

Our Services

Elite Diagnostics, Natural Treatment



The REMS advantage

We believe better bones start with a better diagnosis. REMS provides the most accurate and comprehensive information about your bones that is currently available. For people who want to be on the cutting edge, there is no other option in Greensboro.

Clients are encouraged, but not required, to get a baseline scan at the start of their membership, and a follow-up 6mos to a year later.

Osteogenic Loading with the BioDensity System

Osteogenic loading is an exercise protocol based on Wolff's Law, which states that bone, subjected to regular heavy loading, will remodel to become denser and stronger.

BioDensity is a safe and controlled approach that uses static resistance to achieve the benefits of high impact activity without the risks of impact or dynamic movements, making it ideal for people with joint issues.

Because clients use their own strength to load their bones, they are protected by neural inhibition, the body's defense mechanism which limits the muscles to what the bones can handle.

Once-weekly, 15-min BioDensity sessions are shown to improve bone density, as well as lipids and blood sugar (A1C) measurements in type 2 diabetics. Improving strength often improves or resolves chronic joint pain by stabilizing the joint.

Other modalities

Red Light Therapy – improves recovery, healing, energy, skin, overall well-being.

PEMF Therapy – improves microcirculation, healing, recovery.

Avacen – improves microcirculation, relaxation, joint pain, body temperature