

ACRO TOTS

Tuesday 4:15 w/ Pam

Wednesday 5:15 w/ Amanda

Saturday 10:00 w/ Heather

Stir-Up Tights, That Match Your Skin Tone

Shoes: Barefoot

* See Office for Tights/Shoes Information

Hair Accessory Being Used:



RED MEASURING CHART GIRLS' & WOMEN'S SIZES (CC)

INCHES	CXS	CSM	CME	CLA	CXL
BUST	21 - 23	24 - 26	27 - 29	30 - 32	33 - 35
WAIST	18 - 20	21 - 22	23 - 24	25 - 26	27 - 29
HIPS	22 - 24	25 - 27	28 - 30	31 - 33	34 - 36
GIRTH	39 - 41	42 - 44	45 - 49	50 - 54	56 - 58

PRIMARY ACRO

Monday 4:15 w/ Heather

Saturday 9:00 w/ Heather

Stir-Up Tights, That Match Your Skin Tone

Shoes: Barefoot

* See Office for Tights/Shoes Information



RED MEASURING CHART

GIRLS' & WOMEN'S SIZES (CC)

INCHES	CSM	CME	CLA	CKL		ASM	AME	ALA	AXL	2XL
BUST	24 - 26	27 - 29	30 - 32	33 - 35		33 - 35	35 - 37	38 - 40	41 - 43	44 - 46
WAIST	21 - 22	23 - 24	25 - 26	27 - 29		23 - 25	26 - 28	29 - 31	32 - 34	35 - 37
HIPS	25 - 27	28 - 30	31 - 33	34 - 36		34 - 36	37 - 39	40 - 42	43 - 45	46 - 48
GIRTH	42 - 44	45 - 49	50 - 54	56 - 58		56 - 58	59 - 61	62 - 64	65 - 67	68 - 70

PRIMARY ACRO

Tuesday 6:15 w/ Pam

Friday 6:30 w/ Amanda

Stir-Up Tights, That Match Your Skin Tone

Shoes: Barefoot

* See Office for Tights/Shoes Information



RED MEASURING CHART GIRLS' & WOMEN'S SIZES (CC)

INCHES	CXS	CSM	CME	CLA	CXL		ASM	AME
BUST	21 - 23	24 - 26	27 - 29	30 - 32	33 - 35		33 - 35	35 - 37
WAIST	18 - 20	21 - 22	23 - 24	25 - 26	27 - 29		23 - 25	26 - 28
HIPS	22 - 24	25 - 27	28 - 30	31 - 33	34 - 36		34 - 36	37 - 39
GIRTH	39 - 41	42 - 44	45 - 49	50 - 54	56 - 58		56 - 58	59 - 61

ACRO A

Thursday 5:15 w/ Sarah

Saturday 12:00 w/ Elizabeth

Stir-Up Tights, That Match Your Skin Tone

Shoes: Barefoot

* See Office for Tights/Shoes Information



GREEN MEASURING CHART

GIRLS' & WOMEN'S SIZES (W)

INCHES	XSC	SC	IC	MC	LC	XLC	XXLC		SA	MA	LA	XLA	XXLA
BUST	22 - 24	24 - 26	26 - 28	28 - 31	31 - 33	33 - 36	36 - 40		33 - 36	36 - 38	38 - 41	41 - 45	45 - 50
WAIST	22 - 23	23 - 24	24 - 25	25 - 27	27 - 29	29 - 32	32 - 35		25 - 28	28 - 30	30 - 33	33 - 37	37 - 41
HIPS	23 - 25	25 - 27	27 - 29	29 - 32	32 - 36	36 - 39	39 - 41		34 - 37	37 - 40	40 - 43	43 - 47	47 - 51
GIRTH	36 - 40	40 - 44	44 - 47	47 - 51	51 - 55	55 - 60	57 - 62		56 - 60	60 - 63	63 - 66	66 - 69	69 - 72

ACRO A

Monday 6:15 w/ Heather

Tuesday 4:15 w/ Courtney H.

