

# ACRO TOTS

Tuesday 4:15 w/ Nicole

Wednesday 6:15 w/ Nicole

Friday 4:30 w/ Triniti

Saturday 9:00 w/ Heather

**Tights:** Stirrup Tights, That match your skintone

**Shoes:** Barefoot

**Hair:** High, Right Side Ponytail

**Take Five Dance June Recital 2026: Be Legendary**



## GREEN MEASURING CHART

GIRLS' & WOMEN'S SIZES (W)

INCHES	XSG	SG	IG	MG	LG	XLG	XXLG
BUST	22 - 24	24 - 26	26 - 28	28 - 31	31 - 33	33 - 36	36 - 40
WAIST	22 - 23	23 - 24	24 - 25	25 - 27	27 - 29	29 - 32	32 - 35
HIPS	23 - 25	25 - 27	27 - 29	29 - 32	32 - 36	36 - 39	39 - 41
GIRTH	36 - 40	40 - 44	44 - 47	47 - 51	51 - 55	55 - 60	57 - 62

# ACRO TOTS

Thursday 4:15 w/ Pam

**Tights:** Stirrup Tights, That match your skintone

**Shoes:** Barefoot

**Hair:** High, Right Side Ponytail

**Take Five Dance June Recital 2026: Be Legendary**



## RED MEASURING CHART

GIRLS' & WOMEN'S SIZES (R)

INCHES	XSG	SG	MC	LC	XLG	XXLG
BUST	21 - 23	24 - 26	27 - 29	30 - 32	33 - 35	35 - 37
WAIST	18 - 20	21 - 22	23 - 24	25 - 26	27 - 30	31 - 34
HIPS	22 - 24	25 - 27	28 - 30	31 - 33	34 - 37	38 - 40
GIRTH	37 - 39	40 - 43	44 - 48	49 - 52	53 - 55	56 - 58

# PRIMARY ACRO

Tuesday 4:15 w/ Pam

Thursday 6:15 w/ Pam

Friday 6:30 w/ Nicole

Saturday 8:00 w/ Krystina

**Tights:** Stirrup Tights, That match your skintone

**Shoes:** Barefoot

**Hair:** High, Right Side Ponytail

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## PURPLE MEASURING CHART

GIRLS' & WOMEN'S SIZES (AWGT)

INCHES	XSG	SG	ISG	MG	IMG	LG	XLG	XXLG	SA	MA	LA	XLA	XXLA
BUST	21-23	23-26	25-27	26-29	27-30	29-32	34-36	36-38	32-34	34-37	37-40	40-44	44-47
WAIST	20-22	22-24	22-24	23-24	23-25	24-26	30-33	34-37	23-25	25-28	28-31	31-35	35-38
HIPS	21-23	23-28	25-29	28-30	30-32	30-34	36-38	38-40	34-36	36-39	39-42	42-46	46-49
GIRTH	38-40	40-44	42-46	44-48	47-51	48-54	54-56	57-59	54-57	57-60	60-63	63-66	66-69

# PRIMARY ACRO

Wednesday 6:15 w/ Heather    Saturday 10:00 w/ Heather

**Tights:** Stirrup Tights, That match your skintone

**Shoes:** Barefoot

**Hair:** High Ponytail

**Take Five Dance June Recital 2026: Be Legendary**



## GREEN MEASURING CHART

GIRLS' & WOMEN'S SIZES (W)

INCHES	XSC	SC	IC	MC	LC	XLC	XXLC
BUST	22 - 24	24 - 26	26 - 28	28 - 31	31 - 33	33 - 36	36 - 40
WAIST	22 - 23	23 - 24	24 - 25	25 - 27	27 - 29	29 - 32	32 - 35
HIPS	23 - 25	25 - 27	27 - 29	29 - 32	32 - 36	36 - 39	39 - 41
GIRTH	36 - 40	40 - 44	44 - 47	47 - 51	51 - 55	55 - 60	57 - 62



# ACRO A

Monday 6:15 w/ Sarah    Tuesday 8:15 w/ Haley    Wednesday 7:15 w/ Heather  
Thursday 7:15 w/ Heather    Saturday 11:00 w/ Heather

**Tights:** Stirrup Tights, That match your skintone

**Shoes:** Barefoot

**Hair:** Low Bun, Center Part

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## GREEN MEASURING CHART

GIRLS' & WOMEN'S SIZES (W)

