

DANIELLE N. ROSENSCRUGGS

Department of Psychology, University of Michigan

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EDUCATION

Ph.D., Developmental Psychology <i>The University of Michigan, Ann Arbor, MI</i> Anticipated Completion: Summer 2025	2020 – Present
M.S., Developmental Psychology <i>The University of Michigan, Ann Arbor, MI</i>	2020 – 2022
Post-Baccalaureate, Psychology <i>Portland State University, Portland, OR</i>	2019 – 2020
Master of Tourism Administration <i>The George Washington University, School of Business, Washington, DC</i>	2006 – 2007
Bachelor of Arts (Cum Laude), Marketing Communications <i>Columbia College, Chicago, IL</i>	2001 – 2004

RESEARCH INTERESTS

- Impostor Phenomenon
- Mindful Self-Compassion
- Gender Socialization
- Student Wellbeing
- Intervention Design & Evaluation
- Emerging Adulthood

HIGHLIGHTED SKILLS

Scientific: Research Design, Literature Review, Project Management, Communication, Data Visualization*Statistical Modeling:* Factor Analysis, Linear & Logistic Regression, Moderation & Mediation, Correlation*Statistical Software:* SPSS, R, MPlus, Stata**AWARDS AND GRANTS**

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| • Jonides Graduate Research Award (\$1,000) | November 2023 |
| • Barbara Oleshansky Memorial Fund Summer Research Award (\$2,000) | April 2023 |
| • Institute for Social Research Summer Program in Quantitative Methods Award (\$4,400) | March 2023 |
| • Rackham Pre-Candidate Graduate Student Research Grant (\$1,500) | September 2021 |
| • Ward Summer Research Grant (\$1,500) | May 2021 |
| • Department of Psychology Summer Research Award (\$2,000) | April 2021 |

RESEARCH EXPERIENCE

Graduate Student Researcher

August 2023 – Present

*Research on Race, Achievement, Culture, & Education (RACE) Lab – Dr. Kevin Cokley**Department of Psychology, University of Michigan, Ann Arbor*

- *Dissertation Project:* Taming the Impostor: Exploring the relationship between the impostor phenomenon and self-compassion in doctoral education (in progress)
- Provide support and feedback for lab mates on various projects related to race, academic achievement, and impostor phenomenon in the context of higher education.
- Chapter contributor (first author) on APA edited volume on the Impostor Phenomenon.
- Collaborator on multiple quantitative and qualitative projects related to experiences of minoritized students at PWI's, HBCU's, and Hispanic-serving institutions.

Graduate Student Researcher

January 2022 – December 2022

*Mood Lifters Lab – Dr. Patricia Deldin**Department of Psychology, University of Michigan, Ann Arbor*

- *Mood Lifters:* Revolutionary peer-led support program designed to help adults facing stress, difficult life situations, depression, or anxiety.
- Attended weekly Mood Lifters lab meetings and collaborated on data collection.
- Participated in Winter 2022 Mood Lifters program in preparation for Mood Lifters Leader Training

Graduate Student Researcher

August 2020 – Present

*Gender, Media, & Development Lab – Dr. Monique Ward**Department of Psychology, University of Michigan, Ann Arbor*

- *Master's Thesis:* The multidimensional internalized sexism scale: Development and initial validation of a measure of internalized sexism in women
- Provided support and feedback for lab mates on various projects related to social development, adolescent development, gender norms and stereotypes, and media.
- Collaborated on multiple review papers on gender and sexuality featured in Nature Reviews Psychology and Current Directions in Psychological Science.

Post-Baccalaureate Research Assistant

August 2019 – May 2020

*Gender, Race, and Sexual Prejudice Lab – Dr. Kimberly Kahn**Department of Psychology, Portland State University*

- Contributed to research on racial and gender bias in policing, the stigmatization of religious and ethnic groups, and stereotypes and perceptions of student-athletes.
- Assisted with research design, recruitment, data entry, transcription, and data cleaning.
- Performed secondary analysis using SPSS to investigate the relationship between gender identity centrality and trait mindfulness.
- Designed and received IRB approval for a correlational study to examine the relationship between internalized sexism, gender identity centrality, and trait mindfulness.

Post-Baccalaureate Research Assistant

August 2019 – May 2020

*Social Emotional Learning and Mindfulness Lab – Dr. Andrew Mashburn**Department of Psychology, Portland State University*

- Contributed to research on the impacts of Social Emotional Learning and Mindfulness programs on students' social-emotional, self-regulation, and well-being.
- Designed and created lab website (www.selpdx.com) and study marketing materials.
- Performed secondary data analysis using SPSS to investigate the moderating effect of gender on students' perceptions of teachers' mindful behaviors.
- Designed and received IRB approval for a longitudinal study comparing outcomes of 4-, 6-, and 8-week Mindfulness-based Stress Reduction (MBSR) courses.
- Member of MindUp Pre-K research team. Conducted assessments (e.g., Emotion Matching Task, Head-Toes-Knees-Shoulders, EF Touch, Woodcock Johnson IV).

