

Alternatives to "No"

AND NEGATIVE PARENTING LANGUAGE



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"Stop hitting"



"Please keep your hands to yourself"

"Don't say that"



"Please choose another word"

"Quit whining & crying"



"Please use your words"

"I can't hear you"



"Please speak louder/
more clearly"

"I won't buy you that"



"Instead of that, what if
we _____"

"Don't get upset"



"It's ok to feel that way,
but _____"

"That's not for you"



"That's _____'s, can I
offer you _____?"

"We can't play"/"Have
to stop playing"



"Maybe we can play
later after _____"/"We
have to go"