

**Mothering the Mother, Inc** is providing a one year mentorship to 3-4 doulas.

**What is expected of the mentee doula:**

- Mentee's must be local and be attending births in Milwaukee County to be eligible.
- Mentees must have a commitment to working with women from all income levels and walks of life.
- Attend an ICEA birth doula workshop (provided by Mothering the Mother) - the workshop will be split up over several sessions so that attendees will learn skills and then be able to apply them to the work they are doing.
- Attend monthly meetings/educational opportunities - this format will be used to learn from one another, share ideas, have questions answered, and are mandatory to attend in order to stay in the program. In the event a meeting/education opportunity is missed the mentee must pay \$50 to make up the missed session, or will be excused from the program.
- Be available to participate in the mentorship program for one full year. This is a commitment to yourself, your business, the community, the program, and me. (I will not invest more in you than you will invest into your commitment to this work, the program, and your fellow cohorts.)

**What can you expect of Michelle throughout the mentorship program:**

- Michelle will be available to answer your questions 24 hrs of the day as you go through the program with the exception of days/times she is physically out of town. This means if you are at a birth and have questions you can call her for help or have questions that need to be answered.
- Michelle will provide educational opportunities as outlined below to help you gain experience.
- In addition to the educational opportunities you may schedule up to one hour of in person / independent one on one assistance per month with Michelle. These appointments will normally be available on Wednesday's from 9 am to 3 pm.

**Educational Events Mentees Will Be Provided and Must Attend (in the event a meeting is missed the mentee must either pay \$40 to make up the missed meeting and compensate Michelle for her additional time, or will be excused from the program):**

1. Intro to one another and the program / Client Interviews - February
2. Prenatal Visits – March
3. Labor Support Techniques Workshop – April
4. The Postpartum Visit - May
5. Safety and Self Care – June
6. Attend a hospital childbirth education series and take notes on what was discussed, what was done well, what could have been done better, what was missing, etc – discussion will be in August
7. Perinatal mood disorders - September
8. Business Training – October
9. Website Design, Social Media, Other Advertising Help - November
10. Q&A Business Help...Getting Ready to Launch and Make Your Business Profitable....Next Steps / Steps to certification (if choosing to certify with ICEA) – January

\_\_\_\_\_As a mentee, I understand that I must attend all training opportunities provided by MTM Training and Mentoring, and if I do not I will be excused from the program.

\_\_\_\_\_As a mentee, I understand that if I miss a monthly planned event I will need to pay Michelle \$40 and make up the missed meeting.

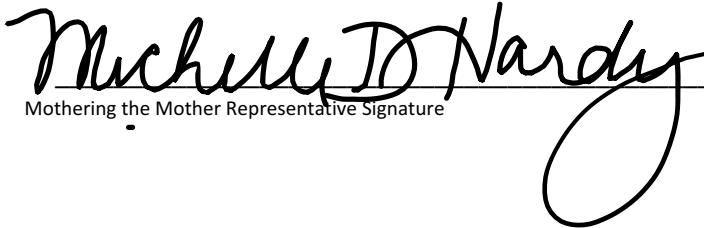
\_\_\_\_\_As a mentee, I understand that I must represent myself in a professional manner at all times, and in the event that I do not I can be released from the program at the discretion of Michelle/Mothering the Mother, Inc.

\_\_\_\_\_As a mentee, I understand that my requirements will increase as I move through the program, and I will be expected to put into play what I am learning.

\_\_\_\_\_As a mentee, I understand I will receive all necessary papers for certification with ICEA after I have completed one year of mentoring.

\_\_\_\_\_As a mentee, I understand that if I do not complete my one year commitment I will be prorated the fee for Michelle's time (this amount is equal to an ICEA doula training, \$600), and will be expected to pay \$50 for each month that I have not completed.

\_\_\_\_\_  
Signature

  
Mothering the Mother Representative Signature

\_\_\_\_\_  
Date

May 1, 2019

Date