| INFANT CHOKING | How to Check | Corrective Actions |
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| (Conscious) Under 1 Year Old | | |
| 1 Identify Yourself | Check skin color and see if any noise is made while crying. If he/she appears to not be passing air | Call 911 or other local emergency number. Cradle the infant on your forearm face-down with the head tilted towards the floor. Give 5 back blows between the shoulder blades. Then flip the baby over onto their back and perform 5 chest compressions with two fingers between the nipples. Push ½ - 1 inch in depth. Continue this series of steps until the object comes out or the infant becomes unconscious. |
| 2. When Unconscious | Open the airway using the Head Tilt / Chin Lift. Check for breathing. If not breathing, attempt to give 2 slow, shallow breaths. Cover the infant's mouth and nose with your mouth. If the breaths do not go in, readjust the head and try again. If the breaths still do not go in | Begin CPR. Place two fingers between the nipples and push ½ - 1 inch in depth. Perform 30 chest compressions. Check for an object in the mouth. If no object, attempt 2 breaths. Continue until the patient is breathing on their own. |

Continue these steps until help arrives or the patient begins to breathe on his/her own.