

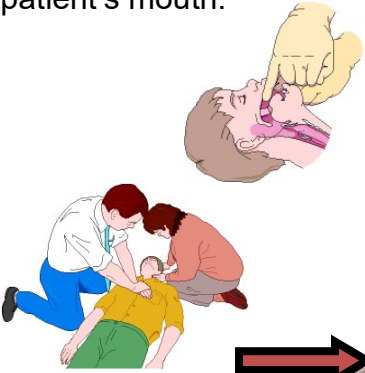


<u>ADULT & CHILD CHOKING</u> (Conscious) 1 Year Old +	How to Check	Corrective Actions
1. Identify Yourself	Ask if he/she is choking. If they cannot speak... 	Call 911 or other local emergency number. Get behind the person, cup your fist, place it over their navel and give them 5 thrusts, in a scooping motion (Heimlich Maneuver). Continue until the object comes out or he/she becomes unconscious.

<u>ADULT & CHILD CHOKING</u> (Unconscious) 1 Year Old +	How to Check	Corrective Actions
1. Check Responsiveness	SCENE SAFETY! Shake and tap the person. If he/she does not respond...	Call 911 or other local emergency number.
2. Check Breathing 	Open the Airway (Head Tilt/Chin Lift). Look, listen and feel for breaths. If he/she is not breathing...	Attempt 2 breaths. If they do not go in, re-adjust the head and try again. If they do not go in proceed to step 3.
3. Clearing The Airway	Check for an object in the patient's mouth. 	Perform 30 chest compressions. Compress the chest 1 ½ - 2 inches (adult), 1 – 1 ½ inches (child). Check the mouth for an object and attempt 2 breaths. Continue this step until the patient begins to breathe on their own. Do not use an AED on the patient until the airway is clear and he/she is still not breathing.

Continue these steps until help arrives or the patient begins to breathe on their own.