

LEADERSHIP UNBRIDLED:

HARNESSING EMOTIONAL INTELLIGENCE THROUGH THE POWER OF HORSES

www.janiscooper.com

This immersive workshop, designed for business leaders and managers, offers a unique approach to personal and professional development. Through the wisdom of equine facilitated learning, you'll unlock your authentic leadership potential, gaining profound insights into emotional intelligence and its impact on personal and professional success.

WHY HORSES?

Horses provide instant, unfiltered feedback, respond to your internal energy state, reveal unconscious leadership patterns and create transformative learning experiences that accelerate change.

BENEFITS

Personalized Insights

Harness the intuitive feedback of horses to identify your unconscious communication barriers and develop emotional regulation skills, leading to increased self-awareness and trust within your team.

Interpersonal Dynamics

Learn non-verbal communication techniques, and develop practical strategies for building trust and navigating complex interpersonal dynamics.

Leadership Transformation

Practice adaptive leadership approaches, receive real-time, judgment-free feedback, and develop emotional agility, allowing you to lead with greater authenticity and impact.

A Transformative Journey

Go beyond traditional training. This workshop takes place at Wisdom Horse and Stepping Stones Farm, a serene countryside setting in New Hampshire.

No prior horse experience is necessary. No riding is involved.



REGISTER NOW

janiscooper.com/workshop



APRIL 22, 2025
9:00AM - 4:30PM

LOCATION

- Wisdom Horse located at Stepping Stones Farm, Temple, NH
- 50 minutes from Manchester, NH, 1 hour from Worcester, MA and Brattleboro, VT, and 90 minutes from Boston

WHO SHOULD ATTEND?

- Emerging Leaders
- HR Professionals
- Change Management Specialists
- Anyone committed to personal growth and developing their leadership skills

COST

- \$495 per person
- Includes a personalized 14-page Emotional Intelligence assessment & report, workbook, food & beverage
- Visit our website for more information



JANIS COOPER

Janis Cooper, a seasoned corporate and non-profit leader, brings over 25 years of leadership experience to this workshop. She is passionate about unlocking potential and creating transformative learning experiences. Janis holds multiple Equine Facilitation Learning, coaching, and assessment certifications.

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