






<u>Adult and Child CPR</u> 1 Years Old +	How to Check	Corrective Actions
1. Check Responsiveness	SCENE SAFETY! Shake and tap the person. If he/she does not respond... 	Call 911 or other local emergency number.
2. Check Breathing	Look for signs of life..... adequate breathing, movement and skin color. If not breathing...  	BEGIN CPR!
3. Begin CPR	Place two hands in the center of the chest.  	Perform 30 chest compressions and 2 breaths. Compress the chest 1 ½ - 2 inches (adult) / 1 – 1 ½ inches (child). After 2 minute, repeat steps 2 and 3 until patient is breathing on their own.

If an AED is available, apply it as soon as you determine the patient is not breathing and the airway is clear (allowing air to pass).

0-7 years old use “**Pediatric**” Pads
8+ years old use “**Adult**” pads

If only “**Adult**” pads are available, they can be used on a child 0-7 years old. One pad goes on the front and one on the back of the patient.

Continue these steps until help arrives or the patient begins to breathe on his/her own.