

Customizing human performance and optimizing genetic potential with TRUTH based physiology.

## MOVEMENT PERFORMANCE ACADEMY 1 on 1 INDIVIDUAL PRICING:

SESSIONS & PACKAGES • INDIVIDUAL ATHLETE	PRICING
EVALUATION (90 Minutes)	\$200
SESSION (75 Minutes)	<b>\$150</b>
15 SESSIONS + EVAL	\$2,240
23 SESSIONS + EVAL	\$3,240
31 SESSIONS + EVAL	\$4,160
43 SESSIONS + EVAL	\$5,500

- o All plans must be used within 1 year (365 days) of the purchase date.
- o Payment due upon Initial Evaluation.

## **INDIVIDUAL INITIAL PACKAGES:**

The Unfair Advantage and Continual Pursuit of Excellence: MAXIMIZING OUTCOMES with Advanced AUTHENTIC Movement Performance.

- INTEGRATED MOVEMENT with a PURPOSE, TRUTH BASED PHYSIOLOGY approach.
- Advanced Performance based Orthopedic Chain Reaction Biomechanical Assessments.
- 1 on 1 MOVEMENT PERFORMANCE sessions.
- Functional Medicine (eliminate the root of pathology) integrated healing approach (movement + nutrigenomics + immunology).
- Customized movement Rx blueprint, calendar, and video menu
- Plans are based on the physiology of ADAPTATION, the healing process, and neuroplasticity time frame of 12-16 weeks.
- 1 on 1 Packages can be shared with a spouse, sibling, friend when the other athlete involved has purchased and had an EVALUATION.