

SOUPS AND SALADS

Garden \$8

cherry tomatoes, cucumbers, green peppers, red onions and croutons.

Rachel's Spinach \$10

Spinach, cherry tomatoes, feta, kalamata olives, bacon bits, candied walnuts, and dried cranberries.

Chef \$11

Tomatoes, cucumbers, green peppers, red onions and egg. Topped with turkey, ham, American and Swiss cheese.

Classic Cobb \$13

Grilled chicken, bacon, tomato, avocado and blue cheese. House Cobb Dressing

Taco \$10

Ground beef, tomatoes, black olives, green peppers, jalapenos, and cheddar-jack cheese all served on romaine in a flour tortilla bowl. Add Guacamole \$3.25

Fairway \$12

Red onions, cherry tomatoes, corn, black beans, roasted chicken, avocado and cilantro. House Vinaigrette

Caesar \$9

Classic Caesar dressing, Parmesan, croutons and Romaine

Asian Dumpling \$12

Romaine, cabbage, pea pods, red onion, cilantro, tomatoes, almonds, and fried pot stickers. House Vinaigrette.

Add Shrimp, Haddock, or Anchovies \$4

Add Grilled Chicken, Tuna or Chicken Salad \$3

Add Chicken Tenders \$4

Dressings: balsamic vinaigrette, ranch, blue cheese, Italian, honey mustard, thousand island

Haddock Chowder Cup \$5.25 Bowl \$7.50

Rachel's Chili Cup \$5 Bowl \$7.25 topped with cheddar-jack cheese and Jalapenos, tortilla chips on side.

Soup of the Day Cup \$4.50 Bowl \$7

Soup and Half Sandwich \$12 cup of soup or chowder and half deli sandwich or B. L. T.

Consuming raw or under cooked meats, seafood, shellfish or eggs may increase your risk of food-borne illness.