




# **“SECRETS” GUIDE FOR ADULTS**



**GUARDIAN KIDS**  
EMPOWERING CHILDREN

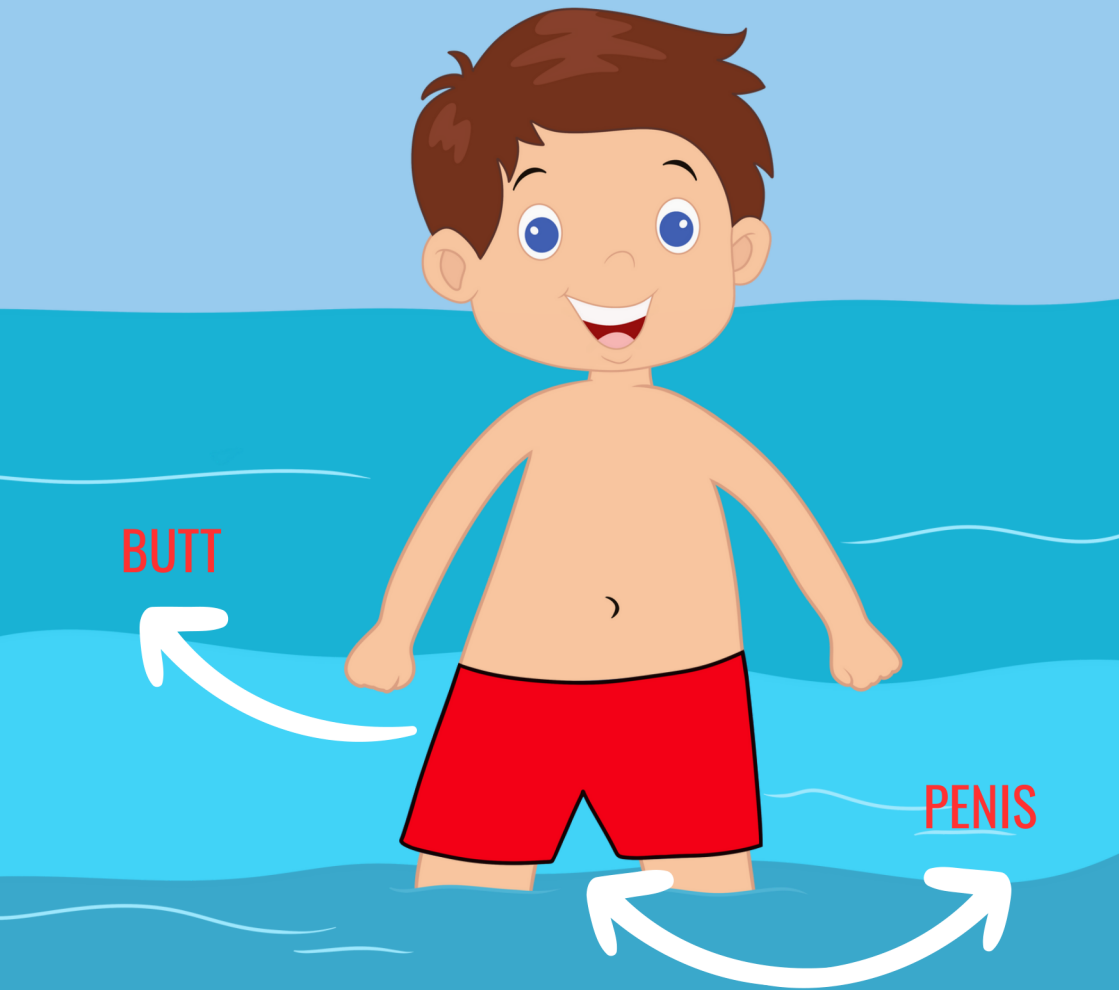
Recommended for ages 5 to 10.



