

Referral Directory

Community Mental Health Associates

Individual, Family, Couples, Group Therapy

Intellectual & Behavioral Assessments

410.756.0035

cmhahelps.com

scheduling@cmhahelps.com

Psychiatry (Medication)

Dr. Caroline Poblete: Child and Adolescent Psychiatry 410.461.3760

Dr. Taylor Scott: Child and Adolescent Psychiatry 443.494.9696

Dr. Michael Labellarte: All ages 410.979.2326

Parent Communication Coaching

Dr. Judi Grunwald

410.756.0035

Drjudithgrunwald@gmail.com

Outpatient Addiction Specialist

Jerry Januszewski 410.793.1671

John Norris 301.710.9395

Christy Arbogast 443.775.3514

Acupuncture

Complete Care Acupuncture 410.697.1235 press 0: ask for Mia
completecareacupuncture.com

Inpatient Mental Health Facilities

Adventist health care 800-204-8600

Sheppard Pratt Retreat: All ages 410-938-3000

Johns Hopkins: Child and Adolescent Psychiatry 410-955-5335

Newport Academy (Outpatient Day Hospital) 855-664-0610