

# BRAHMA BHARATI / VISHVA BRAHMA BHARATI

BB Volume 22.1 (2020) & VBB Volume 1.1 (2020)



BRAHMAN SAMAJ OF NORTH AMERICA

तमसो मा ज्योतिर्गमय

*A Combined Publication of Brahma Samaj of North America  
and Global Brahman Confederation*

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### ***Disclaimer:***

*BSNA or the Editors take no  
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## Officers of Brahman Samaj of North America (BSNA) (2020-2022 Term)

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<b>Regional Director, South Central Region</b>	Mrs. Vibha Goswami	(713) 416-3665	

## Youth Group Committee: TBD

**Note: LIST OF CHAPTERS PRESIDENTS will be published in Brahma Vani.**

## BOARD OF TRUSTEES (BOT)

Title	Name	State	Email	Duration	Current Status
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Member	Dr. Sarvajna Dwivedi	CA	<a href="mailto:sarvajnadwivedi@gmail.com">sarvajnadwivedi@gmail.com</a>	Jan 2020-Dec 2022	Active
Member	Dr. Keshav Shukla	TX	<a href="mailto:drshuklak@gmail.com">drshuklak@gmail.com</a>	Jan 2020-Dec 2022	Active
Member	Dr. Shrikant Mishra	CA	<a href="mailto:shrimishra@msn.com">shrimishra@msn.com</a>	Jan 2020-Dec 2022	Active
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## ***Message from the President of BSNA***



Dear BSNA Families and Friends,

First of all, I want to wish each and every one of you a blessed, healthy and safe year. To say this has been an extremely stressful past year for all of us is an understatement. This pandemic has brought hardships for some, like loss of jobs, lack of social interactions, balancing children's online schooling and work, while others have struggled with loneliness, stress and anxiety. But each of us – in our own way – has been able to navigate our life and that of our loved ones through these trying times, and I believe we should be proud of that as well as extremely grateful. Despite the many challenges this pandemic has brought about, we have adapted by creating new pathways to communication. Who would have thought that we would be celebrating our annual Deepavali Milan, participating in our monthly Gita Satsangs, celebrating birthdays and other milestones via Zoom? We now have the ability to "get together" when we are not in the same city, state or even country. We can take the best of what this difficult period has presented and evolve into better and more efficient individuals. As we continue to round two of Covid-19, let us not get pandemic fatigue and keep safe, and remember to wear your mask. We are grateful that the vaccination process is underway with one out of four Americans have been fully vaccinated however, it is premature for an in-person annual convention this summer especially with the new COVID-19 strains. So, the decision has been made to host a Virtual/Zoom annual convention in summer of 2021. We are grateful for the love and support of our family and friends.

BSNA Mission is to fulfill the following:

- *Preserve, Promote, Protect and Advance Brahmanic Values, Vedic Culture and Heritage*
- *Provide a platform to all Brahmans to retain their cultural identity and tradition*
- *Develop cultural awareness in youths, facilitate networking and mentoring*
- *Network, help each other and promote unity and brotherhood*
- *Endeavor to support international community from all over the world*
- *Organize Annual Convention to bring Brahmans across the globe to share their talents, expertise and experience, and define the future goals, among numerous activities for youth and adults*

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We are committed to promote youth activities and bring more youth and young families in the mainstream of BSNA. Please visit [www.bsna.org](http://www.bsna.org) for more detailed information about the activities of BSNA.

During these trying times, below shloka gives some hope and strength.

विपदि धैर्यमथाभ्युदये क्षमा, सदसि वाक्पटुता युधिविक्रमः।  
यशसि चाभिरुचिर्व्यसनं श्रुतौ, प्रकृतिसिद्धमिदं हि महात्मनाम् ॥ (हितोपदेश-सुभाषित-श्लोकाः - 1.33)

**अर्थ:** विपत्ति में धैर्य, समृद्धि में क्षमाशीलता, सभा में वाक्पटु, युद्ध में पराक्रम, यशस्वी, वेद शास्त्रों का ज्ञाता, ये छः गुण महापुरुषों में स्वाभाविक रूप से होते हैं ।

*Courageous in adversity and distress, forgiveness even in prosperity, oratory in an assembly of learned persons, bravery in battle, aspiring to be famous, and addicted to knowledge and learning, all these attributes are naturally found in noble and great persons.*

*I thank you all for providing us your continued support to serve the BSNA family and carry it forward to protect, preserve, promote and advance Brahmanic values, culture and heritage. We wholeheartedly thank the BOT Chairman and members, Chapter Presidents and General Body Members of BSNA, and the President and members of GBC for their continued support.*

*I join the Executive Committee of BSNA to wish you, your family and friends a great 2021 blessed with good health, happiness, pleasure and prosperity.*

**With Best Regards**  
**Sanjay K. Pandey, Ph.D.,**  
**President of BSNA**  
**& EC Members**

*"Brahman Samaj of North America (BSNA) is an independent not-for-profit, charitable, cultural, educational and social organization approved under the Tax Exempt Code of US IRS Section 501 C (3). The contributions to BSNA are Tax Deductible in USA"*

सर्वेषां स्वस्ति भवतु, सर्वेषां शान्तिर्भवतु  
सर्वेषां पूर्णं भवतु, सर्वेषां मङ्गलं भवतु  
सर्वे भवन्तु सुखिनः, सर्वे सन्तु निरामयाः  
सर्वे भद्राणि पश्यन्तु, मा कश्चित् दुःख भाग्भवेत्॥

may good befall all, may there be peace for  
all, may all be fit for perfection, and may  
all experience that which is auspicious.  
may all be happy. may all be healthy. may  
all experience what is good and let no one  
suffer.

best wishes for new year



## **Message from Chairman, BSNA Board of Trustees**



My Dear Sisters and Brothers of BSNA and GBC,

I am indeed honored to welcome you all to participate and enjoy the rich deliberations during the 24<sup>th</sup> Annual Convention of BSNA (Brahman Samaj of North America) and the 9<sup>th</sup> Annual Convention of GBC (Global Brahman Confederation) being held from July 26 - 28, 2019, in Ontario, California, USA. Under the able leaderships of Shri Gopal Chaturvedi (current President), Dr. Keshav Shukla (ex- President) of BSNA, and Dr. Shrikant Mishra, President of GBC, the joint Convention meetings are running smoothly since last several years. I wish to thank BOT and the Executive Committee (EC) Members of BSNA and last, but not the least, the Youth Group and the Volunteers for their very active, enthusiastic and untiring participation in these Annual Conventions.

The Local Organizing Committee under the leadership of Dr. Sukrit Mukherjee, Director of this year's Convention and Shri Gopal Chaturvedi has worked very hard to welcome you all in the city of Ontario, CA, and hopefully your active participation will bring joy and immense happiness to local committee members (food, entertainment, fundraising, decoration and transportation committees). On behalf of the BSNA Board of Trustees, I wish to congratulate each and every member of the Local Organizing Committee and a number of Volunteers who have worked tirelessly for this convention. I also take this opportunity to thank Dr. Sanjay Pandey, Editor-in-Chief and the Editorial Board Members of ***Brahma Bharati*** for bringing out such a colorful online magazine.

Finally, I wish to welcome all National and International Brahmins to this convention and also make a humble request to join hands and work collectively to protect, preserve and promote Brahmanic values and encourage each other to achieve their unique and unparalleled status in the modern age and society. Also, I thank the management and staff members of the Holiday Inn Ontario Airport for making our lodging so comfortable and the food committee for serving delicious meals and snacks to the participants.

With Best regards and sincerely,

Sen Pathak, Ph.D., F.N.A.Sc.

Distinguished Research Professor, Department of Genetics, Unit # 1010  
The University of Texas M.D. Anderson Cancer Center, Houston, Texas 77030, USA  
Email: [spathak@mdanderson.org](mailto:spathak@mdanderson.org)



**Message from Dr. Keshav Shukla  
Senior Advisor and Immediate Past President of BSNA &  
President of GBC**



Dear BSNA and GBC Families and Friends,

I hope everybody is doing well especially during this COVID-19 pandemic. This led unfortunately to postpone our 2020 convention and several chapter activities. However, many virtual online activities are still being conducted with members in good spirits and ready to support each other in distresses.

I am very pleased to share that Brahman Samaj of North America (BSNA) and Global Brahman Confederation (GBC) are working jointly for several years and have taken numerous new initiatives. They are supporting various community activities across North America/Canada and globally to Preserve, Promote, Protect and Advance Brahmanic Hindu Values, Vedic Culture and Heritage. Some recent activities include the increased membership, enhanced chapters participation, chapters revival, youth participation, matrimonial service, website upgrade, emails update, mentoring/networking support of youth involving other cultural, religious and social activities.

I'm glad to finally see the publication of the combined Brahma Bharati (BB) and Vishva Brahma Bharati (VBB) magazine which was delayed due to the COVID-19. I thank Dr. Sanjay Pandey, BSNA President and Editor-in-Chief of BB, and Gyanesh Dadhich, Associated Editor of BB and VBB, for their valuable efforts to make this publication possible. My special thanks to Pranay Pathak, a BSNA youth for designing the front page of the magazine.

I wholeheartedly congratulate the new Executive Committee (EC) and Board of Trustee (BOT) of BSNA, and GBC. Also, I thank Shri Gopal Chaturvedi Ji, the outgoing president of BSNA to organize a very successful 2019 Convention along with the Convention Director, LA Chapter President, Dr. Sukrit Mukherjee, and current

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BSNA President Dr. Sanjay Pandey, among several others participations. The continued supports of Dr. Sen Pathak ji, BSNA BOT Chairman, and Dr. Shrikant Mishra ji, GBC BOT Chairman, are gratefully acknowledged.

Thank you all for your continued generous support to BSNA and GBC.

**With Best Regards and Stay Safe,**

**Dr. Keshav Shukla**

**President of GBC and Senior Advisor/BOT Member of BSNA**

**Editor-in-Chief of Vishva Brahma Bharati**

**Professor, MTDE, College of Engineering, Texas A&M University, College Station, Texas, USA**





## **Message from the Editor of Brahma Bharati**

Dear BSNA family,

I am pleased to continue as editor of the Brahma Bharati (BB), an online BSNA magazine. I would like to thank all of the authors who have contributed to this issue of BB.

Due to Corona Pandemic in 2020, we were neither able to publish our BB nor were able hold our annual conventions. This year we are planning to host a virtual BSNA's convention whose date and month yet to be decided. I invite you all to join this year's convention to foster growth, teaching, and networking amongst our noteworthy members. The convention will also provide an excellent opportunity for members and youth to share their knowledge and experiences of Vedic culture and heritage as well as professional and business interests. The convention program will include various topics ranging from educational, healthcare, social, cultural, religious, entrepreneurship, and matrimonial programs.