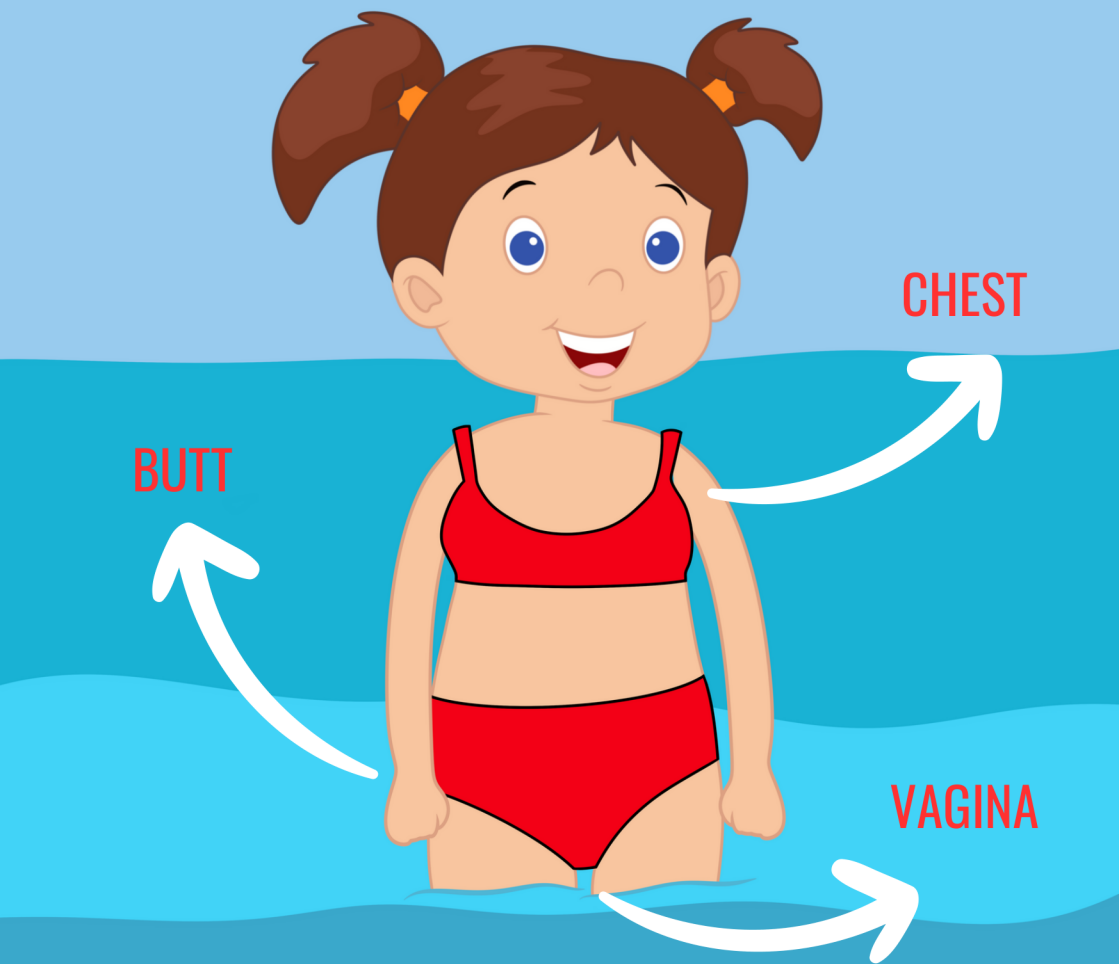
**Recommended for children from 5 to 10 years old in primary grade. We recommend using the appropriate private part name as soon as possible. It is up to your discretion as parents to decide when to introduce this vocabulary to your children, which is why we have attached several images for the appropriate ages.**



