



Community Mental Health Associates, LLC  
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## **Intensive Mental Health Resource Guide**

**24 hour Texting Service: “741741”**

**24 Hour Crisis Hotline and Sexual Assault Support**

1.800.273.8255

Text “ANSWER” to 839863

**24 Hour Anne Arundel County Crisis Response**

410.768.5522

**Arundel Lodge**

[www.arundellodge.org](http://www.arundellodge.org)

443.433.5900

**Bay Area Behavioral Health**

410.315.9350

[www.bayareabehavioralhealth.net](http://www.bayareabehavioralhealth.net)

**Board of Child Care**

410.590.9011

[www.boardofchildcare.org](http://www.boardofchildcare.org)

**Spectrum Behavioral Health**

410.757.2077

[www.spectrum-behavioral.com](http://www.spectrum-behavioral.com)