I would like to thank Dr. Keshav Shukla, my wife, Mrs. Archana Pandey, Gyanesh Dadich and others for their help with this issue of BB. Lastly, the BB publication would not have been possible without the support from our readers and contributors. If you have any suggestions or comments for upcoming BB magazines, please let me know. Let us all start planning now to meet at this BSNA convention and make it a memorable convention!

Best Wishes,

*Dr. Sanjay K. Pandey  
San Diego, California,  
Editor-in-Chief of Brahma Bharati*





**Message from the Associate Editor of Brahma Bharati**

Dear Brahmin Parivar,

Greetings to all of you and I pray for everyone's safety and health.

After successfully completing my responsibility as BSNA Houston – Texas Chapter President until 2019, I am honored to accept the role of Associate Editor- Brahma Bharati (BB) and Vishva Brahma Bharati (VBB)

I would like to take this opportunity to enhance and contribute towards our goals of promoting, preserving and protecting Brahmanic values through our Brahma Bharti/ Vishva Brahma Bharati magazine. We need to focus on utilizing this platform and connect through cultural, political, or professional networks to ensure inclusiveness amongst our community members. Since education is the foundation of any organization, we should provide excellent articles and content that provides intellectual, Spiritual, Vedic and cultural knowledge to all our Brahmin members specifically to our youth. We should promote our youth involvement and encourage a more active participation.

I would like to thank all of the authors who have contributed to this issue of BB. If you have any suggestions or comments for upcoming BB magazines, please let me know.

Best Regards,

Gyanesh Dadhich

Associate Editor- Brahma Bharati (BB) and Vishva Brahma Bharati (VBB)

Ex President – Houston: Texas Chapter

CO- Convetion Director-Houston, Texas (2018)



**Dr. Shrikant Mishra,  
BOT member**

*My Dear Brahman Bandhus, Executive Committee Members, Chair of BOT and Members, Chapter Presidents and General Body Members of BSNA and Executive Committee Members and Members of Global Brahman Confederation,*

*It gives me great pleasure to serve as the BOT member of BSNA.*

*Now I want to take this time to discuss the challenges we need to overcome to reach our goals of promoting, preserving and protecting Brahmanic values. We need greater focus on networking, education, leadership, **youth involvement**, and funding. It is vital that we are all well connected through cultural, political, or professional networks to ensure inclusiveness amongst our community members. Since education is the foundation of any organization, we should establish study programs, seminars, Sanskrit and Vedic literacy missions to enhance Brahmin/Vedic/Scriptural knowledge. Creating Community Centre for Brahmins will also aid in this endeavor. We need greater leaders to help lead these initiatives. Therefore, leadership enhancement programs for both volunteers and professionals are necessary. More importantly, these programs should promote Brahman youth involvement at the global level. We need to make sure that the younger generation is prepared to carry on the teachings and values of the Braham community. Brahmans must take up again intellectual, spiritual, cultural, economic and socio-political leadership in India and across the globe. However, to carry out all the mentioned tasks, we need funding. With the help of your contributions, we can help fund these programs.*

*Lastly, I want to urge all the participants from different parts of USA, Canada and other countries, particularly contingents from India, to work collectively to promote, preserve and protect Brahmanic values and help all Brahmans become capable of achieving their outstanding status in the modern age. Our leaders of BSNA are working for GBC convention in New Delhi, India. We should work collectively to achieve those stated goals and objectives. I can assure you that with your help we can and will be able to work on these achievable goals, "Jai Parashuram." I look forward to seeing everyone at the next annual convention.*

*Sincerely,*

*Dr. Shri Kant Mishra, MD MS ABMS FAN FNAA, FANA*

*Professor of Neurology Keck School of Medicine of University of Southern California, Clinical Professor of Neurology David Geffen School of Medicine UCLA*

*Director of Neuromuscular Program VA GLA Health Care System and Olive View UCLA Medical Center*

**Bio- Data:**

**DR. SHRI KANT MISHRA, ABMS (BHU), M.D., MSc, MS, (Administrative Medicine), FAAN, FIAA, FANA**

Shri, K. Mishra is professor of Neurology, at Keck School of medicine, University of

Southern California and David Geffen School of Medicine UCLA. He is the Director of Neuromuscular programs at VA greater LA Health care system and Olive view UCLA Medical Center. He is the chief medical officer of Health world line (healthy.Net) past Medical director and VP Medical affairs of International Myotonic muscular dystrophy organization (IMDO) and He serves and has served on advisory board of many public private companies in USA and abroad.

He is summa cum Laude graduate ABMS Gold medallist from Banaras Hindu University Varanasi India. He has MS from Queens University Canada and MD (Honours) from University of Toronto Canada and Masters of Administrative Medicine (MBA) from the University of Wisconsin Madison, Wisconsin.

He is Neurologist with special interest in Neuro- muscular disorders including neuromuscular rehabilitation. His areas of research is on Myotonic muscular dystrophy, Muscle aging (Sarcopenia) In addition he is an evidence based Integrative medicine practitioner particularly in Yoga and Ayurveda. He is a member of many prestigious Neuroscience and integrative medicine Societies and serves on editorial boards and reviewer of many neurological and integrative medicine journals. He serves on various intramural and extramural committees in Neuroscience and integrative medicine in USA and Globally. He has been chair of study section and national advisor of NCCAM (NIH), and serves on editorial board of many integrative medicine journals.

He has served as associate Dean at Keck School of Medicine and medical director (Chief of Staff) of VA. He is founding president of Association of Indian Neurologist in America (AINA). Past president of Indian medical association of southern California and Indian medical association of greater Los Angeles He is president of Global Brahman confederation and immediate past president and member of Board of trustee of Brahman Samaj of North America. Current Vice president of World Federation of Neurologists of Indian origin. He has served as regional director pacific region, past president of Indian medical association of southern California and Indian medical association of greater Los Angeles (IMALA). He is past president of Federation of Indian associations of Southern California.

He has more than 350 papers, abstracts and book chapters. He serves as a visiting professor of Neurology Sanjay Gandhi Post Graduate institute Lucknow, Sree Chitra Neurological institute Trivendrum India and Distinguished professor of Rajasthan Ayurved University Jodhpur Rajasthan India.

He has received various academic and community award and honours i.e. Distinguished physician award from AAPI, 2010, Outstanding Physician award Indian Medical association of Southern California and Indian Medical association of greater Los Angeles, Distinguished alumni Banaras Hindu University, Best Teacher Department of Neurology David Geffen School of Medicine UCLA 2004,2009 2012. Member advisory board Arya Vaidyashala trust Coimbatore India. He received Life time achievement award from AINA/American academy of Neurology for his service to the US and Indian physicians and neurologists in North America and India. He was chair of International out reach and chair of History section committee of American neurological association (ANA).

He has great deal of interest in integrative medicine and spirituality and healing.

He is team player and works group of medical and community affairs particularly interested in promoting preserving and protecting Brahmanic values at the global levels.



### Bio-Data of

#### **Dr. Ajay Kumar Pandey (EVP aka President-elect)**

#### **Summary:**

Dr. Ajay Kumar Pandey was born in the village of Bedani Kala in Palamu district of Jharkhand state in India. He grew up in a religious family and also around family members, who were very active in social, cultural and political activities. Walking the lush green agricultural fields, swimming with friends in rain swollen water in local dikes, playing Kabbadi and Kho-Kho, celebrating Holi, Durga Puja, Diwali and Chhath, are some of the sweet memories of his childhood. Dr. Pandey studied mechanical engineering at Birla Institute of Technology (BIT), Mesra, Ranchi, India. During his college years in India, he was active in student politics and was part of the student union representing and addressing the concerns of the student population. After graduating from India, Dr. Pandey moved to USA for higher education and received a MS and Ph.D degree in engineering. Dr. Pandey worked at NASA Langley Research Center, published several research papers, presented scholarly papers at technical conferences, and taught at local universities. He moved to General Motors corporation working at Advance Engineering Center, in Saginaw Michigan and later in Pontiac & Warren, Michigan. Dr. Pandey has been active in social and cultural organization including BSNA, since its inception. He, his wife and their three children currently live in Oakland Township of Michigan.

#### **Education:**

BS (Mechanical engineering)-BIT Mesra-Ranchi, India,  
MS (Mechanical & Aerospace Engineering)- Old Dominion Univ, Norfolk, VA, USA  
PhD(Engineering Mechanics)-Virginia Tech, Blacksburg, VA, USA

**Profession:** Working with General Motor Corporation, Detroit, Michigan, USA

**Personal:**

Wife: Madhu Pandey (Native of Jaunpur, UP, India)

Children: Priyanka Pandey, Saurabh Pandey, and Rahul Pandey

**Association and Contributions to BSNA (Brahman Samaj of North America):**

- Became a *life member* of BSNA (1994-1995)
- Helped BSNA during its *beginning days* (1994-1995) by targeting Brahman families through the use of telephone book across the USA.
- Participated in BSNA Virginia chapter activities during 1994-1995.
- Attended and participated in several past conventions held in various cities across North America including Allentown, PA, Washington, DC, and Detroit, MI. San Diego, CA, and Houston, TX.

**Involved/participated in several conventions as a key member of EC**

- Served as Assistant Treasurer for three year term on the EC board headed by Shri Purushottam Sharma ji.
- Served as Editor of Brahma-Kulam.
- Currently serving as Michigan Chapter President.
- Actively participated as hosting committee member of BSNA Annual Convention held in Detroit in 2006.
- Organized the BSNA Annual Convention held in 2017 in Detroit/Pontiac, Michigan as the convention director. Some of the convention highlights were:
  - Recruited several new life and annual members.
  - Surplus fund after all the expenses.
  - Initiated Volunteer poster session by kids and adults.
  - Attendees from Michigan, several other states of USA, Canada and India.
- Provided leadership for hosting a one day conference marketed as BSNA Michigan Brahman Sangam, which were held in 2018 and 2019. This event now has now become an annual event for Michigan chapter.
- Held several picnics, cultural and religious events in Michigan to bring Brahman families together.
- Lead BSNA Matrimonial Initiative to provide a database for interested candidates to enter their matrimonial data, which is shared amongst the participants with strict privacy. Currently database has more than 200 entries from the people who live in North America.
- Served on the Executive Committee as Director of Matrimonial Initiative on the team headed by Dr. Keshav Shukla
- Served on the Executive Committee as secretary on the team headed by Shri Gopal Chaturvedi ji



## Proposed Future Initiative to support BSNA's Vision and Objectives

### Organization:

- Update and aggressively maintain BSNA.org in order to organize various BSNA chapters and members. Make the website a goto place for topics related to BSNA's vision and objective.
- Revive dormant chapters by contacting current members and by bringing new members.
- Continue to establish BSNA Chapters in major metro areas.
- Establish BSNA Chapters in University and Colleges.
- Make connections with other organizations and individuals, in North America, India and other countries, who have similar vision and objectives.
- Devise a process to communicate with the past BOT, EC and Chapter presidents.
- Continue partnership with GBC to fulfil BSNA's objectives.

