

PRE AND POST HYDRAFACIAL

Pre HydraFacial

- Avoid excess sun exposure and use SPF30 during the day.
- NO tanning 1 week before treatment
- NO exfoliants (salicylic acid, scrubs) 2 days before treatment.
- NO chemical peels or laser 2 weeks before treatment
- Discontinue use of Tretinoin type products (Renova, Tretinoin, Retin A, Retin A Micro, Tri-Luma, Solage, etc.) at least 3 days before treatment.
- Discontinue use of Hydroquinone 2-3 days before treatment.
- Notify the center if you develop a cold sore, acne, open lesions in the area being treated, or experience any type of illness before your treatment.
- Shaving is not recommended before treatment ; Please do so 24 hours before if needed.
- Wait 2 weeks after Botox and filler treatments to have a HydraFacial treatment.
- **Botox and filler may be done on the same day, but only after HydraFacial treatment.**

Post HydraFacial

- Avoid any exfoliation for 48 hours post-treatment.
- To keep the area clean and free of sweat: avoid workouts and saunas for 24 hours.
- Use a light wash only for 48 hours
- Avoid Retin-A for 2 days following treatment.
- Avoid sun exposure and use SPF30 or higher for atleast 3 days post treatment
- DO NOT use tanning beds for 5 days.
- Makeup may be applied the day after treatment.