

NEON TANNING STUDIOS Spray Tan Preparation

70% of the results of your spray tan comes down to your preparation & aftercare. Please read & follow this information carefully.

1-2 weeks before your spray tan

- Avoid tanning in the sun and especially avoid burning. If you have sunburnt skin, your spray tan will peel off those areas.
- If you have tan lines, a spray tan will not even this out - tanned areas will still be darker than untanned areas.
- Regularly exfoliate and moisturize your body to get your skin in optimum condition.

What to do just before your tan:

- Exfoliate and carry out any hair removal at least 24 hours before your appointment.
- Ensure all old tan residue is removed. You must not have any remaining tan on for your appointment.
- On the day of your spray tan, don't wear any makeup, perfume, deodorant or body lotion/moisturiser. The tan can react with these cosmetics.
- Just before your spray tan we will apply a barrier cream to hydrate dryer parts of your body such as the wrists, knuckles, ankles and knees to prevent tan building there.
- Do not shower just before your appointment, give your skin at least 3-4 hours so your PH & natural oils are rebalanced,.

What to wear to your appointment :

- Wear loose dark clothing and slip on shoes to your appointment. Avoid socks, trainers and all tight clothing. Guide colour will transfer onto light clothing and tight items will disturb the tan. We recommend long sleeves and long trousers to prevent tan touching surfaces.
- We recommend not wearing a bra to your appointment and also keeping it off until after you have rinsed off the guide colour.
- We will provide stick on feet, disposable pants and a hair net for you to wear.

What to do after your appointment :

- Rinse off the guide colour, after the recommend time & do not exceed. This risks over development and brassy tones. After this first rinse, your tan will continue to develop for up to 24 hours.
- Keep your skin as hydrated as possible. Moisturise daily to make your tan last. We recommend Tan Extenders which are alcohol free and made by tanners, for tanners!
- Shower using just medium temperature water and rinse until the water runs clear. No soaps for the first rinse. After the shower, only pat lightly with the towel, do not rub.
- Don't touch your tan while it is developing. Don't get it wet and avoid sweating until after your first rinse.
- Things which will make your tan fade faster include, pools , oil based products, moisturisers with high alcohol content.
- When the tan starts to fade, regularly exfoliate to remove old tan residue.