



COGNITIVE RESTRUCTURING, LLC

Foundations of Recovery House Rules

1. Absolutely no alcohol and/or drugs on or off the premises while at ***Foundations of Recovery***.
2. Overnight passes off of the premises are allowed. House Guests on probation/parole will need written permission from their Probation Officer. Only three (3) overnight passes are allowed in a **30day cycle**.
3. Nightly Curfew is **10:00 pm**, unless specified by the Probation Officer and Parole Officer. Exceptions are made for work schedules and special circumstances. Random curfew checks will be made. If you are not gainfully employed you can leave the house at **7:00am** and be back by curfew.
4. House Guests violating the curfew will be required to pass a drug test upon return. The late test fee is **\$20.00** paid by the house guest.
5. There will be random drug testing. If you refuse a test it will be considered a positive test and you will be required to leave ***Foundations of Recovery*** until a negative sample can be provided.
6. House Guests agree to random searches of personal property with the house guest and **2** staff members present.
7. ***Foundations of Recovery*** is not responsible for the loss, damage, or stolen property. There will be one locked cabinet provided per house guest.
8. There will be a **\$20.00** fee if Cognitive Restructuring has to pack up and store personal belongings. I understand my belongings will be donated after 30 days.
9. All common areas at Foundations of Recovery are to be treated with respect and remain clean at all times.
10. No personal refrigerators, microwaves, coffee pots, heaters, furniture, candles or excessive personal property allowed. You will be given designated storage areas, all belongings must fit in the specified storage areas. House guests will receive 2 dresser drawers, 1 under bed storage bin and 1 locked cabinet drawer.
11. Any house guest caught **stealing** will immediately be discharged from ***Foundations of Recovery***.
12. We have an open door policy with Law Enforcement, Probation/Parole, and Court Service Programs. All house guests agree to be respectful to all outside agencies.
13. Smoking and Vaping is allowed outside only in designated areas as a privilege. Any house guest caught smoking inside the building will be discharged from ***Foundations for Recovery***. Cigarette butts must be disposed of properly, if not disposed of properly this privilege may be revoked for an undetermined length of time. **Client Initials**_____
14. Visitors are not allowed on the Property to ensure it remains safe for all house guests and staff.
15. If you are being picked up by transportation, the driver may ring the doorbell and wait outside. If during business hours the driver may be allowed to wait in the main lobby area.
16. Only house guests and staff are allowed to enter the living quarters at ***Foundations of Recovery***.

17. **Verbal** or **Physical** violence towards another house guest or staff will not be tolerated and will result in a disciplinary action, up to and including being discharged from Foundations of Recovery.
18. Each house guest will be given a daily chore to ensure the house stays in good living conditions. This chore must be completed before leaving each day, as well as your bed being made and personal areas cleaned up.
19. House guests are not allowed to borrow money from staff or other house guests.
20. House guests will not be allowed to borrow cigarettes, food, clothing or personal hygiene products. If you need help finding resources please speak with the program director or case manager to assist with these community resources.
21. Romantic/ Intimate relationships **will not** be permitted between house guests or staff.
22. Always be kind and considerate when speaking to other house guests, staff, outside agencies or community resources.
23. No **pets** of any kind are allowed at Foundations of Recovery or on the premises.
24. Narcotics and controlled substances are not allowed. We practice **TOTAL ABSTINENCE** from all mind-alternating substances, legal or illegal.
25. House Guests are responsible for the storage, maintenance and following their prescription as ordered by the physician. (**All medications must be locked in a secured cabinet at all times.**)
26. All medications need to be in the original containers with current prescription dates on the label. There will not be any sharing of medications of any kind (prescription, over the counter or otherwise).
27. If you are prescribed a pain medication while a resident of the house due to an accident or injury, please be sure to request a non-narcotic medication to avoid any interruption of housing services. If you fill a prescription for a narcotic while a resident of the **Foundations of Recovery** house and test **positive** during a drug screen a negative test result will be required before reentering the house. We understand that a physician may prescribe a pain medication out of necessity, however due to our total abstinence policy you will be required to make other living arrangements until you are able to pass a drug screening. If you wish to keep your bed during this time you are still responsible to pay your Housing fee. If you decide to move out during this time, your rent is **non-refundable**. We practice **total abstinence** from all substances, legal and illegal.
28. Suspicion of drugs/ alcohol use by another house guest should be reported to the Program Manager immediately (24/7), please call **208-274-3922**. You will remain anonymous and the house guest accused will be removed if unable/ unwilling to submit a negative drug/ alcohol test
29. Internet, Cable TV, and Phone services are provided. Any abuse of data usage or calls made to 411 will cause an interruption in services.
30. House guests are not allowed to service their vehicles on the property. All vehicles must be in good working order and registered to a **Foundations of Recovery** house guest. A limit of one vehicle per house guest. **Client Initials**_____
31. **Foundations of Recovery** is an approved housing provider for SUD (**substance use disorder**) through the Department of Health and Welfare. If you are approved through **BPA** please contact the main office to verify the referral has been received. All clients funded through BPA pay a **\$100/monthly program fee**.

32. I understand that I am solely responsible to know when my housing fee & program fee is due and agree to pay on time. I will be given additional information on the housing agreement upon my move in date.
33. If a house guest violates any house rules or policies, they agree to meet with the program director to discuss the consequence or consequences.
34. **Foundations of Recovery** requires a **one** month commitment for a housing minimum.
35. When I am accepted into **Foundations of Recovery** and take up residency, I agree to hold harmless Cognitive Restructuring, the property owners, and any and all service providers/contractors against any and all claims, demands, suits or loss.
36. No cooking after **10:00p** and the kitchen and all dishes need to be cleaned by **10:00pm**.

Client Signature

Date

Staff Signature

Date