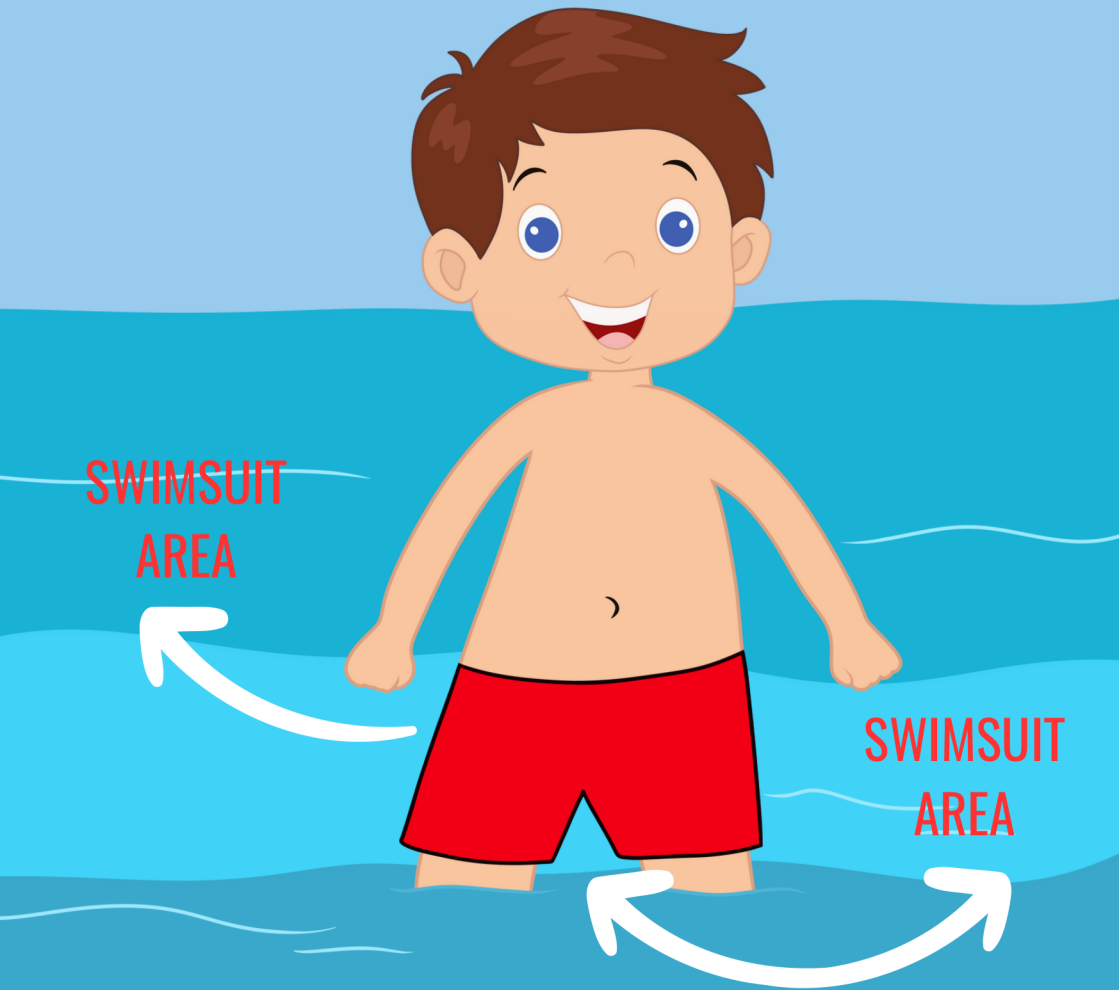
**GUARDIAN KIDS**  
EMPOWERING CHILDREN



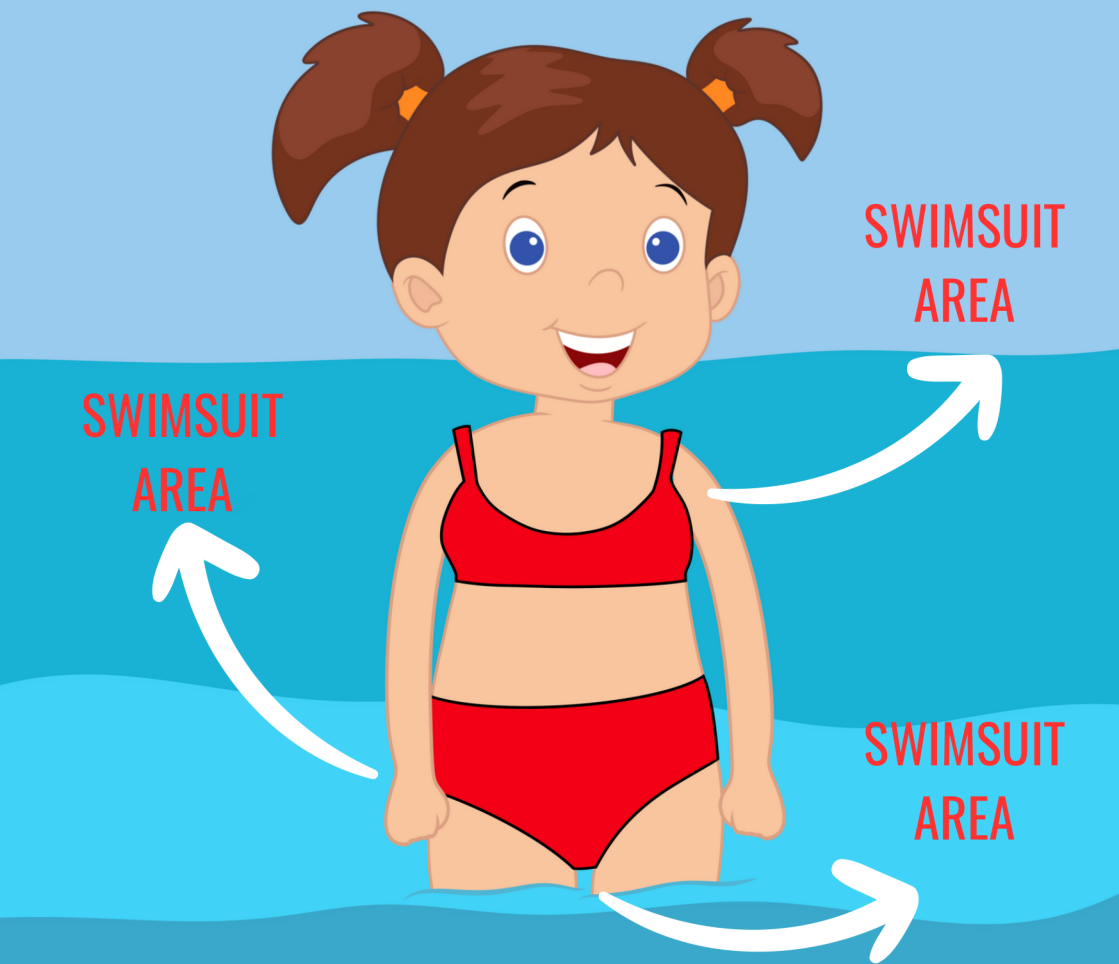
**NO ONE** should look at, take pictures of, or touch our private parts (the parts our swimsuit covers). or make us look at or touch your private parts. If this happens say **NO!** Walk away and tell a trusted adult.



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# I'M GOING TO SHOW YOU 4 SELF-PROTECTION RULES.

These rules are about your private parts. The parts that your swimsuit or underwear covers. Although they are different, both boys and girls have them.

- 1 There is Safe Physical Contact such as a side hug or fist shake. Then there are the confusing touches, like when someone tries to tickle you.



- 2 If someone wants to touch your private parts and asks you to keep a bad secret, or if someone scares you or threatens you by touching your private parts or theirs. Say NO!!!! Get out of there and tell a trusted adult.

Los secretos son malos cuando te hacen sentir incómodo o triste.

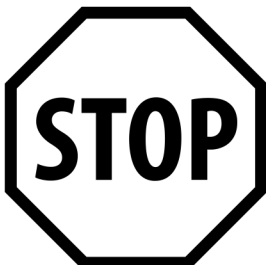
Si los secretos son malos, nunca se deben guardar silencio.

- 3 A trusted adult is someone who can help you, like mom, dad, a teacher, or a police officer. (If they are not the ones asking you to keep bad secrets). If you've told a trusted adult and nothing changes, tell another trusted adult until the bad secrets stop.



