



Dragonfly Family Fitness and Yoga, LLC

www.dragonflyfamilyfitnessandyoga.com

386-276-6386

Terms & Conditions

Effective Date: November 2025

Last Updated: November 2025

These Terms & Conditions (“Terms”) govern your use of the website, member portal, online coaching, and related services offered by **Dragonfly Family Fitness & Yoga, LLC** (“we,” “our,” “us”).

By accessing our site, using the member portal, or purchasing services, you agree to these Terms.

1. Use of Our Website & Portal

You agree to:

- Provide accurate information
- Not share your account credentials
- Use the portal only for personal, non-commercial use
- Not copy, distribute, or reproduce any content without written permission
- Notify us of unauthorized access

We reserve the right to terminate accounts that violate these terms.

2. Coaching Services Disclaimer

Our coaching services include strength training, yoga guidance, nutritional education, and wellness support. You acknowledge and agree that:

- We do **not** provide medical, diagnostic, or therapeutic treatment
- All programs carry an inherent risk of physical activity

- You are responsible for consulting a medical professional before beginning any fitness or nutrition program
- Results vary for each individual

You voluntarily assume all risks related to participation.

3. Payments, Billing, and Refunds

All payments are processed through a secure third-party processor.

By purchasing services:

- You agree to pay the listed prices
- You authorize recurring monthly billing for ongoing memberships
- Refunds are issued only in accordance with the posted refund policy
- We may update pricing with reasonable notice

4. Intellectual Property

All content, including:

- Videos
- Workouts
- Nutrition guides
- Forms
- Programs
- Branding
- Portal materials

...is the exclusive property of **Dragonfly Family Fitness & Yoga, LLC**.

You may not:

- Reuse or redistribute materials
- Record or download videos
- Share paid content with non-members

Violations may result in account removal and legal action.

5. Limitation of Liability

To the maximum extent permitted by law, we are not liable for:

- Injuries resulting from training, exercise, equipment, or health conditions
- Losses caused by improper form, use of equipment, or failure to follow instructions
- Technical interruptions or portal downtime

Your sole remedy for dissatisfaction with the site or services is to discontinue use.

6. User Conduct

You agree not to:

- Harass staff or trainers
- Upload harmful or illegal content
- Interfere with website functionality
- Attempt to access another user's account

7. Scheduling & Trainer Availability

We may adjust:

- Session times
- Group class schedules
- Assigned trainers
- Availability
- Portal content availability

We reserve the right to modify scheduling systems or technology tools.

8. Termination of Access

We may suspend or terminate your portal access for violations of these Terms, misuse of materials, inappropriate conduct, or non-payment.

9. Governing Law

These Terms are governed by the laws of the State of Oklahoma, where our business is registered.

10. Updates to Terms

We may update these Terms at any time. Updated versions will include a “Last Updated” date.

11. Contact

Questions about these Terms can be sent to:

keithdennis@dragonflyfamilyfitnessandyoga.com