### Educational:

- Create a speaker's bureau of volunteer speakers on social, cultural, spiritual and other related topics, who will be our ambassador.
- Establish online courses related to Brahman causes through BSNA.org and other social media.

### Volunteering:

- Continue to support and participate Presidential Volunteer Award by Shiv Pathak ji.
- Continue to have volunteer appreciation session with posters and live presentations during Annual convention and regional convention.
- Encourage chapter members and supporters to volunteer for local causes.
- Organize local volunteer group to support local families (especially Brahman families) to promote Brahmanic living.

### Cultural:

- Continue to encourage organizing cultural events with members to pass on cultural heritage to the next generation.

### Religious:

- Encourage practice of vedic rituals in people's lives by educating Brahmans, who in turn will help propagate and perform these rituals in their own life and in the lives of other people/families.

### Social:

- Make your home an Ashram for an evening. Encourage BSNA Members to invite one other local Brahmin family for Lunch/Dinner and have a one-on-one interaction at least once a month. BSNA Michigan has already started on such a program.
- Take part in celebration of local community festivals and social gatherings to promote Brahmanic values.
- Expand participation in BSNA Matrimonial Initiative.
- Encourage each chapter to have at least one one-day convention per year similar to Michigan Brahman Sangam one day conference.

### Professionalism:

- Make networking initiative, started by Dr. Sanjay Pandey, a focal point of BSNA EC.
- Create a web based database of mentor and mentees to encourage networking.

### Financial:

- Encourage local chapters to organize events which will also help with fundraising.
- Encourage more life members and annual members to enhance our financial situation.
- Encourage members and well wishers of BSNA to donate to BSNA for general and specific causes.

### Communication:

- Revise BSNA membership database for better communication through surface mail, email and other electronic media.
- Encourage Whatsapp group creation for each chapter and include group administrator as part of BSNA National Whatsapp group.
- Create a welcome package, which will be sent as soon as a new members join.
- Connect with membership and BSNA friends through popular social media, such as website, facebook, Youtube, Instagram, whatsapp and other sites.



### **Shiv Pathak: General secretary**

Shiv Pathak, his wife Suman and sons Vishreshtha, a college student at UT and Rudransh, an eighth grader, live in Sugar Land, TX. Shiv is a Mechanical Engineer from Kanpur (UP) in India and moved to USA in 2006; currently working as an Executive Director with Oil & Gas division of Fluor Corporation (EPC business).

Shiv & family joined BSNA in 2014 as life member and have since been actively engaged with BSNA at local and national levels. Shiv attended all annual BSNA conventions since 2016 and held positions of Brahma Vani and Brahma Bharti Co-Editor and 2019 Houston convention Co-Director. Shiv led the registration of BSNA as certifying organization for Presidential Volunteer Service Awards (PVSA) in 2018. He is currently Editor of Brahma Kulam and part of National Executive Committee holding positions of General Secretary and PVSA Director. Shiv has recently assumed position of Youth Coordinator for BSNA TX Chapter and started working on rejuvenating youth activities in TX chapter.



***Lalan Jee Mishra: Treasurer***

Lalan Mishra is married with two daughters – Achi (23) and Aarya (17). Achi, an EE-major from UC-Davis is currently employed with Qualcomm Inc. while Aarya is entering USF in Fall-2020 to pursue pre-med. His wife Daisy is an Electrical Engineer as well but opted to take the more challenging job of running the house as a full time home-maker.

Lalan, son of a high school principal (Late Aniruddha Mishra), hails from a small village (Orahara) from the Bhagalpur district of Bihar. He attended T.N.B. College – Bhagalpur for his early college level education before obtaining his undergraduate degree in EE from the Institution of Engineers (India) in 1992. Having worked with companies like Tata Steel, ST-Microelectronics and Motorola while in India, he moved to Austin-TX office of Motorola in July of 2001 to continue his work on wireless and multimedia systems' architecture and design.

In May of 2011, Lalan joined Qualcomm Inc. at San Diego where he currently works as a Principal Engineer. At Qualcomm, he has been working on different aspects of wireless systems' architecture. As a pursuant of life-long-learning, Lalan obtained his Master's degree in EE from UCSD in 2014 and since last year, he has been working towards his Ph.D. in EE from UND. Innovation is Lalan's passion and he currently holds 141 US and International patents to his credit.

Lalan's other dimensions include his love for ancient yogic philosophy combined with daily sadhna of the same per his guru's ([Swami Niranjanananda Saraswati](#) of Bihar School of Yoga) guidance. Gardening, carpentry and bamboo flute playing make his other hobbies. His post retirement goal is to spend the majority of his time in India to spread the teaching of yoga and engineering.

Lalan can be reached at [Lalan.j.mishra@gmail.com](mailto:Lalan.j.mishra@gmail.com) .



Dr. Sukrit Mukherjee: Senior Director IT/Web

Dr. Mukherjee is primarily a computer scientist with research interests in Translational Bioinformatics, Clinical Research Informatics and Public Health Informatics. He holds a Bachelor degree in Medicine, a M.S. degree in Computer Science & Engineering, a M.S. in Engineering degree in Software Engineering and a PhD degree Biomedical Informatics. He received a fellowship in Biomedical Informatics from National Library of Medicine and was trained at prestigious Marine Biological Laboratory (MBL) in Woods Hole, MA, USA. He is also a regular reviewer of publications from American Medical Informatics Association and The International Medical Informatics Association. He currently serves as Assistant Professor of Biomedical Informatics and Associate Director of Biomedical Informatics of NIH's extramural research program.

He is holding 3 patents in Biomedical Research and has over 2 dozen books and publications in international peer reviewed journals.

Dr. Mukherjee is also a poet of classic Bengali and English literature and has been featured in "Best Poets and Poems in 2012" published from Washington, DC.

Dr. Mukherjee received "SangeetVisharad" diploma from "Pracheen Kala Kendra", Chandigarh, India and has served in All India Radio and TV as Tabla Player. He has lectured around the world on topics ranging from Literature, Music, Medical and Information Technology.

Dr. Mukherjee has been awarded "2019 President's Volunteer Service Award - Gold" by US President Donald Trump for his service towards BSNA & GBC Communities.

Dr. Mukherjee is currently serving as Board Member for National Federation of India-American Associations (USA), as Executive Committee Member for Lions Club of Little India (USA), as Executive Committee Member for Brahman Samaj of North America (USA), as Board Member for Global Peace Foundation (USA) among many other international portfolios.

Dr. Mukherjee has been associated with BSNA & GBC for many years now serving primarily in the area of Information systems. As Director of Information Systems Dr. Mukherjee oversaw the launch of the second and third generation of web portal for BSNA and instrumental in its implementation. Dr. Mukherjee also upgraded the system of compiling BSNA and GBC Member Database system back in 2012.

Dr. Mukherjee has been serving in the executive committees for BSNA for a decade now in different roles and has been instrumental in managing the mass emails systems for the BSNA and GBC for many years.

## **Brahma Bharati Volume 22 Number 1 (2020)**

During the BSNA & GBC's annual conventions, Dr. Mukherjee has often put forth efforts towards the technical setup and decorative finishes. Besides for last 4 years conventions in a row Dr. Mukherjee had assembled a team of professional volunteers that had helped BSNA and GBC to reduce the cost in photography and videography besides the professional decorations for the convention.

Dr. Mukherjee has been working with the GBC executive team to launch another web portal for GBC and is in the process of upgrading BSNA Web portal and Member Database with help from Mrs. Ratna Dube and Mrs. Natasha Shukla.

Dr. Mukherjee was the Convention Director for the 2019 Joint Convention of BSNA & GBC that took place in Ontario, California, USA. The specialty of this convention was that BSNA was celebrating its twenty fifth anniversary that year. With a committed voluntary workforce spread over so many committee members, a humongous amount of effort went into the preparations pertaining to that event and was participated by BSNA and GBC Members and Dignitaries from around the World. The convention also focused on youth participation in panel discussions, debates, seminars, presentations, networking and cultural events.

Since 2019 Dr. Mukherjee has also been serving as the Chapter President for BSNA Los Angeles Chapter. With the dawn of 2020, Dr. Mukherjee along with his chapter members have tried to usher in a new way of managing the chapter activities and the under Dr. Mukherjee's leadership, the chapter has passed a few resolutions including creation of Hindu forum, Women's forum, Youth forum in the chapter that are all targeted to the wellbeing of the people of Hindu origin in the Los Angeles Chapter. Besides Dr. Mukherjee has been active in recruiting new Members for BSNA and has engaged several new families in Los Angeles chapter besides imitating a yearly fund raising campaign among Los Angeles Chapter Members.

Dr. Mukherjee had approached to US Congress and got the BSNA Los Angeles Chapter recognized by the local congressman as culture promoting and welfare governing organization for people of Indian origin in USA.

Sukrit Mukherjee, PhD, MS, MSE  
Fellow, National Institutes of Health (NIH)  
Research Investigator, NIH Extramural Projects  
Research Investigator, California HIV/AIDS Research Program Associate Director, NIH Accelerated Excellence in Translational Science Biomedical Informatics Program  
Assistant Professor, Department of Preventive and Social Medicine, College of Medicine  
Charles R. Drew University of Medicine And Science  
1731 E 120th St, Los Angeles, CA 90059  
Assistant Professor, Department of Biomedical Informatics  
David Geffen School of Medicine  
University of California Los Angeles  
10833 Le Conte Ave, Los Angeles, CA 90095



**Alka Sharma: Assitant Treasurer and New Jersey Chapter President**

I am Alka Sharma. I have been living in USA for past 28 years. I am a mother of two talented daughters, a wife, and a teacher. I teach Mathematics to high school level students in a NJ Public school. I come from a family of educators both my parents were in education.

Growing up, I saw my parents helping communities through education and many other ways. I like helping the communities at my school and outside of school. I am an advisor for Asian Awareness club and have been creating awareness through various cultural activities and celebrating Indian festivals in my school district. I am proud of my Indian heritage.

I enjoy Indian classical and contemporary dance and music. I love to be outdoor and adore nature. I am fortunate to get an opportunity to be part of the BSNA family and happy to continue leading the NJ chapter.



**Ratna Dube: Associate Director IT/Web**

In 1972, my mom, older sister (Archana) and I, immigrated to Ottawa, Canada, to join our Dad. Dad completed his PhD in Mathematics in record time and subsequently found employment as a Professor in the neighboring city of Montreal. Our family grew to include my younger siblings, Meena and Abhay.

