

STUDENTS WITH LIMB DIFFERENCES

Support for parents

Navigating School with Confidence

This guide was created by people with lived experience of limb difference, social work professionals, and disability advocates. Our goal is to equip parents with clear, actionable steps to help children thrive. You are your child's strongest advocate, and this resource is here to support you in that role.

KEY PEOPLE TO KNOW

- Teacher
- Social Worker
- Principal
- Any other staff on the evaluation team

HOME TO SCHOOL ADAPTATIONS

- Share the adaptations that work in your home (learning, play, mealtime, daily living).
- Bring this list into the school environment so providers can support your child effectively.
- Share the books you read at home about difference.
- Share how you talk about limb difference, your language matters.
- Talk with your child about their preferences



ADVOCACY BASICS

- Request an IEP/504 evaluation. Get everything documented.
- Know your rights: IEP vs 504, 13 disability categories (highlight orthopedic impairment).
- Know your resources: Lucky Fin Project, Limb Difference Collective, Family First Community, Equip for Equality.

EMPOWERMENT & RESOURCES

- Use your voice—don't be afraid to speak up.
- Accept that there may be challenges with being the first, and know that you're not alone.
- On the Other Hand therapy: <https://ontheotherhand.org>.
- Limb Love Library: <https://limblovelibrary.com>