Stir-Up Tights, That Match Your Skin Tone

Shoes: Barefoot

* See Office for Tights/Shoes Information



PURPLE MEASURING CHART

GIRLS' & WOMEN'S SIZES (AWCT)

INCHES	SC	ISC	MC	IMC	LC	XLC	XXLC	SA	MA	LA	XLA	XXLA
BUST	23 - 26	25 - 27	26 - 29	27 - 30	29 - 32	34 - 36	36 - 38	32 - 34	34 - 37	37 - 40	40 - 44	44 - 47
WAIST	22 - 24	22 - 24	23 - 24	23 - 25	24 - 26	30 - 33	34 - 37	23 - 25	25 - 28	28 - 31	31 - 35	35 - 38
HIPS	23 - 28	25 - 29	28 - 30	30 - 32	30 - 34	36 - 38	38 - 40	34 - 36	36 - 39	39 - 42	42 - 46	46 - 49
GIRTH	40 - 44	42 - 46	44 - 48	47 - 51	48 - 54	54 - 56	57 - 59	54 - 57	57 - 60	60 - 63	63 - 66	66 - 69

ACRO B

Monday 7:15 w/ Sarah

Wednesday 8:15 w/ Sarah

Thursday 4:15 w/ CJ

Stir-Up Tights, That Match Your Skin Tone

Shoes: Barefoot

* See Office for Tights/Shoes Information



PURPLE MEASURING CHART

GIRLS' & WOMEN'S SIZES (AWCT)

INCHES	XSC	SC	ISC	MC	IMC	LC	XLC	XXLC	SA	MA	LA	XLA	XXLA
BUST	21-23	23-26	25-27	26-29	27-30	29-32	34-36	36-38	32-34	34-37	37-40	40-44	44-47
WAIST	20-22	22-24	22-24	23-24	23-25	24-26	30-33	34-37	23-25	25-28	28-31	31-35	35-38
HIPS	21-23	23-28	25-29	28-30	30-32	30-34	36-38	38-40	34-36	36-39	39-42	42-46	46-49
GIRTH	38-40	40-44	42-46	44-48	47-51	48-54	54-56	57-59	54-57	57-60	60-63	63-66	66-69

ACRO WHITE

Tuesday 8:15 w/ Kristin

Wednesday 6:15 w/ CJ

Thursday 7:15 w/ Sarah

Tights: None

Shoes: Barefoot



Accessory Being Used:



PURPLE MEASURING CHART

GIRLS' & WOMEN'S SIZES (AWCT)

INCHES	SC	ISC	MC	IMC	LC	XLC	XXLC	SA	MA	LA	XLA	XXLA
BUST	23 - 26	25 - 27	26 - 29	27 - 30	29 - 32	34 - 36	36 - 38	32 - 34	34 - 37	37 - 40	40 - 44	44 - 47
WAIST	22 - 24	22 - 24	23 - 24	23 - 25	24 - 26	30 - 33	34 - 37	23 - 25	25 - 28	28 - 31	31 - 35	35 - 38
HIPS	23 - 28	25 - 29	28 - 30	30 - 32	30 - 34	36 - 38	38 - 40	34 - 36	36 - 39	39 - 42	42 - 46	46 - 49
GIRTH	40 - 44	42 - 46	44 - 48	47 - 51	48 - 54	54 - 56	57 - 59	54 - 57	57 - 60	60 - 63	63 - 66	66 - 69

ACRO GREEN

Tuesday 7:15 w/ Kristin

Tights: None

Shoes: Barefoot



GREEN MEASURING CHART

GIRLS' & WOMEN'S SIZES (W)

INCHES	XSC	SC	IC	MC	LC	XLC	XXLC		SA	MA	LA	XLA	XXLA
BUST	22 - 24	24 - 26	26 - 28	28 - 31	31 - 33	33 - 36	36 - 40		33 - 36	36 - 38	38 - 41	41 - 45	45 - 50
WAIST	22 - 23	23 - 24	24 - 25	25 - 27	27 - 29	29 - 32	32 - 35		25 - 28	28 - 30	30 - 33	33 - 37	37 - 41
HIPS	23 - 25	25 - 27	27 - 29	29 - 32	32 - 36	36 - 39	39 - 41		34 - 37	37 - 40	40 - 43	43 - 47	47 - 51
GIRTH	36 - 40	40 - 44	44 - 47	47 - 51	51 - 55	55 - 60	57 - 62		56 - 60	60 - 63	63 - 66	66 - 69	69 - 72

ACRO PURPLE

Saturday 10:00 w/ Kristin

Tights: None

Shoes: Barefoot



RED MEASURING CHART

GIRLS' & WOMEN'S SIZES (CC)

INCHES	CSM	CME	CLA	ASM	AME	ALA	AXL
BUST	24 - 26	27 - 29	30 - 32	33 - 35	35 - 37	38 - 40	41 - 43
WAIST	21 - 22	23 - 24	25 - 26	23 - 25	26 - 28	29 - 31	32 - 34
HIPS	25 - 27	28 - 30	31 - 33	34 - 36	37 - 39	40 - 42	43 - 45
GIRTH	42 - 44	45 - 49	50 - 54	56 - 58	59 - 61	62 - 64	65 - 67