I completed my studies at Concordia University where both my husband, John Chatlani, and I graduated in engineering. After our marriage in 1994, both John and I accepted offers to join Qualcomm in San Diego.

We have been living in sunny San Diego for over 20 years and have raised our three children here. Our eldest, Nima, just graduated with a degree in software engineering, Nishant is in his final year studying Global Business and Digital Arts, and Nitin is a junior in high school. Family life was indeed very busy and I took a long career break to focus on our children.

Recently, I have joined the Carlsbad School District as an Instructional Assistant in Technology and volunteer as the Communications Chair for the San Dieguito Academy Music Council. I am looking forward to helping out with BSNA activities pertaining to technology.

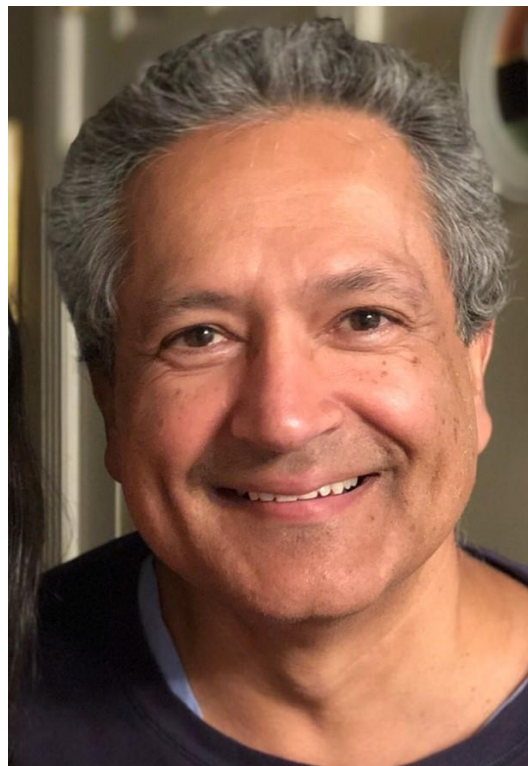
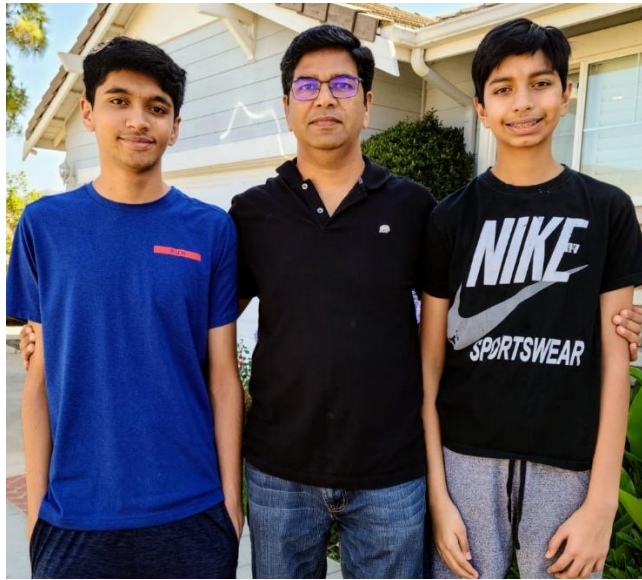




Nitasha and Rakesh Shukla

### **Nitasha Shukla: Associate Director Web/IT**

Hello, my name is Nitasha Shukla. I am married to Rakesh Shukla and we have two sons, Ayush and Pratyush. My parents had a mission to help others. They continually gave back to their community by volunteering in an NGO in Kolcutta. Watching our parents devote their time to some great causes made us want to do the same. As a family, we have been actively participating in various social and community activities. We have been actively volunteering in two non-profit organizations, Help the Children in LA and Connecting Hands OC. Both of our sons are involved in Boys Scouts which builds comradery and leadership. We joined BSNA last year and attended our first convention in Los Angeles.



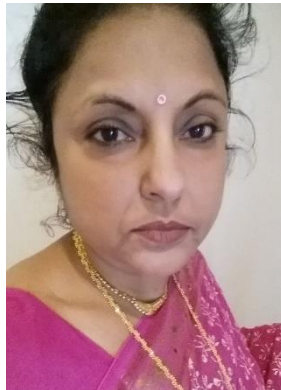
**Salil Chandra Tiwari, MD,  
BOT member**

I was born on December 2<sup>nd</sup>, 1959 in the city of Patna. My sister, Pinky, and I arrived in the United States on November 3<sup>rd</sup>, 1969 to join my parents. After graduating from Trinity Episcopal Day School in Natchez, Mississippi, I completed a bachelor's degree in biochemistry at Tulane University in New Orleans, Louisiana. I then moved to Jackson, Mississippi where I earned my M.D. at the University of Mississippi School of

Medicine. After graduating in 1984, I moved to Martinez, California, where I would eventually complete residencies in both Internal Medicine and Adult Neurology. I then completed a fellowship in Neuro-Electrodiagnostic Medicine. My wife, Sharmila, and I moved back to Jackson, Mississippi in 1993 to begin my private practice in Neurophysiology. Together, my wife and I have three daughters, Tanya, Sonia, and Athena. Tanya is a practicing attorney, Sonia is in medical school, and Athena is an undergraduate student. My father, Dr. Suresh C. Tiwari, former president of BSNA, passed away in 2010, and my mother, Dr. Shanti Pandey is still working as a Family Medicine physician, setting a high bar for the rest of our family members. Dr. Pinky S. Tiwari, my sister and a fellow neurologist, is married to Dr. James M. Wilson, a cardiologist, and they have two daughters, Tara and Ava. Tara is a practicing attorney and Ava is in medical school.

In my pastime, I enjoy flying small planes and reading about a wide range of topics, particularly the subject of consciousness. After the passing of my father, I was inspired to rebuild the Hindu Temple of Jackson MS, which completed construction in 2010. Currently, I am dedicating my efforts to funding the building a school in my ancestral village in India. Being a life member of BSNA, I have been honored by Dr. Shrikant Mishra and Dr. Sanjay Pandey to become active in BSNA. I look forward to serving BSNA in my humble capacity.

## Urvashi Pathak: BOT member



Mrs Urvashi Pathak is the wife of late Dr. Ved Pathak, who was the first president of BSNA, San Diego Chapter. She continues to carry the torch of selfless service to the community by volunteering her time at Shri Mandir and ISCKON Temple in San Diego. They have two adult sons. One who works in the financial sector while the other is in his final year at UC Berkeley.



**Chakra Dhar Sharma: BOT member**

**Family -**

Chakra Dhar Sharma - wife Madhu Sharma - live in Troy Michigan

Son - Rahul (spouse Sanjana), Sons - Rajan and Amar - live in the city of Chicago.

Daughter - Monica (spouse Dhruv) - sons Avi and Om - live in the city of Chicago

Daughter - Amita (spouse Rohan) - daughter Sahana and Son - Riaan - live in NYC

Both of us come from the Delhi area. Family's come from nearby Eastern UP area

**Education:**

Self - Bachelors in Engineering from IIT Madras, and masters in Engineering from University of California Berkeley

Wife - BA Hons. and MA from Delhi University

**Career:**

Employed with Chrysler - involved in management of Automotive Suppliers. Retired from Ford Motor Company

Wife - worked as a Network Analyst but retired now

**Community Involvement:**

BSNA - Life member. Past Michigan Chapter president. Past coordinator - BSNA website. Actively participated in Michigan Chapter activities such as chapter meetings, Brahmin Sangam, and conventions. Also actively participated in BSNA National Conventions. Life member of Bharatiya Temple in Troy Michigan and active participant in temple activities. Life member of ISKCON. Actively participate in several non profit and charitable activities in Michigan. Licensed Professional Engineer.



**Shri Shyam Sharma  
Houston Chapter President**

Shyam Sharma is currently working at Shell Oil Company Houston Texas, as Global IT executive. Shyam originally come from Rajasthan India, grew up practicing traditional Hindu scriptures reciting, actively following daily religious rituals, regional cultural values and socially active family. He learned strict discipline and patriotism from his primary and high school education in a military school - Sainik School Chittor Garh (Rajasthan), where his father was a teacher. After finishing MBA and Computer Management degree, worked as assistant professor in MBM Engineering College Jodhpur for few years.

As IT professional, has working experience of 38+ years with many Fortune 500 companies i.e. Accenture, Deloitte, HP, IBM, DEC, BP and ExxonMobil. He moved to USA in 1994 as Project Manager in Sun Microsystems, California. After one year joined Compaq, Houston and since then settled in Houston.

Shyam is active contributor in many religious and cultural organizations in Houston and India. He became active member in BSNA Houston chapter activities since 2010. Participated and contributed in both BSNA annual conventions hosted in 2013 and 2018 in Houston.

Shyam is blessed with two talented daughters Rishika and Mokshika along with his wife Anuradha. Rishika is a MD Doctor in Internal medicine and married to Sachin Sharma who is a businessman. Younger daughter Mokshika is a top executive in an investment company. Wife Anuradha is dedicated to weekly Shringar and prasadam seva in Gaudia Math - Radhe Krishna temple in Houston.

**Ph: 713-269-6204**

**email: samcompugenius@gmail.com**



## Rajeev Mishra: San Diego Chapter President

Ravindra Nath Tagore once said, “It is very simple to be happy, but it is very difficult to be simple.” Rajeev Mishra is a live example of this; He can be summarized in one word “Simple”.

Born in Rai Bareilly, UP, India, most of his education happened in boarding schools since age of 10, starting with U.P. Sainik School, Lucknow and followed by Engineering in the holy city of Prayagraj. He immediately started his professional employment career at the age of 21 at Hindalco Industries, Tata Consultancy Services and then moved to United States in 1998 and currently working at Dell Technologies.

His father Shri Ram Shanker Mishra retired as Chief Engineer from UP State Electricity Board and his mother Saroj Bala Mishra is a simple homemaker and proved to be exceptional in raising her six kids in harmony to success. Rajeev Mishra has five brothers; the elder two are working in private jobs, the younger two working in Indian Airforce and Indian Army and the youngest one is settled in Canada.

Rajeev Mishra is a very humble and simple person, always willing to help and do things better. He is a strong believer of the quote, “The **biggest room** in the world is the **room for improvement**.” He moved to San Jose, CA in 1998. His wife Shashi works at Poway Unified School District. They just celebrated their 25<sup>th</sup> Marriage Anniversary in India in March, 2020. They are blessed with have two sweet daughters: Rashi, who is pursuing law from Vanderbilt University, and Ridhi, who is pursuing medicine as an undergraduate from U.C. Berkeley.



## Vivek Pandey: Vice President of San Diego Chapter

Vivek Pandey was born and brought up in the Raebareli UP. His father, Late Shri Shiv Kishor Pandey was money lender. Vivek has two sisters.