- 1) No stranger. 2) Trusted person such as a teacher, neighbor, babysitter, church friend, coach, or church leaders. 3) No family member. Mom, Dad, Uncle, Aunt, Brother or sister, NO ONE!!

NO ONE should touch, look at, video or take photographs of your private parts or ask you to touch theirs with any part of your body.



Learning these rules is very important.  
You have the power to say NO!!!! And tell a trusted adult

# QUESTIONS



1

What are the private parts of a child?

(If it is a boy) (Swimsuit area, Penis, Butt)

(If it is a girl) (Swimsuit area, vagina, chest, butt)

*\*We recommend using the first name of private parties as soon as possible, it is at your discretion*

2

Is it okay for you to touch or see other people's private parts? (NO)

3

Is it okay for people other than a doctor to touch you or see your private parts when your parents are present? (NO)

4

Give me an example of Safe Physical Contact? (These make us feel cared for and safe, like high fives, safe hugs, pats on the back)

5

Give me an example of a confusing Physical Contact? (This is when someone tries to look at, touch, or take a photo of our private parts (the area of our body that our swimsuit covers) or make us look at or touch their private parts.

6

What do you do if someone touches you or tries to touch you in your private parts or tries to make you touch their private parts. (Shout, "NO!!", tell a trusted Adult, Call 911)