



3D MAPS (MOVEMENT ANALYSIS PERFORMANCE SYSTEM SCREENING)

MAXIMIZING OUTCOMES, OPTIMIZING GENETIC POTENTIAL, and CUSTOMIZING human movement performance by:

- Investigating human movement performance with advanced total body (Kinetic Chain) **BIOMECHANICAL ANALYSIS** and **DIFFERENTIAL DIAGNOSTICS**.
- Blueprinting strategically **CUSTOMIZED MAPS** for **ADVANCED ATHLETIC SUCCESS**.
- Implementing integrated, technically tactical **SPORT SPECIFIC** movement progression techniques and periodization prescriptions.

3D MAPS ATHLETE SCREENING DETAILS: <ul style="list-style-type: none"> • High School • College • Professional 	3D MAPS PACKAGE
3 ATHLETES/15 minutes (12 athletes analyzed/hour)	X
FUNCTIONAL BIOMECHANICAL ANALYSIS: <ul style="list-style-type: none"> • MOVEMENT FOOTPRINT captured for EACH ATHLETE. 	X
CUSTOMIZED for each ATHLETE: <ul style="list-style-type: none"> • MOVEMENT PERFORMANCE Rx VIDEO MENU with Movement Progressions (MOSTRANCE: Mobility + Stability (Power) + Strength + Balance). • MOVEMENT PERFORMANCE CALENDAR. 	X
HOME GROWN MOVEMENT PERFORMANCE APP accessibility.	X
BIOMECHANICAL EVALUATION ANALYSIS BLUEPRINT MAPPING & PLANNING (MENU and CALENDAR) for ENTIRE TEAM) 3 – 11 ATHLETES: \$350 12 – 24 ATHLETES: \$500 25 – 36 ATHLETES: \$700 37 – 48 ATHLETES: \$800 49 – 60 ATHLETES: \$900	X

- **Payment due upon scheduling Analysis.**