I have received his undergraduate degree in Computer Science & Engineering from Kumaon University and M.S. (Wireless Embedded System) from University of California San Diego. I am currently a Sr. Engineer in a company in San Diego, California.

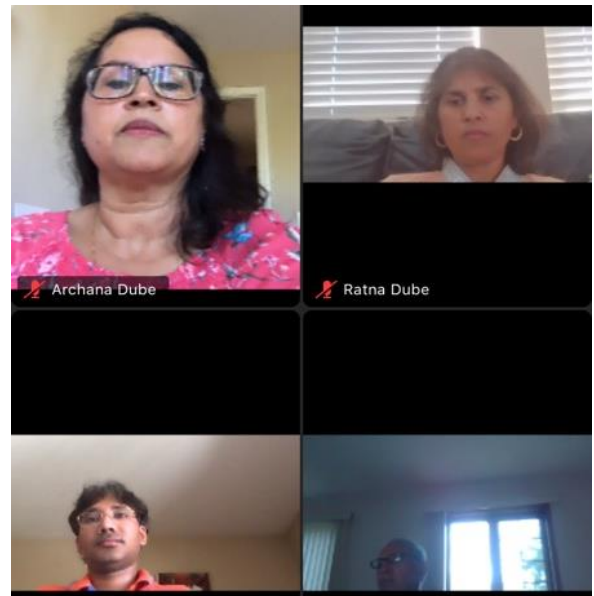
In 2005, I and my family moved to San Diego, California. My wife, Divya Pandey is Homemaker. We have a son, Aryan and a daughter Stuti. Aryan is a senior in High School and Stuti is in 4<sup>th</sup> Grade. I was involved in running Math Counts in Oak Valley Middle school and Back Mountain Middle School. I am currently Communication chairperson for Shri Mandir in San Diego. As communication chair I look after Shri Mandir website, email notification to devotees about upcoming events, updating festival info and generating monthly report of website visitors and user registration. I am also a member of Krishna Janmashatami festival organizing team and Diwali Mela organizing team at Shri Mandir. I also oversee volunteer team at Shri Mandir.

# BSNA Chapter News



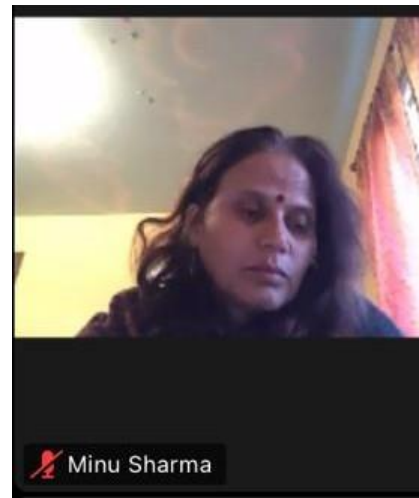
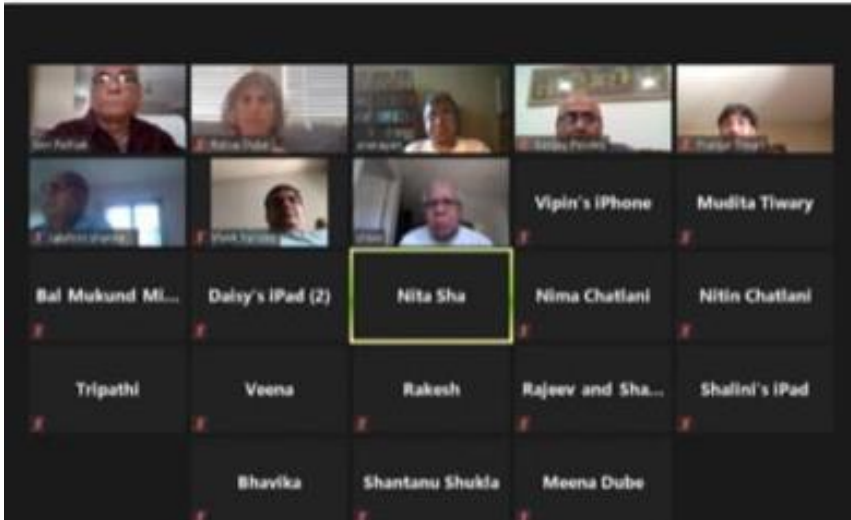
San Diego Chapter Activities

Deepawali Mela





Photos from our monthly Gita Satsang led by Dr Shive Chaturvedi ji



## Michigan BSNA Chapter Activities

By Ajay Pandey

Rochester, Michigan, USA

30th April, 2020

Michigan chapter of BSNA (Brahman Samaj of North America) had a very exciting year 2019 with several get-together for the objective of bringing the Brahmin community together to protect, preserve, practice and promote our values and culture. One of the important events was Michigan Brahman Sangam, which brought together more than 100 Brahmins for a one day conference with lectures, discussion, dance, song and music. We have a very excited and dynamic group which led the effort to organize the event in August 2019. We also had Holi, Diwali, Picnic, Sangeet Night and several other programs.

2020 has been a struggle so far. Our scheduled Holi get-together in March 2020 had to be cancelled due to virus threat. We had a tremendous response to our invite and people were ready for the fun but most of our membership is now quarantined in their home and trying to be safe. Several members have been volunteering during this Pandemic. Titak and Shashi Sharma ji are involved in making mouth and nose masks, which are being requested by healthcare workers and elderly people. Doctors, pharmacists and chemists in our group have been provided information about COVID-19 in BSNA Michigan Whatsapp group and have personally helped our community members.

During this isolation period, BSNA Michigan chapter members have been meeting over Zoom video conferencing. We had one in March 2020 and a second one on 25 Apr 2020. These events are fun and give us a chance to see others virtually and share our thoughts. We plan to have such get-togethers every month going forward. We are also excited about several events we are planning for later part of the year and we hope that situation will change in next couple of months and we



BSNA Michigan Brahman Sangam 2019 One day conference.

**Brahma Bharati Volume 22 Number 1 (2020)**



BSNA Michigan Diwali 2019 Celebration at Somnath and Neha Sharma house on 2nd Nov. 2019.



Michigan BSNA Zoom video conferencing. We had 16 families online to perform Mantra Jaap.

## **New York Chapter**



**Aseem Trivedi (sitting, 3<sup>rd</sup> from right), Chapter President**

## Houston Chapter

Houston chapter celebrated Deepawali 2020 with wonderful programs starting from Mahalakshmi ji arati, welcome by Shyam ji and Dr. Sen Pathak ji. Cultural program participants by Anjana, Vandana ji, Prakash ji, Gyanesh ji including the superb performance by youth, Tanya and Ashi, beautiful daughters of Kusum-Vipin Sharma. Every participant enjoyed this virtual program from Houston to Florida. Thanks to the participants and their families, everyone had good time not only with the program but also relaxing through humors and joke.



## Los Angeles chapter updates

The Los Angeles chapter was active during 2020 with a meet and greet at Dr. Sukrit Mukherjee's home with many new and old BSNA members present. The chapter also celebrated Deepawali via Zoom with much fanfare programs including a very entertaining cultural program with songs, kavita, *shayari* and much more. Despite the program being virtual, everyone enjoyed this gala festival. A big thank you to everyone from the Los Angeles chapter as well as those who joined this event from other chapters.



## Hindu-Jain-Buddhism: Reflections in the Contexts of The Corona Pandemonium Times: 2020 Year.

By Dr Akkaraju Sharma

We, in 2020, early spring, the World is gripped with the Corona viral pandemonium. In the USA, it is extreme in its manifestation. The question of how to resolve is medically open as of now. Every day counts how to find the treatment and for the COVID-19. Almost all the USA residents are in the Stay at Home (or apartment or room) mode. Without laboring too much, we will assume the reader is familiar with maintaining a personal ecosystem, including the regular washing hands regularly and the right type of face mask.

### Spiritual Needs: Indian Hindu-Jain-Sikh Diaspora. Pandemonium Time.

Addressing the spiritual needs of our Hindu-Jain community (website is [www.b-temple.org](http://www.b-temple.org)), we have been able to reach devotees via Zoom regularly. Our priests (guides) at the Temple have seamlessly adapted to these needs by using the internet and to provide relevant guidance. The Children of our Temple devotees

are in need and helping many needy individuals. He is a recipient of several prestigious awards, from [www.Tana.org](http://www.Tana.org) , [www.Indiacouncil.org](http://www.Indiacouncil.org) , [www.tagdv.com](http://www.tagdv.com) , [www.ATA.org](http://www.ATA.org). The most significant is the Ellis Island Medal of Honor in 2016 ([www.neco.org](http://www.neco.org)) which is awarded to a person that significantly contributes to not only adopted mother land [USA] but also contributes to natal [India] motherland.

Bharatiya Vidyalaya) have been online from their homes, with their Schools during regular hours. On Sundays, thru the Zoom, with our Bharatiya Vidyalaya e-links, the Hindu-Jain relevant spiritual, linguistic, and culturally essential lessons were

provided. Their parents, while working from home, still continuing with their regular home pujas/prayers; by including, that we get the remedy for COVID-19 sooner, as the peak infection prevails now in the USA.

**Hinduism-Jainism-Buddhism-Sikhism in the USA diaspora:** Many of us, wherever resident in the USA Diaspora, may be separated from their places of worship. And missing social contacts, entertainment backdrops, but the advent of technology and integrating faith modality in all of us has unified all. There are no religious fissions but now one of complete fusion, not only with one another individually, and with all religions with the divine components integrated. In the past, the social and spiritual connection that members of Hindu-Jain-Buddhist-Sikh communities have been disrupted beyond



Figure 2 Hanuman Chalisa April 14, '20

comprehension. Just how are the majority of our religious institutions approaching this significant catastrophe now? The Mandirs, Gurdwaras, Mosques, and other centers are providing a sense of belonging for many worshippers. A place where



Figure 1 Navkar Puja April 12, '20. Note: Traditional Mask worn. Photo is Courtesy of Sailesh Jan Ji.

everyone can interact with others thru spiritual centers – a source of unparalleled mental strength and connection with divinity. As an example, the religious vision of select deities at our Bharatiya Temple ([www.b-temple.org](http://www.b-temple.org)) – was made available thru website link, all week, at scheduled times, March-April Months, ending with the Arti ceremony, again through a live webstream, several times each session. Just elaborating, the depth of our spiritual programs, Bharatiya Temple, continued to have these programs. Maha Mrutyunjaya Japam for (for 3 weeks, 504 times daily chants for 23 days, with the last two days with Poornahuti & Homam), Abhishekams (Balaji, Krishna, Navagraha, Ganesha, & Durga) Hanuman Chalisa, Murugan

Pooja, and Lalitha Sahasranama Parayanam.



