

Q-MoB January 2025 Printable Activity Calendar

To Register: www.queermenoftheberkshires.org/calendar

Tuesday, January 7, 2025

5:45 PM - 6:45 PM Q-MoB Fitness: FREE Yoga for Men @ Pulse (Housatonic, MA)

Thursday, January 9, 2025

6:00 PM - 7:00 PM Q-MoB Fitness: Whole Body Functional Movement Workout (Lee, MA)

Saturday, January 11, 2025

11:00 AM - 12:30 PM Q-MoB Easy Hike: Pleasant Valley Wildlife Refuge (Lenox, MA)

Sunday, January 12, 2025

10:00 AM - 12:00 PM Q-MoB Coffee Klatch @ WYLDE Coffee Roastery (Hudson, NY)

10:00 AM - 12:00 PM Q-MoB Queer Men's Tea/Coffee Klatch @ Heart's Pace 2nd Sun (N. Adams, MA)

12:00 PM - 1:00 PM Q-MoB Walking Group: Historic Hudson, NY

12:00 PM - 1:00 PM Q-MoB Walking Group: Historic North Adams, MA

3:30 PM - 7:30 PM Q-MoB Brand New Year Heart Circle & Potluck (Great Barrington, MA)

Monday, January 13, 2025

9:00 AM - 10:00 AM Q-MoB Fitness: FREE Cross Training for Everyone (Great Barrington, MA)

Tuesday, January 14, 2025

6:00 PM - 7:00 PM Q-MoB Fitness: Intro to Functional Movement Strength Training (Lee, MA)

6:30 PM - 8:00 PM Queer Men's Aging Well Peer Support Group 2nd Tues (Pittsfield, MA)

Wednesday, January 15, 2025

3:00 PM - 5:00 PM Q-MoB Queer Men's Book Club (3rd Wed) (Pittsfield, MA)

5:30 PM - 6:30 PM Q-MoB Fitness: High Intensity Interval Training (Great Barrington, MA)

Thursday, January 16, 2025

8:00 PM - 11:00 PM "Party Like It's 1975" w/ DJ PupDaddy @ Methuselah (Pittsfield, MA)

Friday, January 17, 2025

5:30 PM - 6:30 PM Q-MoB Fitness: FREE Functional Movement Boot Camp (Lee, MA)

Saturday, January 18, 2025

10:00 AM - 2:00 PM Q-MoB Board Strategic Planning Retreat & Potluck Brunch (Otis, MA)

4:30 PM - 6:30 PM NEW Q-MoB Queer Men's Speed Dating @ Hot Plate Brewing (Pittsfield, MA)

Sunday, January 19, 2025

10:00 AM - 12:00 PM Q-MoB Coffee Klatch @ Six Depot (W. Stockbridge, MA)

10:00 AM - 12:00 PM Q-MoB Queer Men's Coffee Klatch @ Euphoria (Troy, NY)

12:00 PM - 1:00 PM Q-MoB Walking Group 3rd Sunday: Historic West Stockbridge, MA

Monday, January 20, 2025

7:00 AM - 9:00 PM FREE Queer Men's Self-Care MLK Day Retreat @ Kripalu (Stockbridge, MA)

Saturday, January 25, 2025

11:00 AM - 12:30 PM Q-MoB Easy Hike: Greylock Glen & Gorge (Adams, MA)

1:30 PM - 3:00 PM Q-MoB Queer Men's Networking Dinner @ Freight Yard Pub (North Adams, MA)

Sunday, January 26, 2025

10:00 AM - 12:00 PM Q-MoB NEW Queer Men's Coffee Klatch: Store @ 5 Corners (Williamstown, MA)

10:00 AM - 12:00 PM Queer Men's Coffee Klatch @ ILSE Coffee (N. Canaan, CT)

11:00 AM - 2:00 PM Q-MoB/BQLP Potluck Brunch for New Year @ White House (Great Barrington, MA)

12:00 PM - 1:00 PM Q-MoB Walking Group: Historic Williamstown, MA

Tuesday, January 28, 2025

6:30 PM - 8:00 PM Queer Men's Aging Well Peer Support Group 4th Tues (Pittsfield, MA)

Thursday, January 30, 2025

6:00 PM - 8:00 PM Q-MoB @ Revolutionary Film "Uncharitable" @ Mahaiwe (Great Barrington, MA)

Saturday, February 1, 2025

10:00 AM - 12:00 PM NEW Q-MoB Queer Men's Coffee Klatch @ Dotties (Pittsfield, MA)

12:00 PM - 1:00 PM Q-MoB Walking Group: Historic Pittsfield, MA
