

Emergency Resources

How To Enroll



To enroll in T.E.A.M. DAD, please scan the QR Code or visit our website at www.healthystartcoalitionpasco.org



For more information, please contact our Fatherhood Program Coordinators at:

Sterling: 727-238-5904
Rick: 727-351-2965 (habla español)

Healthy Start Coalition of Pasco:
(727) 841-7888 or www.healthystartcoalitionpasco.org
WIC: 727-619-0300
Medicaid: 850-300-4323 or www.myflorida.com/accessflorida
National Domestic Violence & Sexual Assault Hotline: 1-800-799-7233
National Suicide Hotline: 988
National Abuse & Mental Health Hotline:
1-800-662-HELP (4357)
Tobacco Free Florida: 1-877-822-6669
The Volunteer Way Food Pantry:
727-815-0433



Enroll Today!

In America, nearly **18.5 million** children (25%) grow up without their fathers...

This brochure is sponsored by Capital Area Healthy Start coalition and the Florida Health Department.

Our Services

Many new fathers struggle to figure out their role when their wife or partner has a baby. Our new fatherhood program offers education, training, and support to help men become the responsible, engaged, and empowered fathers their children need them to be.

Our program can help with:

- Parenting & Co-Parenting Education
- Improving Child Development
- Building Healthy Family & Community Relationships
- Workforce Development & Economic Stability
- Personal Development



Why is it Important?

Involved Fathers Have a Positive Impact on Their Children!

130% More likely to hold leadership positions

55% More likely to go to college

43% More likely to earn A's in school

75% Less likely to have a teenage Birth

80% Less likely to spend time in jail

46% Less likely to use drugs

50% Less likely to experience depression

Fatherhood

F **Foundation.** Parenting is like building a house: fathers are the foundation upon which mothers build structures in the child's life. Both are needed for a child's success. Be the foundation and steadfastness in your child's life.

A **Awareness.** Be aware of what's going on in your child's life, including their health, school, and interests. Your child wants to spend time with you!

T **Teach.** An important role of a father is to teach, guide, and instill proper values in his children so they have what they need to succeed in the future. Your children look to you as a leader.

H **Health.** With all the bustle around your developing child, it can be easy to forget that your own health is important too. By taking care of your physical and mental health, you are not only demonstrating healthy habits from an early age but also doing your part to be around for your child's life longer.

E **Engage.** Children who have an active involvement with their fathers have been shown to be more successful in life. Be involved with your child early on, particularly during their first 1,000 days of life, so that you can promote healthy bonding and have quality engagement throughout your child's life.

R **Responsible and Resourceful.** Raising a child is a great joy, but there are many responsibilities involved. It is important to be resourceful in what you have and to learn new skills so that you can support your family.