We also had Jain program, continuing Sunday mornings at 11 a.m., Navakar Jaap followed by Stavan, Aarti & Mangal Divo.

Bhartiya Temple priests reciting 108 Navakar Mantra Jaap. All the spiritual



**Figure 3 At Hanukkah Temple  
Judea. March 08, '20. Lighting  
candles.**

programs are to help protect us, our family, and the community at large from the deadly effects of COVID-19 pandemic. The take-home message is that we are integrated into the USA diaspora. We have been working together to make our lives meaningful. Thus, we are educating our children that an integrated multicultural society is the order of the day. Bharatiya Temple is an active participant in the following programs

Pathways to Peace, Inter-faith Programs (with community leaders of Jewish-Islam-Christian-Hindu-Jain Faiths), and Hope & Healing.

The key points are we have to get along with each other. A few photographs are included to point out the spiritual rigor with which these programs being followed. All your suggestions are welcome. I thank all my fellow devotees and administration for help rendered to me and my family for many years. E&OE. And to Mrs. Akkaraju Kameswari for many years of understanding support.

Submitted by Akkaraju Sarma, MD, F.A.A.F.P.

215-914-0236 Home. 215-530-7438 Cell (can only text here). No calls will be answered without your name tag. (too many Robo calls)

## Brahma Bharati Volume 22 Number 1 (2020)

Dr. Akkaraju Sarma, MD, Ph.D., FAAFP., and Mrs. Akkaraju Kameswari (Devi) are residents of Philadelphia since 1970. They are naturalized US citizens and hold OCI Cards. Their India Roots are in Chennai [Tamilnadu] and Guntur & Nellore [Andhra Pradesh]. He is very closely involved with Hindu Activities ([www.b-temple.org](http://www.b-temple.org)), where he has Chairs the Health and Human services Committee.



*Taken in Haridwar.  
Ganges & Lord Siva  
Statue in background*

He initiated several poster programs of success in US Diaspora, setting up the first Telugu-Tamil Associations in USA (1972), Nascent work on National Telugu Association [TANA], the recruitments of donors to National Marrow Donor Programs (from 1991-2018). His roots are in Academia and Medicine for many years, rendering pro-bono help to



Dr. Shive K. Chaturvedi  
(Powell, Ohio; Current Los Angeles, CA)

## Goddess Saraswati



*yaa kundendu tushhaar haara dhavalaa yaa shubhravastraavR^itaa .  
yaa viiNaavarada.nDa ma.nDitakaraa yaa shvetapadmaasanaa .  
yaa brahmaachyutasha.nkaraprabhurutibhirdevai sadaa va.nditaa .  
saa maaM paatu sarasvatii bhagavatii niHsheshha jaaDyaa pahaa .*

**Fair as a jasmine flower, the moon or a flake of snow,  
Dressed in white, her hands adorned by the graceful veena staff,  
Adorned by Brahma, Vishnu, Shiva, and the other deities,  
Protect me, Oh Goddess Saraswati, remover of ignorance inert.**

Gods and goddesses as the manifestation of the One Bhagawan, Para-Brahman or Purushottam have been the primary divine powers in Vedic Traditions since the time immemorial. Goddess Saraswati is one of them whose earliest references are found in Vedas. She has been associated with the goddess of speech and sound, Vak; she manifests as the most sacred river, Saraswati, some portions of which have now been discovered, some segments dried, other with running water, underground. Just like other divine powers, she is polymorphous and, as a result, her nature is multifarious. Her purifying power is suggested in her association with medicine and healing, while her power of speech is associated with learning, art forms, and wisdom.

Goddess Saraswati's origin is described differently in different scriptures, a kind of mystery. According to scriptures Brahma-Vaivarta-Purana and the Devi-Bhagavata-Purana, she is one of the five primary saktis

(dynamic powers) of Bhagawan Krishna, the supreme personality of Godhead. Her specific creative function is to pervade reality with knowledge, learning, and insight.

In iconographic depiction, Saraswati appears with gleaming white body and garments, which express her purity-like white snow and transcendence. In her four hands she holds a book, a vina, a rosary, and a water pot. The book symbolizes sciences and learning; the vina, musical and performing arts; and the rosary and water pot represent spiritual sciences, religious rites, and the creative consciousness. The swan, which is a symbol of adhyatmic transcendence and perfection, is the vehicle for Saraswati. The divine personality and image of Saraswati, as indicated above, clearly depicts the underlying unity within the seemingly different aspects of the physical, natural, and divine worlds, as experienced by Vedic seers.

It is most instructive to see that in the modern world's view, the physical sciences, arts, religion, and spiritual sciences have been suggested to be incompatible with each other and, hence, they must be compartmentalized within the rigid walls of separation, with little or no inter-connectivity. While the multidimensional, highly pregnant and loaded term Sanatan Dharma, Hindu Dharma, or Vedic Dharma must be recognized to contain in its folds all aspects of the existence, and beyond.

A new dimension emerges with Saraswati, which uplifts human existence beyond and above the physical and natural world. David Kingsley puts it so beautifully as: "Her realm is one of beauty, perfection, and grace; it is a realm created by artistic inspiration, philosophic insight, and accumulated knowledge, which have enabled human beings to so refine their natural world that they have been able to transcend its limitations. Saraswati, astride her swan, beckons human beings to continue cultural creation and civilized perfection."

In many parts of India special puja for Saraswati is performed during early spring season. On this day, very beautiful deities of the goddess (when a murti or image is embodied by a god or goddess after appropriate invocation, that murti or image becomes that deity) is established in schools and colleges and special worship is performed. Also on this day books, musical instruments, and gurus are formally revered and worshipped. Interestingly enough, on this auspicious day a special procession of faculty and students takes place at Banaras Hindu University, India.

### **How to embody adhyatmic (spiritual?) aspect of Mother Saraswati in our life?**

Performing Saraswati Pooja remains incomplete and to somewhat superfluous till we sincerely follow the meanings and purpose hidden behind the Pooja. Some of these are given below, in brief, for all of us to practice through mind, speech and real actions.

- To pay utmost respect and reverence to our Vedic scriptures, and try to follow the teachings of Ramayana, Bhagavatam, Bhagavadgita, Mahabharata, Ayurveda, Natyashstra, etc.
- Also pay respect to all other books of good knowledge and wisdom that you come across in your educational experience.
- Never step over, sit on, stand on, and throw on ground any of the scripture and other books of knowledge and wisdom.

## **Brahma Bharati Volume 22 Number 1 (2020)**

- Try to learn chanting, recitation of slokas, classical dance forms, classical musical forms, singing, painting, or some forms of enlightening art forms for achieving and enhancing a joyful living- Notice: Saraswati playing vina.
- Stay away from books, websites, TV-programs, movies and other such media that show and promote senseless violence, bad language and bad behavior. The White Swan and lotus flower associated with Saraswati mean directly to us that our living must be the life of all types of purity and goodness.
- After taking bath in the morning, first bow down to your favorite Deity while reciting a shloka or a poem, and then bow down to your parents and all the elders present to get their blessing before going to school and/or work.
- Pay your sincere respect to all of your teachers in school/college, and try to learn as much as possible from them. Your parents are your first guru, followed by all others to whom you learn from all the good knowledge.
- Work hard with full sincerity, commitment and honesty to excel in your education that will help you to have a good professional life, but keep in mind your total well being with enriching, positively creative life, peacefulness and joyful living will definitely require the practice and following of teachings from Vedic scriptures.
- Stay away from bad company, bad habits, bad behaviors, bad language and speech, bad actions, drugs, smoking and all other intoxicating substances, violence, hatred, anger, lust, greed, etc. Otherwise, the purpose of Pooja and asking for blessing is totally defeated, and then the one necessarily invite only the miseries, suffering and diseases in his or her own life and lives of loved ones.

May our beloved mother Saraswati Ji bless to give us great courage, strength and full commitment that we can follow the path of wisdom-yoga and bliss.



## 2020: Recognizing your Resilience and Focusing on Selfcare



By Shalini Pandey

Minneapolis, Minnesota

In 5 years from now, if someone mentioned 2020 – what would come to mind? Automatically many of us will remember Coronavirus 🦠, racial injustice 🗣️, Kobe B's passing 🏀, or that Amitabh B was hospitalized and tweeted all about it 🐦. Our human brains are trained to recall negative thoughts quicker than beautiful memories during a painful time. Please use the sections below as an active reflection on how you can start/continue having a healthy year, so that in 2025 - you think "I grew stronger mentally in 2020" or "I really took care of myself in 2020!"

### Activity 1: Recognizing YOUR Resilience

Resilience is the ability to cope with the challenges, problems, and setbacks you face in life, **and become stronger because of them.** *Grab a pen!* As you read through these statements:

- Check the box and write a statement if you believe you exercise that statement, OR
- Draw a flower on the box and write your next steps to grow that statement as your strength!

Signs that YOU are Resilient:

- Recognize Challenges* \_\_\_\_\_
- Commit to Goals* \_\_\_\_\_
- Focus on what they can control* \_\_\_\_\_
- Don't blame themselves* \_\_\_\_\_
- Are empathetic* \_\_\_\_\_
- Reframe negative thoughts into positive moments* \_\_\_\_\_

## Activity 2: Focusing on Selfcare

Selfcare is the practice of giving attention to your mental and physical self. This is especially hard for our elders as they are always caring for us, but a reminder to them: You must take care of yourself, so that you can be your best self and have enough energy to have fun and laugh with us!

Do this fun bingo either daily, weekly, or monthly! Can you check all the boxes in the next month?

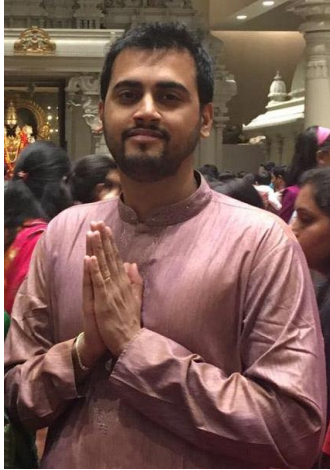


Took a Shower	Got dressed up for your day	Sang Bhajans	Drank lots of water	Spent time with nature
Got 8 hours of sleep	Called a friend to catch up	Asked for help from loved ones	Treated myself	Adored someone
Learnt to cook a new food	Watched a live stream pooja	<b>Free</b>	Put oil in my hair/on scalp	Listened to music
Donated money to charity	Eat your favorite food	Had a dance party	Watched a hilarious show	Woke up early
Wrote myself a happy note	Taught children a shloka	Cut myself some slack	Had some adrak wali chai	Meditated and did yoga

I wish you and your family immense strength, love, and happiness during this difficult time. My last thought I will leave you with is – celebrate the rays of light when they shine through darkness.

