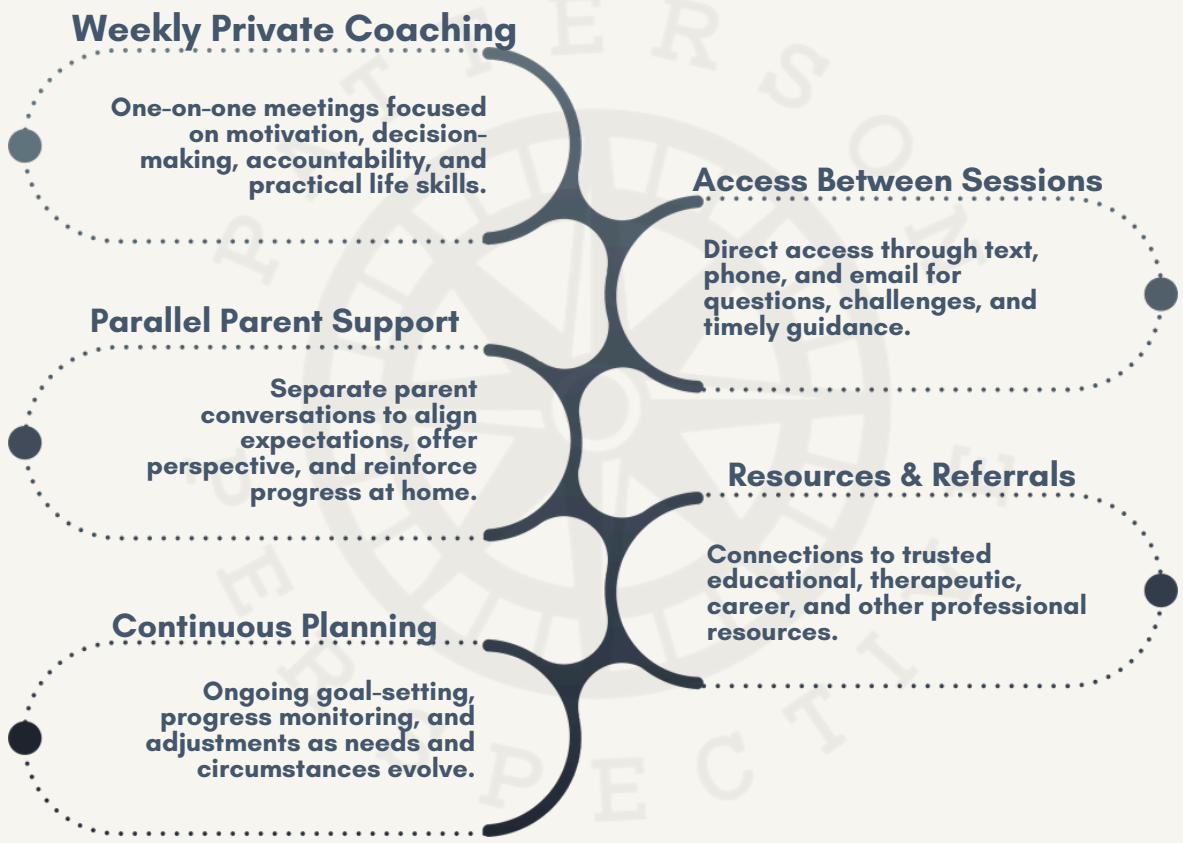
The Perspective Coaching Model

www.pattersonperspective.com

Personalized guidance. Consistent accountability. Support when it matters.

Our coaching model goes beyond the traditional weekly appointment. It's a comprehensive, ongoing partnership designed to help teens and young adults navigate challenges, develop confidence, and build greater independence—with meaningful support for parents along the way.

Comprehensive Coaching Includes



Comprehensive Coaching	Session-Based Coaching
$2,000 / month	$250 / hour
Weekly scheduled meetings	Schedule as needed
Ongoing planning and accountability	Focused guidance on specific needs
Includes text, phone, and email access	Support during scheduled sessions
Parallel parent consultations	No ongoing commitment
Personalized resources and referrals	Pay per session