

How should we prepare for Ramadan?

According to Rasool Allah (PBUH&HP)



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**ON THE LAST FRIDAY OF THE HOLY MONTH OF
SHA'BAN, RASOOL ALLAH (PBUH&HP) DELIVERED A
SERMON IN PREPARATION FOR ENTERING THE HOLY
MONTH OF RAMADAN.**

"IN ADDITION TO EXPRESSING THE GREATNESS OF THIS MONTH, THE PROPHET (S) ENCOURAGED MUSLIMS TO OBSERVE MORE PRECIOUS POINT SUCH AS REMEMBRANCE OF THE HEREAFTER, HELPING THE POOR AND THE NEEDY, GUARDING THEIR EYES, EARS AND TONGUE, RECITING QUR'AN AND SALAWAT (SALUTATION TO THE PROPHET (S) AND HIS PROGENY) AND MORE."

AT THE END OF THE SERMON, IN ANSWER TO IMAM 'ALI'S (A) QUESTION, **THE PROPHET (S) REGARDED
ABSTAINING FROM SINS AS THE BEST DEED IN THIS
MONTH.** HE ALSO FORETOLD THAT IMAM 'ALI (A) WILL BE MARTYRED IN THIS MONTH AND TALKED ABOUT HIS VIRTUES.

01

RECOGNIZING THE IMPORTANCE OF THE MONTH

“O PEOPLE! INDEED, AHEAD OF YOU IS
THE BLESSED MONTH OF GOD. A MONTH
OF BLESSING, MERCY AND FORGIVENESS. A
MONTH, WHICH IS THE BEST OF MONTHS,
WITH GOD. ITS DAYS; THE BEST OF DAYS, ITS
NIGHTS; THE BEST OF NIGHTS, AND ITS
HOURS; THE BEST OF HOURS. IT IS THE
MONTH, WHICH INVITES YOU TO BE THE
GUESTS OF GOD AND INVITES YOU TO BE
ONE OF THOSE NEAR TO HIM. EACH BREATH
YOU TAKE GLORIFIES HIM; YOUR SLEEP IS
WORSHIP, YOUR DEEDS ARE ACCEPTED
AND YOUR SUPPLICATIONS ARE
ANSWERED.”

02

ASKING FOR GOOD HEALTH

“SO, ASK GOD, YOUR LORD; TO GIVE
YOU A SOUND BODY AND AN
ENLIGHTENED HEART SO YOU MAY
BE ABLE TO FAST AND RECITE HIS
BOOK, FOR ONLY HE IS UNHAPPY
WHO IS DEVOID OF GOD’S
FORGIVENESS DURING THIS GREAT
MONTH.”

03

MAINTAINING YOUR SOUL WITH GOOD PRACTICES

- REMEMBER THE HUNGER AND THIRST OF THE DAY OF JUDGEMENT (QIYAMAH) WITH YOUR HUNGER AND THIRST;
- GIVE ALMS TO THE NEEDY AND POOR,
- HONOR YOUR OLD,
- SHOW KINDNESS TO THE YOUNG ONES,
- MAINTAIN RELATIONS WITH YOUR BLOOD RELATIONS;
- GUARD YOUR TONGUES,
- CLOSE YOUR EYES TO THAT WHICH IS NOT PERMISSIBLE FOR YOUR SIGHT,
- CLOSE YOUR EARS TO THAT WHICH IS FORBIDDEN TO HEAR,
- SHOW COMPASSION TO THE ORPHANS OF PEOPLE SO COMPASSION MAY BE SHOWN TO YOUR ORPHANS.

**“REPENT TO GOD FOR YOUR
SINS** AND RAISE YOUR HANDS IN
PRAYER DURING THESE TIMES,
FOR THEY ARE THE BEST OF TIMES
AND GOD LOOKS TOWARD HIS
CREATURES WITH KINDNESS,
REPLYING TO THEM DURING THE
HOURS AND GRANTING THEIR
NEEDS IF HE IS ASKED.”

05

LONG PROSTRATION (SUJOOD)

“O PEOPLE! INDEED YOUR SOULS ARE DEPENDENT ON YOUR DEEDS, FREE IT WITH REPENTANCE (ISTIGHFAR), LIGHTEN ITS LOADS WITH LONG PROSTRATIONS; AND KNOW THAT GOD SWEARS BY HIS MIGHT THAT, ‘THERE IS NO PUNISHMENT FOR THE ONE WHO PRAYS AND PROSTRATES AND HE SHALL HAVE NO FEAR OF THE FIRE ON THE DAY WHEN MAN STANDS BEFORE THE LORD OF THE WORLDS.’”

06

PROVIDING IFTAR FOR A FASTING PERSON

“O PEOPLE! ONE WHO PROVIDES THE EVENING MEAL WITH WHICH A FASTING PERSON BREAKS THEIR FAST (IFTAAR).

DURING THIS MONTH WILL BE LIKE ONE WHO HAS FREED SOMEONE AND HIS PAST SINS WILL BE FORGIVEN.

SOME OF THE PEOPLE WHO WERE THERE THEN ASKED THE PROPHET (PBUH): “NOT ALL OF US ARE ABLE TO INVITE THOSE WHO ARE FASTING?”

THE PROPHET (PBUH) REPLIED: “GOD GIVES THIS REWARD EVEN IF THE IFTAR IS A DRINK OF WATER.”

07

MAINTAINING GOOD AKHLAQ

- ONE WHO HAS GOOD MORALS (AKHLAQ), DURING THIS MONTH WILL BE ABLE TO PASS THE PATH OF SIRAAT ON THE DAY WHEN FEET WILL SLIP.
- ONE WHO COVERS THE FAULTS OF OTHERS WILL BENEFIT IN THAT GOD WILL CURB HIS ANGER ON THE DAY OF JUDGEMENT.
- AS FOR ONE WHO HONORS AN ORPHAN; GOD WILL HONOR HIM ON THE DAY OF JUDGEMENT.
- AND FOR THE ONE WHO SPREADS HIS KINDNESS, GOD WILL SPREAD HIS MERCY OVER HIM ON THE DAY OF JUDGEMENT.
- AS FOR THE ONE WHO CUTS THE TIES OF RELATION; GOD WILL CUT HIS MERCY FROM HIM.

08

PERFORMING GOOD DEEDS

- WHOEVER **PERFORMS A RECOMMENDED PRAYER** IN THIS MONTH, GOD WILL KEEP THE FIRE OF HELL AWAY FROM HIM.
- WHOEVER **PERFORMS AN OBLIGATORY PRAYER**, GOD WILL REWARD HIM WITH SEVENTY PRAYERS [WORTH] IN THIS MONTH.
- AND WHOEVER **PRAYS A GREAT DEAL** DURING THIS MONTH WILL HAVE HIS LOAD LIGHTENED ON THE DAY OF MEASURE.
- HE WHO RECITES ONE VERSE OF THE HOLY QUR'AN WILL BE GIVEN THE REWARDS OF RECITING THE WHOLE QUR'AN DURING OTHER MONTHS.

09

ASKING FOR HEAVEN AND PROTECTION AGAINST SHAYTAN

“O PEOPLE! INDEED, DURING THIS
MONTH, THE DOORS OF HEAVEN ARE
OPEN, THEREFORE ASK GOD NOT TO
CLOSE THEM FOR YOU;

THE DOORS OF HELL ARE CLOSED,
SO ASK GOD TO KEEP THEM
CLOSED FOR YOU.

DURING THIS MONTH SATAN
(SHAYTAN) IS IMPRISONED SO ASK
YOUR LORD NOT TO LET HIM HAVE
POWER OVER YOU.”



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