

# Nambucca Birth Photographer



Information  
Booklet

# Why Hire A Birth Photographer?

## **RELIVE THE MOMENTS**

Birthing a child into this world is not easy, but it is exceptionally beautiful. Every birth is unique, challenging, and amazing. As a woman, you will also be reborn into motherhood. It doesn't matter if it's for the first or seventh time, your life will never be the same again.

You will have your strength, endurance, connections and the very first moments your baby enters this world captured for you to relive whenever you choose too. Artfully documented, compelling, gorgeous images to cherish forever.

## **FILL IN THE GAPS**

Did you know that birth hormones actually play a role in helping us to forget the experience of labour and birth? With a birth photographer by your side, capturing all of the details, you will be able to piece it together at the end.

## **LET YOUR BIRTH PARTNER FOCUS ON YOU**

Your birth partner is at your birth to care for you. Let them do their job without having to worry about grabbing a good photo at a crucial moment. Allow yourself to be wholly supported, knowing that everyone on this journey with you can focus on their job.

# Your Birth Space

Your birthing space is scared, personal, intimate and emotional. The most important thing for me, is to ensure that your space remains yours.

My goals are to support your choices, document your story and ultimately leave you feeling empowered.

I will be there for you. To capture who you are as you bring new life into the world. I aim to be as quiet and unobtrusive as possible, but I won't lie, you will feel my energy in your space. You need to like me, trust me and want me to be on this journey with you.

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My name is Sarah and I have one beautiful daughter and four gorgeous step children. My Husband and I have known each other since 1999 but we have only been a couple since 2016.

Our daughter Phoebe was born in October 2017. I was silly and uneducated. I had a vague idea of my birth plan, but I never wrote it down, or read any books, or went to an antenatal class or even watched a birth video.

Long story short, my birth didn't go as planned and I left disenchanted and unaware of the impact my poor planning would have on not only me, but my husband and my baby.

A year later I documented a birth that went exactly the way I hoped mine would go... and WOW! It was immensely healing! This is part of the reason why I think birth photography is not only beautiful, but helpful. It will allow the viewer to piece together the birth, provide clarity, healing, evoke memories that may otherwise be forgotten and just prolong the love!

I don't just love photography, I also love diving, yoga, animals, books, coffee and travelling. My family and friends are everything to me.

# The First Step



I wasn't joking when I said you need to like me. The first step, even before you make your booking is for us to meet up for a coffee and a chat. You need to know if I am someone you will be able to welcome into your birth space.

Once you are sure you want me to capture such a monumental part of your life, you will need to fill out my birth contract, intake form and pay your deposit. Once your date is secure we sit back, relax and take the time to get to know each other better!

Throughout your pregnancy I will keep in touch with you, always happy to organise a coffee date. Building a relationship is important. Closer to your EDD we will finalise your birth plan, so that I am aware of any changes and to go over all the finer details of my participation.

# Labour and Delivery

I will be on call for you from 38 weeks to 42 weeks. At the first signs of labour you or your birth partner will contact me, this will ensure that I have enough time to prepare myself!

Once active labour has begun I will need to be contacted again and this is when I will come to you. Once I arrive I will start capturing your labour and birth journey. My time with you during this stage is not limited, so if your birth goes for 4 hours or 48hrs, I'm there.

Once your baby has been welcomed earth side, I will remain with you for up to two hours, to capture all those gorgeous postpartum images.



# Frequently asked questions

## **What if I'm modest?**

This is absolutely fine! Do not let being modest hold you back from hiring a birth photographer. You just need to let me know and we can discuss all of the options over our initial meeting. There are plenty of ways we can capture your birth story while keeping things modest.

## **What about light?**

It's true, cameras need light but not much. If you prefer a dark birthing room I can create soft constant light (partially opening a curtain, turning on a light in an adjoining room, tea light candles, etc.) or I can use a flash. This is something we will also discuss during our initial meeting.

## **What happens if you miss the birth?**

There are only a few situations that would cause me to miss your birth. In the case where the birth is missed due to a fast birth, I will still arrive as soon as I can to document the postpartum period and you will receive a Fresh 48 session as a replacement.

In the event that I am unable to attend due to unforeseen circumstances on my part, you will receive a full refund.

In the event that I am not in attendance due to implications on your end, no refund will be given.

## **I'm having a C-section, will you be allowed in?**

Hopefully! Each obstetrician is different and we do need their permission. I have a letter of request from me, for you to give to your OB that should grant me access.

# Packages



## **MATERNITY**

Includes a one hour photoshoot on location or in your home. A fresh flower crown. An online viewing gallery. All edited images via digital download.

\$460

## **BIRTH**

Includes photographer on call from 38 weeks to 42 weeks. Full coverage of the birth regardless of length. Online viewing gallery. All edited images on a white leather USB in a personalised box.

\$1360

## **Newborn Lifestyle**

Includes up to two hours shoot time in your home or on location. An online viewing gallery. All edited images on a white leather USB in a personalised box.

\$460

***Booking your EDD with me requires a non-refundable on-call fee of \$360. You will also be required to sign your birth contract and fill out your intake form.***

***All other packages require a 20% deposit at the time of booking.***



*Much Love, Sarah. Xo*



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