INCHES	XSC	SC	IC	MC	LC	XLC	XXLC		SA	MA	LA	XLA	XXLA
BUST	22 - 24	24 - 26	26 - 28	28 - 31	31 - 33	33 - 36	36 - 40		33 - 36	36 - 38	38 - 41	41 - 45	45 - 50
WAIST	22 - 23	23 - 24	24 - 25	25 - 27	27 - 29	29 - 32	32 - 35		25 - 28	28 - 30	30 - 33	33 - 37	37 - 41
HIPS	23 - 25	25 - 27	27 - 29	29 - 32	32 - 36	36 - 39	39 - 41		34 - 37	37 - 40	40 - 43	43 - 47	47 - 51
GIRTH	36 - 40	40 - 44	44 - 47	47 - 51	51 - 55	55 - 60	57 - 62		56 - 60	60 - 63	63 - 66	66 - 69	69 - 72

# ACRO B

Monday 7:15 w/ Sarah

Tuesday 7:15 w/ Haley

Wednesday 8:15 w/ Heather

**Tights:** Stir-up Tights, Match Your Skin Tone

**Shoes:** Barefoot

**Hair:** Low Bun, Center Part

**Take Five Dance June Recital 2026: Be Legendary**



## GREEN MEASURING CHART

GIRLS' & WOMEN'S SIZES (W)

INCHES	XSC	SC	IC	MC	LC	XLC	XXLC		SA	MA	LA	XLA	XXLA
BUST	22 - 24	24 - 26	26 - 28	28 - 31	31 - 33	33 - 36	36 - 40		33 - 36	36 - 38	38 - 41	41 - 45	45 - 50
WAIST	22 - 23	23 - 24	24 - 25	25 - 27	27 - 29	29 - 32	32 - 35		25 - 28	28 - 30	30 - 33	33 - 37	37 - 41
HIPS	23 - 25	25 - 27	27 - 29	29 - 32	32 - 36	36 - 39	39 - 41		34 - 37	37 - 40	40 - 43	43 - 47	47 - 51
GIRTH	36 - 40	40 - 44	44 - 47	47 - 51	51 - 55	55 - 60	57 - 62		56 - 60	60 - 63	63 - 66	66 - 69	69 - 72

# ACRO C

Monday 8:15 w/ Kristin    Tuesday 7:15 w/ CJ    Thursday 8:15 w/ Kristin

**Tights:** No Tights

**Shoes:** Barefoot

**Hair:** High, Right Side Ponytail

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## GREEN MEASURING CHART

GIRLS' & WOMEN'S SIZES (W)

INCHES	XSG	SG	IG	MG	LG	XLG	XXLG		SA	MA	LA	XLA	XXLA
BUST	22 - 24	24 - 26	26 - 28	28 - 31	31 - 33	33 - 36	36 - 40		33 - 36	36 - 38	38 - 41	41 - 45	45 - 50
WAIST	22 - 23	23 - 24	24 - 25	25 - 27	27 - 29	29 - 32	32 - 35		25 - 28	28 - 30	30 - 33	33 - 37	37 - 41
HIPS	23 - 25	25 - 27	27 - 29	29 - 32	32 - 36	36 - 39	39 - 41		34 - 37	37 - 40	40 - 43	43 - 47	47 - 51
GIRTH	36 - 40	40 - 44	44 - 47	47 - 51	51 - 55	55 - 60	57 - 62		56 - 60	60 - 63	63 - 66	66 - 69	69 - 72



# ACRO GREEN

Monday 6:15 w/ Kristin

**Tights:** No Tights

**Shoes:** Barefoot

**Hair:** Low Bun, Center Part

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## GREEN MEASURING CHART

GIRLS' & WOMEN'S SIZES (W)

INCHES	SG	IG	MG	LG	XLG	XXLG		SA	MA	LA	XLA
BUST	24 - 26	26 - 28	28 - 31	31 - 33	33 - 36	36 - 40		33 - 36	36 - 38	38 - 41	41 - 45
WAIST	23 - 24	24 - 25	25 - 27	27 - 29	29 - 32	32 - 35		25 - 28	28 - 30	30 - 33	33 - 37
HIPS	25 - 27	27 - 29	29 - 32	32 - 36	36 - 39	39 - 41		34 - 37	37 - 40	40 - 43	43 - 47
GIRTH	40 - 44	44 - 47	47 - 51	51 - 55	55 - 60	57 - 62		56 - 60	60 - 63	63 - 66	66 - 69