ANTIPASTI - Starter

ZUPPA£5.25

Fresh home-made soup served with toasted bread

BRUSCHETTA POMODORO & GRANCHIO £7.50

Duo of toasted bread with chopped tomato, basil and garlic; the other with crab and chilli

GAMBERI&RISO VENERE £9.50

King prawns cooked in light spicy cherry tomatoes sauce served with black wholemeal rice

CALAMARI&ZUCCHINE £7.95

Crispy squid and courgettes served with garlic mayonnaise

CAPRESE £ 6.50

Vine tomato, buffalo mozzarella and fresh basil finisched with extra virgin olive oil V Add avocado £ 1.50 - Add San Daniele Ham £ 2.50

BURRATA £ 6.95

Burrata cheese and rocket salad finisched with extra virgin olive oil V Add avocado £ 1.50 - Add San Daniele £ 2.50

ANTIPASTO MISTO £12 - good to share

Selection of salami, buffalo mozzarella, bruschetta with chopped tomatoes, grilled vegetables

Add San Daniele Ham £ 2.50

BELLA&BUONA £19.95 ~ good to share

Pizza stuffed with mozzarella, cooked ham and tomato sauce served with mixed salad, San Daniele Ham and buffalo mozzarella

PRIMIPIATTI - Pasta Main

LASAGNA £12.50

Meat lasagna with Bolognese sauce, mozzarella, besciamella and Parmigiano

TORTELLON £12.95

Pasta filled with ricotta cheese and spinach cooked with fresh cherry tomatoes finished with Parmigiano V

GNOCCHI BROCCOLI ESALSICCIA £ 13.50

Potato dumplings cooked with broccoli and fennel sausage finished with Parmigiano

Add cream £0.45

CARBONARA £13.95

Pasta cooked with pancetta, egg, cream and Parmigiano

CAPPELLA ROMANA £ 13.50

Tagliatelle pasta cooked in a cherry tomato sauce, wrapped in speck ham with Bolognese sauce, Parmigiano and mozzarella served with tomato sauce

FRUTTIDIMARE £ 15.50

Pasta cooked with tiger prawns, mussels, squid, fresh cherry tomatoes, garlic and fresh chilli

POMODORO £8.50

Pasta cooked in tomato sauce V

Add Bolognese sauce £ 1.95

Gluten Free option £ 1.50

SECONDIPIATTI - Main

FEGATO£16.50

Calves liver pan fried cooked with onions and white wine served with saffron mashed potatoes

SALTIMBOCCA ALLA ROMANA £ 16.95

Veal escalope "Romana Style" lined with San Daniele Ham and sage, cooked in butter and extra virgin olive oil sauce served with roasted potatoes

POLLO MILANESE E ARRABBIATA £15.50

Chicken breast breaded and pan fried with rock salt and black pepper served with pasta cooked in spicy tomatoes sauce

SPIGOLA £ 15.95

Seabass fillet cooked in white wine sauce, capers, garlic, fresh cherry tomatoes and olives served with black wholemeal rice and courgette

PESCE SPADA £ 17.50

Sword fish cooked in white wine sauce, capers, garlic, fresh cherry tomatoes and olives served with roasted potatoes and green beans

GAMBERI £15

King prawns cooked in light spicy cherry tomatoes sauce served with black wholemeal rice

PARMIGIANA £ 14.50

Fried aubergines baked with tomato sauce, basil, mozzarella and Parmigiano served with mixed salad

INSALATE - Salad

FORMAGGIODICAPRA £ 10.50

Goats cheese, baby spinach and peppers finished with extra virgin olive oil ${\sf V}$

POLLO £ 10.95

Grilled chicken breast, little gem lettuce, vine tomato and grilled peppers finished with extra virgin olive oil

BUFALAE GRIGLIATE £ 11.95

Buffalo mozzarella, grilled courgettes, grilled peppers, little gem lettuce, basil and extra virgin olive oil V

Add crispy pancetta or avocado £ 1.50

CONTORNI-Side

INSALATINA MISTA £3.50

Little gem lettuce, vine tomatoes, red onions and extra virgin olive oil ${\sf V}$

RUCOLA & PARMIGIANO £4.50

Rocket salad and shaved Parmigiano finished with extra virgin olive oil V

VERDURE GRIGLIATE £4.50

Grilled courgette, peppers and green beans and extra virgin olive oil ${\sf V}$

PATATE £4.50

Potatoes roasted with extra virgin olive oil, rosemary, salt and black pepper V

PISELLI&PANCETTA £4.50

Peas and pancetta

PIZZA

MARINARA £8.50

tomato sauce, anchovies, garlic, origano and extra virgin olive oil

MARGHERITA £8.95

tomato sauce, mozzarella, basil and extra virgin olive oil

RUSTICAPICCANTE £ 10.95

tomato sauce, mozzarella and spicy salami

CAPRICCIOSA £ 11.95

tomato sauce, mozzarella, mushrooms, artichoke, cooked ham and olives

CONTADINA £ 11.50

tomato sauce, mozzarella, courgettes, red peppers and red onions

SALSICCIA £ 12.95

tomato sauce, mozzarella, sausage, red peppers, olives and chilli

FIORENTINA £ 11.95

tomato sauce, mozzarella, baby spinach, egg and Parmigiano

GORGONZOLA £11.95

tomato sauce, gorgonzola, mozzarella and Parmigiano

CALZONE £12.95

pizza stuffed with ricotta, mozzarella, tomato sauce, cooked ham and mushrooms served with spicy tomato sauce

BELLA&BUONA £19.95

pizza stuffed with mozzarella, cooked ham and tomato sauce served with mixed salad, San Daniele Ham and buffalo mozzarella

Add San Daniele Ham, buffalo mozzarella or gorgonzola £ 2.50

Any other topping £ 1.50

Gluten Free base £ 1.50