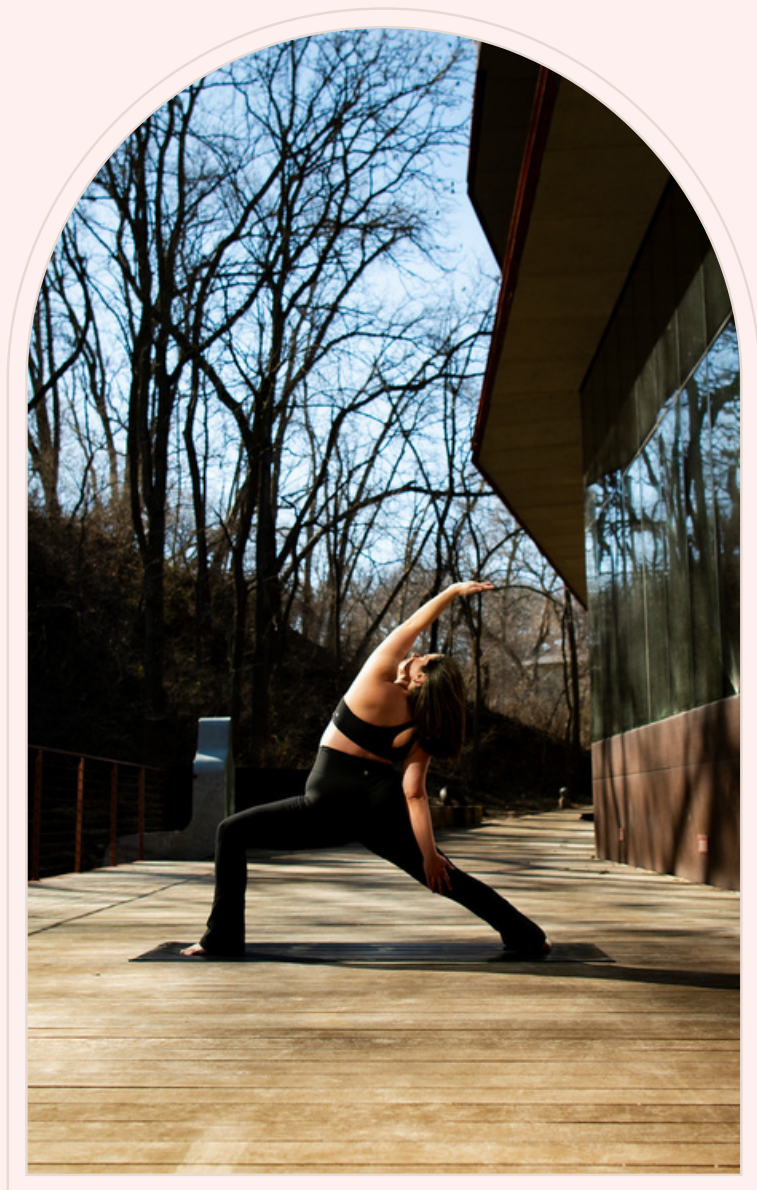


CARE TAKEN



BRIDAL *Collection*

Wedding day yoga can be a wonderful way to start the day with relaxation and mindfulness. It can help you feel centered and calm before the big event. Consider booking Alaina with Care Taken to create those blissful wedding day vibes.

WEDDING

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