

# Revive2Thrive Retreat Application



October 1-3, 2025 (Wednesday-Friday morning)

HollyHedge Estate | 6987 Upper York Road, New Hope, PA

## Personal Information

Full Name: \_\_\_\_\_

Preferred Name/Nickname (if any): \_\_\_\_\_

Date of Birth: Phone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Home Address: \_\_\_\_\_

## Your Journey

1. Have you received a breast cancer diagnosis (at any stage)?

☐ Yes ☐ No

(This retreat is for individuals who have had a breast cancer diagnosis.)

2. Briefly share a few words about your healing journey or why you feel called to attend:

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3. What does "thriving" mean to you right now?

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## Health & Participation

This retreat includes light movement, uneven terrain (steps, grassy areas), and optional holistic therapies.

4. Are you physically able and willing to participate in these activities with reasonable accommodations?

☐ Yes ☐ No ☐ I am not sure – please contact me to discuss

5. Any mobility limitations or health needs we should know about?

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### Medical Provider Sign-Off

Please have your provider confirm:

- You have had a breast cancer diagnosis (any stage or year)
- You are cleared to participate in light physical/holistic activities

Medical Provider Name: \_\_\_\_\_

Practice/Facility Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(\*You may attach a signed letter on letterhead instead\*)

### Optional: Anything Else You Would Like Us to Know?

### Availability + Travel

Will you be available for all 3 days (Oct 1-3, 2025)?

- ☐ Yes ☐ No (please explain):

Do you need transportation assistance?

- ☐ Yes ☐ No ☐ Maybe

### Retreat Cost

The cost to attend the Revive2Thrive Retreat is \$100.

*Please note: Payment is not due at the time of application. You will only be asked to pay once your application has been accepted.*

Space for this retreat is limited. As long as basic eligibility and required documentation are met, participants will be selected through a process designed to ensure a balanced and inclusive experience. Due to space constraints, not all applicants may be selected this round — but future opportunities will be available.

### Submit Your Application

Deadline: August 1, 2025

Submit via email to: [revive2thrivepa@gmail.com](mailto:revive2thrivepa@gmail.com)

Questions? Call us at 215-530-3122

Website: [revive2thrivepa.com](http://revive2thrivepa.com)