HIGHLIGHTED TEACHING AND ACADEMIC WORK EXPERIENCE

Professional Development and Engagement Graduate Student Staff Assistant

July 2023 – Present

Rackham Graduate School, University of Michigan

- Worked directly with Rackham's Director of Professional Development and Engagement (PDE), supporting instructional design and implementation of graduate student programs.
- Primary responsibilities include creating and updating content for asynchronous Canvas workshops on professional development topics (e.g., CV writing, strategies for managing impostorism, future faculty job search topics, etc.)

Impostor Phenomenon Workshop Creator & Facilitator

August 2022 – Present

Rackham Graduate School, University of Michigan

- Designed Rackham Graduate School's impostor phenomenon workshop and accompanying 45-page participant workbook in partnership with Dr. Laura Schram, Director of Professional Development and Engagement.
- Facilitated dozens of impostor phenomenon workshops for departments and organizations across the University of Michigan campus.

DEI Graduate Student Staff Assistant

August 2022 – April 2023

Diversity, Equity, and Inclusion Certificate Program, University of Michigan

- Worked as a member of a three-person DEI Certificate Program Team to support approximately 300 program participants.
- Primary responsibilities: managing program inbox, Canvas site, Participant Dashboard, and other workshop and program materials (e.g., workshop decks, participant resources).

Graduate Student Instructor

January 2021 - December 2022

Department of Psychology, University of Michigan

- Discussion section instructor for three semesters of Psych 250: Introduction to Developmental Psychology (7 sections; 25 students per section).
- Grader for one semester of PSYCH 358: Psychology of Adolescence (150 students).
- Grader for one semester of PSYCH 111: Introduction to Psychology (75 students).
- Primary responsibilities: updating course website, creating course content, grading assignments and exams, managing student communication, and holding weekly office hours.

Teaching Assistant

May 2019 – August 2019

Department of Psychology, Portland State University

- Supported Dr. David Hall's Psych 200: Psychology as a Natural Science course.
- Graded written assignments and quizzes and collaborated on exam creation.
- Assisted students with course portal, discussions, course content, and assignments.

PUBLICATIONS, PRESENTATIONS AND WORKSHOPS

Publications

Rosenscruggs, D., & Schram, L. (2024). Research-Based Strategies for Combatting the Impostor Phenomenon in Higher Education. In K. Cokley (Ed.), *The impostor phenomenon: Psychological research, theory, and interventions*. American Psychological Association.

Ward, L.M., Stevens Aubrey, J., Bridgewater, E., & **Rosenscruggs, D.** (in press). What becomes of the Pretty Princess? Childhood Disney princess engagement and affinity and women's appearance and relationship conceptions in late adolescence. In S. J. T. Hust, J. F. Willoughby, and R. Ortiz (Ed.), *Teens, sex, and media: Understanding media impact on adolescent sexuality, sexual health, and advocacy*. Routledge, Taylor & Francis Group.

Ward, L. M., Daniels, E. A., Zurbriggen, E. L., & **Rosenscruggs, D.** (2023). The sources and consequences of sexual objectification. *Nature Reviews Psychology*, 1-18.

Kayser, J., Hu, R. X., **Rosenscruggs, D.**, Li, L., & Xiang, X. (2022). A systematic review of the impact of select mindfulness interventions on psychological outcomes among older adults with chronic health conditions. *Clinical Gerontologist*, 1-13.

Ward, L. M., **Rosenscruggs, D.**, & Aguinaldo, E. R. (2022). A scripted sexuality: Media, gendered sexual scripts, and their impact on our lives. *Current Directions in Psychological Science*, 31(4), 369-374.

Presentations & Workshops

Rosenscruggs, D. (accepted). *Interrogating the Clance Impostor Phenomenon Scale through a Racial Lens*. 2024 American Psychological Association Annual Conference, Division 45 – Society for the Psychological Study of Culture, Ethnicity, and Race, Seattle, WA.

Rosenscruggs, D. (2024, April). *Combating the Imposter Phenomenon in Higher Education*. Innovation/Ideation session accepted for the 2024 AAC&U Conference on General Education, Pedagogy, and Assessment, Providence, RI.

Rosenscruggs, D. (2024, March). *Taming the Impostor: Navigating the Ph.D. to Professional Job Search*. Conference workshop for the 2024 Ph.D. Connections Conference hosted by Rackham Graduate School, University of Michigan, Ann Arbor, MI.

Rosenscruggs, D. (2024, March). *The Development and Validation of the Multidimensional Internalized Sexism Scale (MISS)*. Poster accepted for the Association for Women in Psychology 2024 Annual Conference, Virtual. [Unable to attend due to schedule conflict].