# Anxiety Affects 18M Americans

## *Are you one of them?*



By Vineet Pandey  
Minneapolis, Minnesota

Greetings - my name is Vineet Pandey. I have made my anxiety into an asset. It took me a long time to do so. I tried seeing a counselor, considered medications, and even went to halfway around the world to seek guidance from expert meditative / yoga practitioners in India. My anxiety never left ... until my mindset shifted. Could my anxiety be reframed into an asset? Could all the extra energy I have be a boon? The short answer is yes. And I started a blog and wrote a book detailing my journey. Below is an excerpt from one of my blog posts.

\*\*\*\*\***Self-Helping My Way Through**\*\*\*\*\*  
**2020**\*\*\*\*\*

Kobe & Gigi Bryant's ill-fated demise rocked the start of 2020 (as a lifelong basketball player / fan raised in southern California - home of the LA Lakers - this news crushed me). Then the Covid-19 pandemic was introduced to the USA and continues to ravage the nation. And to add to all of this, broad race inequality and associated injustices re-sparked nationwide protests starting in Minneapolis (where George Floyd was murdered and also happens to be where I live now).

How are people doing so far from a mental health perspective?

Anxiety screenings have skyrocketed by 370% during the period of Covid-19 (late February - May) according to Mental Health America (MHA). This has resulted in excess of thirty-four thousand incremental moderate to severe anxiety screening results.

These numbers only reflect those who actively sought out MHA's online screening tool. Meaning these numbers are significantly understating the state of anxiety in the USA. For my anxiety personally, I know that it has been tested many times - is my anxiety an asset or a liability?

"Many people are carefully calculating once-routine decisions..." writes Rebecca Davis O'Brien of the Wall Street Journal in a recent article "America is Reopening for Summer, and Tensions are High." The usual checklist of "keys, wallet / purse" before heading out the door now includes "mask." And every activity seemingly requires more attention - should I press the elevator button with my finger or key? Open the door with my hand or my shirt?



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“Going to the office, arranging a child’s play date or ordering a cup of coffee is suddenly fraught with anxiety...” O’Brien elaborates.

Without a doubt!

And those numbers will likely rise - “nearly half of the public say they or a family member skipped or delayed care due to Coronavirus” according to research by the Kaiser Family Foundation.

Where do we go from here? In August, I will be launching my book “Anxiety Asset: Activating The Superpower You Never Knew You Had.” Learn more at the links below.

Be well,  
Vineet Pandey  
Author, “The Anxiety Asset: Activating Your Anxiety Superpower”

**The Anxiety Asset** *by Vineet Pandey*  
Anxiety: The superpower you never knew you had.



[www.anxietyasset.com](http://www.anxietyasset.com), @anxietyasset

## **The Effects of COVID-19 on Education Systems**



**By Rhea Upadhyaya**

**Houston, Texas**

The COVID-19 pandemic has changed the way education systems function, and many of said education systems were already struggling in the pre-coronavirus era. In March of 2020, as the pandemic was hitting its first peak, millions of children in the United States and billions of students across the globe were suddenly being taught through online or hybrid learning platforms. The question on everyone's mind was the same: "Children are not in school. What are the consequences going to be?" Initial administrative outlooks on the situation were optimistic. Teachers could experiment with new teaching approaches they had wanted to try for some time, and students could learn from the privacy and comfort of their own homes.

However, the optimism was not enough, and it became apparent that the United States education system was not prepared to sustain effective online teaching and learning. When life moved indoors, the opportunity gaps that put low-income students at a disadvantage relative to their better-off peers grew wider. Opportunity gaps are differences in access to conditions and resources that enhance learning and development, including access to food and nutrition, housing, health insurance and care, and financial relief measures. Additionally, many children have lacked much needed socialization through group activities such as team sports, clubs, or simply leisurely entertainment with friends. The following are some key points administrators in our education system must pay attention to as the pandemic continues and many schools remain closed.

1. Online education is only effective if students have internet access and computers, as well as if teachers receive training for new methods of instruction. Many underprivileged students still don't have internet access and computers, both of which are critical to online learning, and for many teachers, March of 2020 was their first online teaching experience.
2. Home schooling is effective, but only for students who are provided abundant amounts of attention and resources designed for their individual learning styles. During this pandemic, there has been little planning time available, therefore, many students being home-schooled are not reaping the usual benefits.
3. Many schools across the United States have adopted reduced learning time models, meaning classes and the overall school day are shorter than face to face learning. These have impeded student learning. Once face to face learning is reinforced again, schools will have to make up for this lost time through extended schedules,

after-school enrichment activities, more tutoring services, and high-quality instruction from high-quality educators.

4. The more frequently students miss school, the worse their performance. There has been a sudden increase in the number of online student absences. These said absences in combination with the challenges of remote learning reinforces the importance of identifying and offering appropriate support to children who are least prepared for school, become disengaged easily, and who are at risk of dropping out.

5. Schools, public and private, should have the necessary resources to feed children (and, if needed, their families) for as long as the current pandemic demands.

In conclusion, the quality, intensity, and comprehensiveness of the government's and education boards' response to the decline in K-12 student performance and wellbeing will determine how long the negative effects of this pandemic will last. There is no choice but to do better, the lives of children and their futures depend on it.



"The child is the father to the man," said poet William Wordsworth back in 1802. And there is not a truer way to put it. We are in fact children before we become adults and the things that we experience as kids have a great effect on us as we continue to grow as **people**.

It is important to recognize that although incredibly detrimental to the world, the COVID-19 pandemic has also brought upon some positive effects. Of those, the introduction of free time to a child's life has got to be one of the most significant. These days, kids, like myself, are working our hardest so that we can build a strong foundation for our future; we take challenging classes, push ourselves to take on more extra-curricular activities, and at the end of the day, hope that we can get into a good college.

But, when did we ever have time to stop, look around, and decide if what we are doing is what we want to do? There was never unstructured time to wander around and explore the world--be goofy, start something new, discover what sparks passion within yourself. The truth for many high schoolers is that we simply do not have the time to discover new things.



Between the six-hour school day, the nationwide average of eight hours (weekly) spent on extra-curricular activities and homework, jobs (that some high-schoolers have), there is no time to hit pause.

The fact of the matter is "the child **is** the father to the man." What we do today decides what we do in twenty years. If there is no passion today how can we continue to improve the world, innovate, and propel ourselves into the future?

With the beginning of quarantine came a small period of time in which kids could take a step back and reflect; maybe even finding a passion. In the midst of my quarantine, I devoted countless hours improving my robotics team, establishing a podcast to help connect my school, and even helping my cousin with his upcoming guide to conquering anxiety. Without the pressures of school, I found passions, interests, and goals that I never would have discovered if not for the small amount of free time I had.

With all that being said I encourage all of you reading to make some free time and spend it on something new that you are interested in--something that makes you smile.

**OBITUARIES**



**Arbind Kumar Rai**

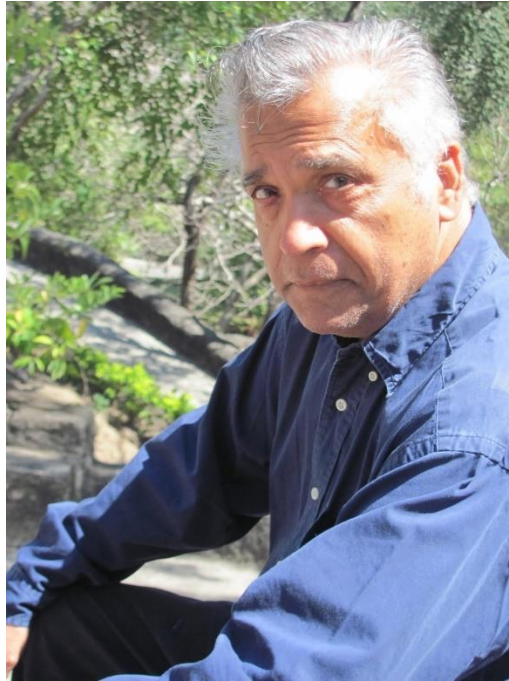
(7/30/1958-11/16/2020)

Arbind ji was born at village and post Reotipur district of Gazipur in Uttar Pradesh (UP). His father was a farmer and mother were a house wife. Arbind ji belonged to a well-known wrestler family of India. His uncle, late Mr K.P. Roy, was world famous wrestler who represented India in first Olympic game in UK in the middle weight championship. His cousin, late Mr. Anand Roy, was also a famous Indian wrestler who won Rustum-e-Hind title in wresteling and had a great success in his wresteling career. Arbind was very much influenced by his cousin Anand Roy and use to share wresteling bouts with Aanad.

Vinod Roy, a great supporter of BSNA and also Arbind's elder brother, sponsored him to USA in 1984. This was Arbind's first in life airplane ride from village in India to USA. He started to work at Arco AM PM with his brother Vinod. He was a hard working and dedicated person, and after 13 years he bought his own Arco AM PMin San Fernando Valley. By the end of 2018, he was the owner of 4 Arco AM PM in the Valley area. This saying fits well for Arbind- "America is the land of oppurtumity if you are hard worker and honest.

Arbind has left behind his wife Maria and his two children, Ritika Rai (daughter, 28 yrs old) and Vishwas Jonathan Rai (son, 23 yrs old). His family lives in Porter Ranch next to his elder brother Vinod Roy.

May God bless his Soul!!



**Shri Suresh Mahajan**

Dear BSNA/GBC Families and Friends,

We are deeply saddened to inform you that our BSNA life member **Shri Suresh Mahajan** passed away peacefully following a brain stroke at Kaiser Permanente Fontana Medical Center at Fontana, CA, surrounded by his family at 22:16 June 18, 2020. He is survived by his wife Swapna Mahajan and one Son and one Daughter (all the children are in their twenties).

BSNA & GBC are deeply sorry to hear this unexpected sad news about the passing away of Shri Suresh Mahajan ji, a great loss of one of our BSNA/GBC family friends and supporters. He and his family have been residing in Los Angeles Area for long time. They supported our last convention in Los Angeles, CA in 2019. May lord shiva bless his soul to rest in peace and achieve moksha. We pray God to give strength and courage to his survived family to bear his great loss.

BSNA and GBC express heartfelt condolences to the bereaved family to have strength and courage to bear the loss.



**Shri Suresh Dixit (09/26/1950-12/06/2019)**

Shri Suresh Dixit was born in Raebareli, UP. He was a jeweler, politician and philanthropist. He was Yuva Congress President of Raebareli. He has done a lot of work in his area (like, helping poor students, promoting sports, etc). He was the strong Brahman in his area. He visited different countries and represented his district as a Yuva leader. Through numerous acts of bravery, he received multiple awards for his impact on the community. He left behind one son and two daughters who are well established.



