

ARID RECOVERY HOMES

Established in 1976, ARID is a charitable non-profit organization committed to providing short to midterm residency in an alcohol and drug-free environment. ARID was formed because a suitable place to live and recover did not exist for individuals who have decided to lead a life without the use of alcohol or drugs. Now, ARID operates three homes; one in Thorold, one in Fort Erie and now a new ARID's WISH (Women's Interim Supportive Home) for women. The residents live with a minimum amount of supervision but have access to counselors and staff who are familiar with the problems associated with recovery.

Offering a safe, supportive living environment for individuals looking for recovery and support to help them overcome addictions.

UPCOMING EVENTS

May 29, 2021
WalkAthon
Online



Let me start off by saying this year of 2020 has been interesting. I have seen lots of good things come from COVID-19. More restrictions than our usual program due to congregate living setting have been put in place by public health. I feel it has made residents at the house less outside focused and distracted than usual. It has allowed for the clients put more effort into the recovery journey. We have an average stay from 3-9 months it gives them a chance to take a good look at themselves. Treatment options opened online so it makes it accessible for our residents if it is needed. Now for disadvantages from COVID-19. Zoom meetings have taken over the majority of the 12 step meetings to keep everyone safe and do not get to experience the fellowship in the same way. Not being able to see family and friends as much from restrictions from guidelines from the government for physical distancing. This year has been especially hard for everyone with not having able to have outside support like before. We have a few people that help with donations and volunteering with us. Our residents could always benefit from a monetary donation for toiletries no matter the size. I see firsthand how all donations benefit the residents. I find working at ARID so rewarding. I have been around addictions my whole life from many family members. I am happy to help residents that need a little help in a better direction and learn a new way. I have learned so many things from them too, including cooking and being more grateful in my own life. I am looking forward to seeing more growth within myself and with residents as time moves forward.

Thank you

Christine Kinghorn

Support Worker,

Arid's WISH Home



Randy's Story

Thanks to ARID.



In March of 2020, I was going through a difficult break up, and Covid-19 hit Canada. With the meetings closed down, I started going on a dry-drunk. My Character Defects were coming to the forefront, it was only a matter of time before I drank, or drugged.

In mid-May everything came to a head. I was living in Cobalt, Ontario Attending 3 SKYPE AA meetings, and 2 SKYPE NA meetings per-week. My Ex, and I were turning them into a battleground.

I called a friend in Niagara Falls, and told her what was going on. She told me about ARID house in Fort Erie.

Surprisingly I was accepted June 1, 2020. ARID offered the support, and help to get me back on track. House meetings, Zoom Meetings, and one on one counseling, and just a small start to what ARID has to offer. Since coming to ARID I have renewed myself in the program, working with the guys/staff in the house is Amazing. I was able to work my 4th & 5th steps with my sponcer, with support, and help from staff, & clients of ARID house.

Thanks to ARID house I have hope for my future

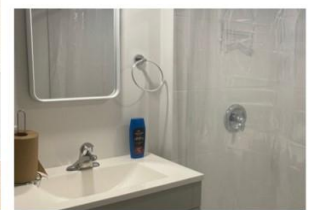
ARID IN 2020



Visit niagararegion.ca/health for up-to-date COVID-19 information.



ARID RENO'S





SPECIAL THANKS TO:

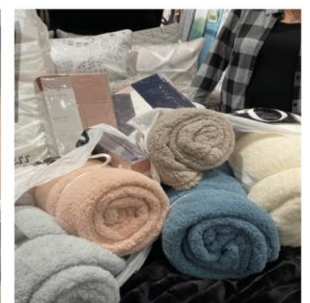
GOLDEN NUGGET: The clients volunteer once a week representing Arid in the community. Our Kitchen at Arid was renovated with money from OCGA. We had to lay-off our part time staff in Fort Erie (due to Covid-19) because there were no bingos. Now that Bingo is up and running, even without volunteers on site... we were able to bring that staff back and not reduce much needed staff hours.

Q.E. QUILTS: This beautiful company donated quilts and blankets to the WISH house at Christmas.

NO FRILLS: Jesse & Kelly, has always supported Arid in Fort Erie. From our weekly food runs <with amazing prices> to donating to our many fundraisers.



Q.E. HOME



Thank you to...

The ToolBox Project
for donating
stocking stuffers for
the boys at Arid.





CONTACT US:

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