- Rosenscruggs, D.** (2024, January). *Combating the Impostor Phenomenon in Higher Education*. Professional development pre-conference workshop, Student Life Professional Development Conference, University of Michigan, Ann Arbor, MI.
- Dowd, K, & Rosenscruggs, D.** (2024, January). *Writing a diversity statement*. Professional development workshop co-facilitator for the University of Michigan Diversity, Equity, and Inclusion Certificate Program, Ann Arbor, MI.
- Rosenscruggs, D.** (2023, November). *Taming the impostor: Exploring the impostor phenomenon and self-compassion in doctoral education*. Developmental psychology brown bag research talk at the University of Michigan, Ann Arbor, MI.
- Rosenscruggs, D.** (2023, November). *The impostor phenomenon in higher education*. Research talk at the November staff forum at Rackham Graduate School, University of Michigan, Ann Arbor.
- Rosenscruggs, D., & Schram, L.** (2022-2023 Academic Year). *An introduction to managing impostorism in graduate school*. Twelve (12) graduate student workshops presented across the University of Michigan campus on behalf of Rackham Graduate School, Ann Arbor, MI.
- Rosenscruggs, D., Money, E., & Kahn, K.** (2020, February). *Exploring gender differences in mindfulness and the moderating effect of gender identity centrality*. Poster presented at the Society for Personality and Social Psychology 2020 Convention, New Orleans, LA.
- Rosenscruggs, D., Choles, J., Skinner, E., Mashburn, A., & Roeser, R.** (2020, March). *Student perceptions of teachers' mindful behaviors in the middle school classroom: Gender differences and change over time*. Accepted poster for the Society for Research on Adolescence 2020 Biennial Meeting, San Diego, CA [Session canceled, COVID-19].
- Labinger, E., Choles, J., **Rosenscruggs, D.**, Tremaine, E., Adams-Wiggins, K., Hernández, M., & Mashburn, A. (2020, April). *Alignment between preschool and kindergarten teachers' beliefs and classroom practices during children's transition to kindergarten*. Poster for Early Education & Child Development Special Interest Group of American Educational Research Association Annual Meeting, San Francisco, CA [Session canceled, COVID-19].

CERTIFICATES & TRAINING, MENTORING, AND ACADEMIC SERVICE

Certificates & Training:

- Diversity, Equity, and Inclusion Certificate, Rackham Graduate School (Fall 2022 – Winter, 2024)
- MasterTrack Certificate in Social Work (Summer 2022 – Winter 2023)
- MICHR Mentoring Academy (Winter 2022 – Fall 2022)
- Motivational Interviewing Training, Wolverine Wellness (Winter 2022)
- Institute for Social Change, Rackham Program in Public Scholarship (Summer 2021)

Mentoring:

- Mentor to upper-level undergraduate student, Michigan Association of Psychological Scholars (MAPS) program (Fall 2023 – present)
- Peer leader, Institute for Social Change, Rackham Program in Public Scholarship (Summer 2023)

- Mentor to upper-level undergraduate student, Student Opportunities for AIDS/HIV Research (SOAR) program (Winter 2022 - present)
- Mentor for multiple pre-candidate Developmental Ph.D. students (Fall 2021 – present)

Academic Service:

- Student Advisory Board Member, Rackham Advocate Program (Winter 2024 – Present)
- Ph.D. Connections planning committee, Rackham Graduate School (Fall 2023 – Winter 2024)
- Diversity Recruitment committee, Developmental Psychology area (Fall 2023 – Winter 2024)
- Curriculum committee, Developmental Psychology area (Fall 2022 – Spring 2023)
- Curriculum committee, Psychology Student Academic Affairs (Fall 2022 – Spring 2023)
- Newsletter committee, Developmental Psychology area (Fall 2020 – Spring 2022)

HIGHLIGHTED NON-ACADEMIC PROFESSIONAL EXPERIENCE

Founder and Chief Event Officer

2016 – 2018

MeaningFull Events LLC & PDX Event Source, Portland, OR

- Founder and Chief Event Officer of PDX Event Source and MeaningFull Events, LLC, specializing in event planning and staffing for large-scale corporate & nonprofit events.
- Utilized 12 years of event, fundraising, and marketing experience to provide clients with the highest level of service and create unforgettable events for attendees.
- Managed a team of 60+ event contractors.

Event Operations Manager

2015 – 2016

Destination Concepts, Inc., San Diego, CA

- Planned and operated events ranging in size, scope, and industry throughout California.
- Full-service event planning, transportation, VIP coordination, team building activities, design & décor, operations, contract negotiation, and budget management.

Director of Development

2009 – 2013

Accelerate Brain Cancer Cure, Washington, DC

- Responsible for overseeing development and event portfolio, accounting for \$2.5 million in annual fundraising revenue supporting brain cancer research.
- Managed organization's grant writing and sponsorship tasks, securing more than \$500,000 annually in grants and sponsorships.