## **5k Ruck Trichord**

Place Name Hom		Hometown	Gender	Type	Bib#	Time	Pace	Speed	Division Rank
1	MARIANNA EUBANKS	YUKON, OK	F: 1	RUNNER	3370	00:43:10.50	13:53	4.3mph	:
2	DON CALDERWOOD	MIDWEST CITY, OK	M: 1	RUNNER	3366	00:46:17.40	14:53	4.0mph	5k Ruck: 1
3	KERRIE SWARTZ	OKLAHOMA CITY, OK	F: 2	RUNNER	3379	00:46:29.03	14:57	4.0mph	:
4	JILLIAN LAWSON	OKLAHOMA CITY, OK	F: 3	RUNNER	3376	00:50:31.33	16:15	3.7mph	:
5	TYLER CAID	OKLAHOMA CITY, OK	M: 2	RUNNER	3365	00:53:25.55	17:11	3.5mph	5k Ruck: 2
6	MARK WEBB	CHOCTAW, OK	M: 3	RUNNER	3381	00:58:30.33	18:49	3.2mph	5k Ruck: 3
7	RHODA MCDANIEL	LAWTON, OK	F: 4	RUNNER	3377	01:03:27.55	20:25	2.9mph	:
8	DEANA GLENN	OKLAHOMA CITY, OK	F: 5	RUNNER	3371	01:05:49.63	21:11	2.8mph	:
9	MICHAEL VILLAFLOR	OKLAHOMA CITY, OK	M: 4	RUNNER	3380	01:05:55.78	21:13	2.8mph	5k Ruck: 4
10	TAYLOR KOERNER	OKLAHOMA CITY, OK	F: 6	RUNNER	3374	01:05:56.25	21:13	2.8mph	:
11	LOGAN KOERNER	OKLAHOMA CITY, OK	M: 5	RUNNER	3373	01:05:56.36	21:13	2.8mph	5k Ruck: 5
12	RANDY GLENN	OKLAHOMA CITY, OK	M: 6	RUNNER	3372	01:11:53.49	23:08	2.6mph	5k Ruck: 6
13	DEANNA ESTRADA	LAWTON, OK	F: 7	RUNNER	3368	01:13:07.14	23:32	2.5mph	:
14	DIMAS ESTRADA	LAWTON, OK	M: 7	RUNNER	3369	01:13:10.81	23:33	2.5mph	5k Ruck: 7
15	JEREMY STEAMER	LAWTON, OK	M: 8	RUNNER	3378	01:13:11.28	23:33	2.5mph	5k Ruck: 8
16	ANGELA BOHANON	WILBURTON, OK	F: 8	RUNNER	3364	01:19:10.82	25:29	2.4mph	:
17	RICHARD LARSEN	YUKON, OK	M: 9	RUNNER	3375	01:20:53.69	26:02	2.3mph	5k Ruck: 9