

# SMART GOALS



THE DIAMOND PLACE

When setting goals, make sure it follows the SMART structure. Use the questions below to create your goals.

**S**

**Specific**

What do I want to accomplish?

**M**

**Measurable**

How will I know when it is accomplished?

**A**

**Achievable**

How can the goal be accomplished?

**R**

**Relevant**

Does this seem worthwhile?

**T**

**Time bound**

When can I accomplish this goal?

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