**Shri Shiv Kishor Pandey (07/02/1943-02/24/2020)**

Shri Shiv Kishor Pandey was born in Raebareli, UP. He lost his father at a very early age and struggled a lot in the beginning. After some time, he was running his successful business. He was a well-known money lender in his area. He has money lending business in Chhattisgarh and other places in UP. He has left behind one son (Vivek Pandey) and three daughters.

## A Note of Appreciation for Sri Sakhrām Ganesh Pandit (SGP)

Akkrāju Sarma, MD, FAAFP.

[akkrāju1@gmail.com](mailto:akkrāju1@gmail.com)

The contributions of SGP to early India immigrants to the USA is monumental. His fighting for the Indian citizens, invoking *res judicata* facilitated so many thousands over the years, from 1926 till the immigration laws were made more open to worldwide citizens in 1965. SGP was born Nov 01, 1875. Details where are obscure regarding SGP's roots in India. He arrived in USA in 1909, SGP obtained a Degree in Law (Univ of California, LA, 1914), He became US Citizen in 1914, was admitted to The California State Bar on December 20, 1917 and married a Caucasian lady (1920). In those days (before 1926), the government arbitrarily revoked the US Citizenship of many Indians, especially not being a white person, stating the status of white had been obtained "fraudulently". In pre 1926 days, Indians were loosely interpreted as free white persons and/or Caucasians, the precedent here had been, Indians as from high caste, thus were considered as Caucasians for citizenship reasons. Those years, the U.S. Citizenship eligibility were for the Caucasians and "Blacks" [this term was used to describe the Afro-Americans]. In 1923, however the Supreme Court of USA ruled that Indians are not Caucasians and stripped the US Citizenship to many residents in the USA. A few Indians committed suicide, and many (over 3000 individuals) returned to their natal homes. SGP did not remain quiet but vociferously fought the stripping of citizenship for many including his own, as these steps will cause immeasurable hardship. His legal background was of immense help, not only to him but many hundreds of other Indians who were US Citizens by 1923, i.e. to avoid returning to Natal homeland. Two court cases (out of many) that SGP argued for the defense is presented in brief, with the take home point i.e. the Court Judgement of 1926, let conclusively (once and for all) conclusively established by the Supreme Court that a judgment granting a certificate of naturalization is a final judgment. Under the concept of *Res judicata*, when issue was judged by a competent authority, ***it cannot be pursued further.***

The court case of Aksay Kumar Mozumdar vs US. (Court) 29F Before Gilbert and Rudkin, Circuit Judges, and NETERER, District Judge. Neterer, District Judge (after stating the facts as above). UNITED STATES v. SAKHARAM GANESH PANDIT. No. 4938. Circuit Court of Appeals, Ninth Circuit. November 1, 1926. California., conclusively said once a Court had determined the status of Hindus, it cannot be taken back.

In the second court case, United States v. Thind, 261 U.S. 204, 43 S. Ct. 338, 67 L. Ed. 616, a high-caste Hindu (Thind) was admitted to citizenship over the objection of the United States, and a bill in equity was filed within 60 days seeking cancellation, and on appeal to this court after decree, and on certification to the Supreme Court by appropriate questions affecting the applicant's qualifications, the issue was determined. The question of *res judicata* was not raised (*italics added*). By the same token erroneously granting naturalization to the defendant, the right to citizenship having been distinctly put in issue, the United States appearing and contesting, and the issue directly determined by a court of competent jurisdiction, *the judgment, not having been modified or reversed, cannot now be disputed.* (*Italics supplied*).

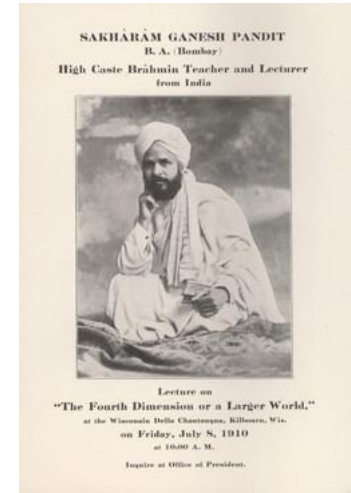


Figure 4 Photo of SGP, In Public domain. (Univ of Iowa and available thru Search Engines)

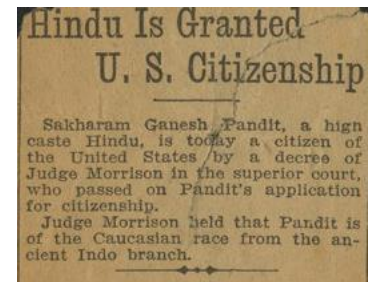


Figure 5 Announcement from 1914 Indicating SGP Citizen. In Public Domain.



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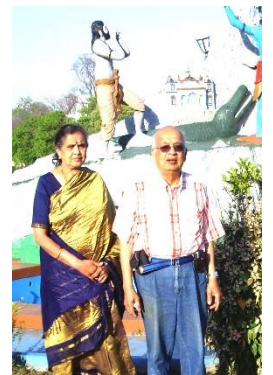
In this case, the only question remaining is whether his (Thind's) admission by the Supreme Court of New York was res judicata and not open to review by bill in equity under section 15 of the Naturalization Act (8 USCA § 405). We assume that the United States had in fact the opportunity given by section 11 (8 USCA § 399) to appear ***in opposition to the petition, and, although this does not appear in the papers,*** that it was there represented. *The result is perhaps to be accounted for because in 1920 it was the understanding that Hindus were eligible to citizenship.* We treat the case as though a plea of *res judicata* had been formally interposed.

### Take Home Points:

- Till Sakhran Ganesh Pandit argued for Indians in 1920's that res judicata is legal, many had been able to put roots in the adopted mother land.
- Till 1965, when President Lyndon Johnson signed the Immigration Changes into law, The **Immigration and Nationality Act of 1965** also known as the **Hart-Celler Act**, the unfulfilled quotas from unsubscribed countries can now be allotted to other countries. That benefitted the third world and especially India and thus we have a strong Indian Diaspora in USA.
- I have written extensively on Prafulla C. Mukerji, born in Dhubri, now in Bangladesh & was in East Bengal, who benefitted from Pandit's res judicata based appeal to become USA Citizen in 1926. My interest in this specific area began when I interviewed him 1977. You can access from the <https://www.ispad1947.org> their publications and my articles in 2017-'18-'19 Issues.

Dr. Akkaraju Sarma, MD, Ph.D., FAAFP., and Mrs. Akkaraju Kameswari (Devi) B.Sc. are residents of Philadelphia since 1970. They are naturalized US citizens and hold OCI Cards. Their India Roots are in Chennai [Tamilnadu] and Guntur & Nellore [Andhra Pradesh]. He is very closely involved with Hindu Activities ([www.b-temple.org](http://www.b-temple.org)), where he has Chaired the Health and Human services Committee for ten years (2009 thru'19, requested relief now is an Adviser).

He initiated several poster programs of success in US Diaspora, setting up the first Telugu-Tamil Associations in USA (1972), Nascent work on National Telugu Association [TANA], the recruitments of donors to National Marrow Donor Programs (from 1991-2018). His roots are in Academia and Medicine for many years, rendering pro-bono help to needy and helping many needy individuals. He is a recipient of several prestigious awards, from [www.Tana.org](http://www.Tana.org), [www.Indiacouncil.org](http://www.Indiacouncil.org), [www.tagdv.com](http://www.tagdv.com), [www.ATA.org](http://www.ATA.org), [www.tfasnj.org/](http://www.tfasnj.org/), [www.bsna.org/](http://www.bsna.org/) The most significant is the Ellis Island Medal of Honor in 2016 ([www.neco.org](http://www.neco.org)) which is awarded to a person that significantly contributes to not only adopted mother land [USA] but also contributes to natal [India] motherland. He received three **lifetime achievement awards** from Tagdv.com, bsna.org and tfasnj.org



Taken in Haridwar.  
Ganges & Lord Siva  
Statue in background

## Goals of BSNA

Since its inception in September of 1994, BSNA has made steady progress under the leadership of our previous presidents, EC, BOT members and BSNA members and sponsors. Our major goals are to protect, preserve, promote and advance Brahmanic values, culture and heritage as intended by the founding father and co-founders of BSNA with the vision to unite the Brahman society, up-lift different sections of the Brahman community via education, service, networking, and exchange of ideas, thereby contribute to the progress of entire community and humanity. Every member of BSNA is a volunteer and is associated with the organization to serve the community. The most important goals are to impart knowledge to our youth and younger generation and improve the value system of the society. The current EC and BOT would like to assure you that this progress continues and help BSNA attain new heights. Some of the ongoing efforts are highlighted below:

- Continue to unite Brahmans in North America (NA) including inactive BSNA members and bring various Brahman groups from different parts of India settled in NA to involve in BSNA and revive dormant chapters across NA
- Increase membership of youth and adult in NA, establish leadership programs for youth, support youth activities, encourage youth to express their views and organize youth convention, and develop interactive social networks for youth, adult and senior Brahmans
- Continue to provide free matrimonial services coordinated by our BOT member, Dr. Shivendra Shukla ji
- Revamp organizational infrastructure at local, regional, state and national and international levels. Provide global support and enhance international activities to needy Brahmans.
- Provide support for disadvantaged Brahman students through scholarship programs, and help settle new Brahman families arriving to NA and involve them in BSNA activities
- Use the recent most technology to make BSNA website more appealing under the guidance of Dr. Sukrit Mukherjee, and form a social network of NA Brahmans to enhance communication globally
- Stratify the goals in short term and long term periods. Be inclusive of yoga, science, engineering, medicine, business, culture and religion to educate Brahman family & others through conferences and news letters
- Continue to deliver the message to NA communities that BSNA is not a caste based organization, but a charitable, cultural, social, educational and religious organization to help all societies and youth and promote humane values
- Preplan for convention venues/activities in advance involving EC, BOT, chapter presidents and local members
- Continue to seek the advice from Senior Advisory Board, BOT members and former officials of EC/BOT
- Resolve any major issues amicably through mutual discussion, be respectful to seniors/others and promote family values/Hindu culture among youth and adult. Acknowledge with due respect the time and effort offered by BSNA members and individual Brahmans for their community services
- Update Directory for Brahma Kulam, publish Brahma Bharati more frequently with educational, cultural and spiritual information to share with the entire Brahman community
- Amend BSNA Constitution seeking legal advice and suggestions to make it more suitable to present needs

We need the support of all BSNA members to collectively accomplish our intended goals to Protect, Preserve, Promote and Advance Brahmanic Values, Culture and Heritage under the banner of BSNA.



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Prof. Satish Tripathi (USA)  
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Justice B.M. Chaturvedi (India)  
Justice Ajay Prakash Mishra (India)

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**BSNA News**



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