |
|---|--|
| <input type="checkbox"/> EYE DROPS                  | <input type="checkbox"/> THERMOMETER                     |
| <input type="checkbox"/> POISON IVY CREAM/CLEANSERS | <input type="checkbox"/> COINS FOR EMERGENCY PHONE CALLS |
| <input type="checkbox"/> HEAT/COLD PACKS            | <input type="checkbox"/> ANTIBIOTIC SOAP                 |
| <input type="checkbox"/> LATEX GLOVES               | <input type="checkbox"/> BUTTERFLY BANDAGES              |
| <input type="checkbox"/> ANTIBACTERIAL SOAP         | <input type="checkbox"/> NAIL CLIPPERS                   |

## PERSONAL ITEMS

- |   |   |
|---|---|
| <input type="checkbox"/> CREDIT CARD AND/OR CASH    | <input type="checkbox"/> CAMPSITE RESERVATION CONFIRMATION (IF REQUIRED)      |
| <input type="checkbox"/> ID/HEALTH CARD             | <input type="checkbox"/> HEADLAMP OR FLASHLIGHT + EXTRA BATTERIES             |
| <input type="checkbox"/> CELLPHONE + CHARGER        | <input type="checkbox"/> POWER BANK OR SPARE BATTERIES FOR ELECTRONIC DEVICES |
| <input type="checkbox"/> WATERPROOF CASE FOR PHONE  | <input type="checkbox"/> EXTRA SET OF CONTACTS OR GLASSES                     |
| <input type="checkbox"/> WHISTLE (PREFERABLY FOX40) | <input type="checkbox"/> CAMERA/BATTERY/FILM/VIDEO + CHARGER                  |
| <input type="checkbox"/> COMPASS/GPS/MAPS           | <input type="checkbox"/> SWISS ARMY KNIFE                                     |
| <input type="checkbox"/> CANDLES                    | <input type="checkbox"/> SMALL SEWING KIT                                     |
| <input type="checkbox"/> BACKPACK/FANNY PACK        | <input type="checkbox"/> WATER BOTTLE   |
| <input type="checkbox"/> BEAR SAFETY GEAR           | <input type="checkbox"/> WATER BOTTLE(S) OR HYDRATION PACK                    |



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## FUN STUFF

- STAR CHART/NIGHT-SKY IDENTIFIER
- FIELD GUIDES (FLOWERS, INSECTS)
- NOTEBOOK & PEN/PENCIL
- BINOCULARS
- WATERSPORTS GEAR AND PFDs
- TRAVEL BOARD GAMES
- BEACH BALL OR INFLATABLE BALL
- FISHING GEAR
- MUSIC PLAYER WITH HEADPHONES
- BLUETOOTH SPEAKER
- BIKES (GREAT FOR KIDS AT THE CAMPGROUND)
- BOOKS OR MAGAZINES
- DECK OF CARDS
- EXTRA TOYS AND GAMES FOR KIDS
- DOG GEAR (DISHES, TETHER, TOYS, BED)